

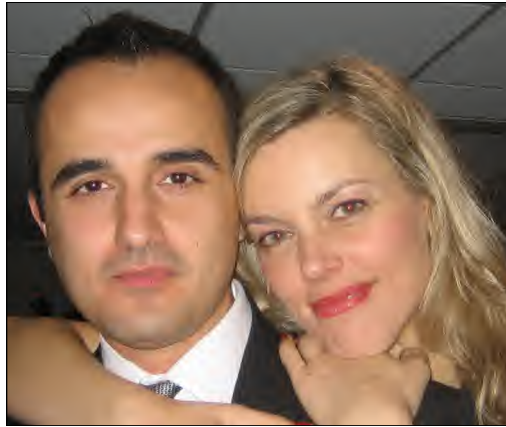
Jeannette (van der Velde) Montamedi '92

Reflecting on my journey since CACHS... One conclusion, the sands of time move quickly through the hourglass!

After CACHS I went to the University of Alberta (U of A) to begin a pharmacy degree but quickly realized that this was not my desired career path. I switched majors to study laboratory medicine and in my third year began

working part-time as a lab technologist at the U of A Hospital. After graduation, I was hired full-time and continued to work there until I left for Boston, with my husband, five years later.

Part of my work involved interacting with patients and two memorable encounters changed the course of my career. So only three months after graduating, I was back in the classroom... this time enrolled in a Master degree in Health promotion and education. For my thesis research I studied issues surrounding access to health care and worked with five immigrant and refugee communities to address barriers to culturally responsive care as seen through their eyes. What an experience! I also worked on a national Canadian study looking at the health and well being of children across 17 different ethnic communities. And yes, I was still working full-time at the hospital.



If all of these experiences were not sweet enough, I also met my husband, Mo Motamedi, at the U of A! Mo completed his PhD in Genetics at the U of A and received an offer to do his postdoctoral training at Harvard. It was an opportunity hard to pass up and soon we packed our bags for the east coast.

Once here, I began working in the Department of Laboratory Medicine at the Children's Hospital and became supervisor of the hematology and biochemistry lab after a year. However my previous work with immigrants and refugees was always on my mind. Guess what I did next? Back to school for another Masters de-

gree, this time in the renowned International Public Health program at Johns Hopkins University. Here my studies focused on access to care for survivors of complex humanitarian emergencies. This continues to be the area where I spend most of my energy. While in Boston, I've worked with numerous not-for-profits on issues ranging from lab inspections, health education, fundraising for building elementary schools overseas, and science advocacy.

For the foreseeable future we will continue to call Boston home, as Mo recently became an assistant Professor at Harvard Medical School. But as the Star Wars character Yoda said, "always in motion is the future..."



Jeannette in 1992.

FASHION SHOW 2012

The Fashion Show has been a continuing tradition at CACHS. This year was the 13th annual event with numerous students and staff participating. Proceeds went to "Make-A-Wish" foundation whose mission is to grant the wishes of children with life threatening medical conditions and enrich their lives with hope, strength, and joy. The next Fashion Show is scheduled for April 12, 2013.



Posing during this years fashion show are staff (from l-r) Mr. Eggink, (Mrs. Reed and Mrs. Huizenga-Lodewyk hidden), Mrs. Vander Veen, Mr. Hoekstra, Mrs. Kaiser, and Mr. Brandsma with Baby Vander Veen being the center of attention.

UPCOMING EVENTS

Alumni Volleyball Tournament -
Dec 22, 2012
Fashion Show - April 12, 2013

Do you know where these alumni are?

Let us know at
cachsalumni@hotmail.com.

2009: Ashley Brown Williams; **2008:** Andrea Crossley, Sheena Flett, Becky MacDormand; **2007:** Mitchell Lawton, Michelle Turpin; **2006:** Brandon Bajema; **2005:** Anthony Mclean, Lindsay Reid; **2004:** Jessie Bajema; **2003:** Tommy Wong; **2002:** Robin Bajema; **2001:** David Klooster, Elias White; **1999:** Kevin Klooster, Matthew Lang, Luanne MacLennan, Jacob Martin, Scott McKay, Bob Sulyak, Tanya Tabler; **1997:** Andrea Klooster, Mariena Poettcker; **1996:** Amalia Boukos, Attica Chan, Bernard Chan, Darcy Meyer; **1995:** Kimberly Lane; **1994:** Chad Hargreaves, Charity Tonkin, Cary Van Deventer; **1993:** Joshua Wiebe

If you would prefer to receive *CACHS Connection* by e-mail, or if your mailing address has changed, please drop us a line at cachsalumni@hotmail.com.

