

## NEWSLETTER

October 2015  
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### Gratitude

“Gratitude is an emotion expressing appreciation for what one has – as opposed to, for example, a consumer driven emphasis on what one wants. Gratitude is getting a great deal of attention as a facet of positive psychology. Studies show that we can deliberately cultivate gratitude, and can increase our well-being and happiness by doing so. In addition, gratefulness - and especially expression of it to others – is associated with increased energy, optimism, and empathy.” (Psychology today)

James 1:17: Every good gift, every perfect gift, comes from above. These gifts come down from the Father, the creator of the heavenly lights, in whose character there is no change at all.

At our Friday morning assembly we were reminded of why gratitude is so important. Psychologists are discovering that there are many positive effects of a grateful heart. Christians have been told repeatedly throughout scripture of the source of all good things, and how in response to these blessings, our lives should reflect gratitude in tangible ways to God and to each other.

Gratitude implies action and I am challenged by the notion that being thankful for the incredible blessings I receive daily, is not enough. I need, we all need to reflect in our lives, a gratitude filled response. I am grateful for the support our school community receives and in turn, we as administration and staff need to respond in service to our students. We promise to be faithful in keeping to the foundation of our schools: a school which recognizes the source of true wisdom, which recognizes the infallibility of God’s word and which seeks to honor Him in all areas of life.

Deuteronomy 28 speaks very clearly to the importance of obedience. May we as believers join our secular world in being filled with gratitude however even more importantly, may we respond to the Giver of all good things with lives of service, not as an obligation, but simply as the only appropriate response to our amazing God.

Mr. Brandsma

### Wolf Creek Bussing

We have been informed by the Wolf Creek Transportation office that there will be Wolf Creek bussing on November 20, 2015 and February 5, 2016

### Picture Retake Day

Picture retake day will be in the morning on Tuesday, November 10<sup>th</sup>.

**Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity. 1Timothy 4:12**

## Board Notes

We were blessed once again with a generous donation of \$25,000 from Building Blocks this past month.

We would also like to thank Mel and Sandra Brandsma for all the time and effort they spent painting the gymnasium before the school year began!

Harvest Fest is being held Friday, October 30, 2015 at 6:30 pm. Tickets are available at the school office. We look forward to seeing you there for an enjoyable evening of entertainment and great food.

Sue Stang  
Board Secretary

## Financial Update for October 2015

With another school year started we would ask if you haven't to please send in your \$150 book deposit to the school, along with your tuition cheques. If you would still like to do direct deposit for this year, please contact me and we will set it up.

Watch for the annual CACHS Fall Drive brochure that will be coming in the mail or in your church mailboxes. We ask that you prayerfully consider to what extent you can support CACHS through this year's Fall Drive. A canvasser should be contacting you in November.

If you have any questions please do not hesitate to call me.

Wendy Barnes  
Business Administrator

## Career Corner

Career Corner will be back in November.

## Library News

October – leaves have turned and are falling. There is nothing that is more entertaining than watching our 15-month old grandson walk in the leaves. The wonder of the changing seasons, everything is as it should be. We as a country will once again be facing change as Election Day is upon us. The polls suggest one thing while we desire another but we can be secure in the knowledge that God is still in control.

We have quite a few new books on a spinning book carousel that are now available to be checked out. Some of these books complete old series and some are the beginnings of new ones. Some of the new ones include:

R.J. Palacio's Wonder. Wonder introduces us to August ("Auggie"), a 10 year old boy born with a horribly disfigured face. Homeschooled his whole life, his parents finally make the decision to send Auggie to 5<sup>th</sup> grade in the local public school. What follows is an incredible story of family, friendship, and the triumph of humanity and kindness.

Jeffrey Archer's The Clifton Chronicles which follows Harry Clifton. The year is 1920, the country is Britain. Follow Harry from the British docks to the streets of New York in the 1940's and the coming World War 2.

Yvonne Reed  
Librarian

## Calendar

October 30 – Harvest Fest  
November 3 – First report card  
November 9 & 10 – Parent/teacher interviews after school and evening  
November 10 – Picture retake day – morning only  
November 11 – Remembrance Day – no school  
November 12-13 – Fall break – no school  
November 19 – Fall Society meeting – 7:30 pm  
December 4 – Staff Collaboration day – no school  
December 19 – January 3 – Christmas Break

## *CACHS Catering*

CACHS Catering is always looking for new members to help us out. If this is something that you might enjoy doing, please contact one of the committee members.

We are only able to do one banquet on a weekend and only two functions a month so if you would like to book us, please call as soon as possible as we work on a first come first serve basis.

October 30 – CACHS Harvest Fest

November 20 – Van Stryland/Rust wedding at  
Stagecoach, Ponoka

December 12 – Verhoef/Lesher wedding

If you are able to help serve and/or clean up at any of our functions, please contact Anne Siebenga. Please consider volunteering a couple hours of your time to help at one of our functions. The school and **ALL** the students benefit from the funds raised. Please call Emma Den Oudsten if you wish to book CACHS Catering services.

Members of CACHS Catering are:

Emma Den Oudsten

Jennette Oosterink

Clase van Iperen

Rosemary Vander Ploeg

Ester Verhoef

## *Reminders*

If you have not already done so, please make sure the Offsite Activity Consent of Parent/Guardian Form, as well as the \$150 book deposit (postdated to June 12, 2016) is sent to the school as soon as possible. The Offsite Activity Consent form is required for insurance purposes and must be completed and returned for each school year that your child attends CACHS. If you have questions, please contact the school at 403-782-4535.