We value your input! We welcome any ideas or suggestions for future issues of *CACHS Connection*. Please drop us a line with your comments to cachsalumni@hotmail.com

Trivia Answers: (1) Mr. Vanden Pol, (2) Sam Eggink '08 (3) Scott Rypstra '08 (4) Melanie (Tenbrinke) Wildeboer '00 (5) Shannon Parker '94

CACHS



CACHS CONNECTION

CENTRAL ALBERTA CHRISTIAN HIGH SCHOOL

Fall 2012

Volume 1, Issue 4

Connecting CACHS with our 700+ Alumni

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Find us on



Class of 2002 Reunion



Picture back row left to right

Simon Faber, Henry Thalen, Jeff Anderson, Justin Meyer, Woulien (Lok) Spelt, Val (Luymes) Van Aken

Picture front row:

Cheryl (Bajema) Prins, Melissa (Tenbrinke) Kuipers, Joanna Neufeld, Krista Prins, Caralyn (Drost) Sydenham, Fenanda (Otten) Devries.

Missing from the picture: Emily (Leenstra) McNichol, Jenneke (Pierik) Fietsma.

Our grad class of 2002 gathered together in June at Gary and Melissa Kuipers home to celebrate our ten year reunion. Fourteen original class members attended as well as Mr. Hoekstra. We enjoyed a BBQ and later on a campfire where we had a great time reminiscing about our high school days, looking at old photos, and catching up with what has been happening in the last ten years.

Some of the most memorable quotes of the night:

"The guys have aged much more than the girls"

"I just feel like Henry's voice has gotten much lower"

ALUMNI TRIVIA - Which alumnus or teacher said this?

- "(This is over the intercom) Beep beep, boop beep, buzz.... " Hello, this is Mr.....umm..... your principal. Did I do that right Mrs. Oudman?"
- "Ah, I just saw a deer with fangs....I am not joking."
- "There must be something wrong with the Red Deer water, just look at the Red Deer people."

ANSWERS ON PAGE 4

Mr. Peter Hoekstra

I was born in Edmonton, Alberta on January 11, 1961 to Dutch immigrants Bill and Ann Hoekstra, a welder and homemaker respectively. Though I did not yet know it, I had been blessed in significant and varied ways –

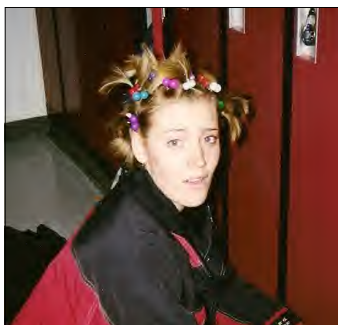


Just another day for Mr. Hoekstra.

loving parents, a stable Christian home, and the fact that both John A. MacDonald and Jean Chretien had also entered the world on that date, but in different years of course. Perhaps this explains my eventual decision to pursue a career as a social studies teacher.

I attended a number of public schools in Edmonton and went on to enroll at the University

Trivia Continued...



4 & 5 - Who are these alumni?

Answers on pg. 4



of Alberta after graduating from high school. Unsure of what I wanted to do with my life at that point, I took courses in several faculties and also worked one year at a chemical plant near Fort Saskatchewan. I finally decided to pursue an education degree and completed that in the spring of 1986 with a major in English and a social studies minor. During this time I also met Cora Van Gysse, a student in the Home Economics faculty at the U of A and we married in May of that year.

Teaching jobs were scarce at the time, and like most of my fellow graduates I sent resumes to every school district and authority in the province. I received responses from several schools and accepted an offer to teach junior and senior high at Immanuel Christian School in Lethbridge. This was to be my initiation into the challenging and rewarding life of a teacher, and to the world of Christian education.

After six years in Lethbridge, many formative early career experiences, and the birth of our first child, I received a phone call from Jack VandenPol, the principal of a new Christian high school in Lacombe. Would I be interested in applying for a job at CACHS? Cora and I pondered the implications of such a move. We were both happy in Lethbridge and were not looking to make any significant changes. As we gave consideration to this call, we felt perhaps this could be an exciting opportunity that would also bring us closer to family at a time when our own growing family could benefit from such a move. I was interviewed for a position and accepted the offer of a teaching job at CACHS in the spring of 1992, and we moved in July.

In my time at CACHS I have been involved in my local congregation, Bethel CRC, and have



A common sight for students.

availed myself of a variety of professional opportunities connected with curriculum and assessment through Alberta Education. I also went back to school myself, enrolling at the U of A in the summer of 2008, completing a Masters of Educational Studies degree two years later. Cora has also been very involved with church, school, community involvements and her own career as Lacombe Parent Link Coordinator.

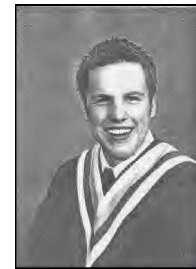
I look back on my teaching career, and particularly the last twenty years at CACHS, and marvel at how much has happened in such a short time, as it seems to me anyway. I would not have dreamt when I set out on my career journey that I would have settled into a smaller center and been part of a faith community where school, church and home were often quite literally working side by side. That reality has at times presented its own special challenges, but I feel strongly that we have been richly blessed through this experience and am convinced that God's guiding hand has been



powerfully present in all of it. It has been a privilege to be involved in the life and growth of CACHS and I look forward to further growth and fresh challenges in the years ahead.

2012 AWARDS
Valedictorian – Jessica Prins
Athletes of the Year –
Paul Den Oudsten, Jason Dewit,
and Sarah Ubels

Ian Van Haren '04



Ian in 2004.

After graduation, I went to Crandall University in Moncton, NB and completed a BA in sociology. Then, in the summer of 2008, I was offered a position with Citizenship and Immigration Canada as a Foreign Service Immigration Officer.

I moved to Ottawa that fall and did ten months of French training followed by a year of training in immigration law and short-term work placements in Ottawa, Romania, Trinidad, and Pakistan. This training prepared me for my current job: making decisions on applications from non-Canadians who want to visit, study, work, or immigrate to Canada. I enjoy my job as I get to review applications from diverse groups of people who are all interested in Canada.

In October 2010 I moved to London, England to work at the High Commission. I have been in London for almost two years



now, and enjoyed being here for both the Queen's Jubilee and the Summer Olympics! I enjoy the visits I have received from friends and family and the travelling I've been able to do.

I am moving to Beirut, Lebanon at the end of the August for another two-year assignment. I'm looking forward to a new challenge and a different environment to live in. The Mediterranean climate will certainly be a bonus!

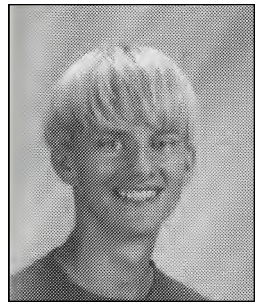
Though I am far away from home, I enjoy keeping in touch with classmates and friends. It is surprising to think it has already been eight years since we graduated!

Would you like to share what's been happening in your life since you attended CACHS? Send us an update (about 200 words) to cachsalumni@hotmail.com

Russell Vreugdenhil '95

Well, Hello Everyone

It has been just over 17 years since we, the class of 1995 graduated from CACHS. A lot has happened to me and probably everyone since then. I was asked to fill everyone in on what has happened to me, Russell Vreugdenhil since then.



Russell in 1995.

The first few years after school I didn't do anything real exciting. I worked at Claire Talsma's pig farm for a little while, but finally figured out it was me that was causing the smell after work. I worked at a cabinet makers shop but I couldn't speak Vietnamese. I installed pig farm equipment but that didn't work out. I worked for a custom farmer and a manure hauler but they were too seasonal. So I thought I should try sales. I sold advertising space for a little while but Very quickly was going broke, Very difficult finding your place in the world I began to realize.

At around that time I married my best friend in the world Marcia Feitsma. She and I had dated on and off since high school, my fault



on the on and off part. We bought a house in Ponoka and moved in after our wedding, in 2000. Davin was born in 2003 and Cameron in 2005.

At about the time Davin was born we "won" a free dinner, cool I thought. It was a Salad-master cookware dinner and the man said I could sell the stuff to pay for a set. That's what I did and did it pretty good, for about 2 years.

Then I went to work at the family farm because of my father in-law being injured. I managed the pig barn, stunk again, and helped with the crop farming. Crop farming as some of you know is slow in the winter so I thought I'd go north and make some extra money. Bought an old logging truck and north I went. Little did I realize that I had finally found my niche in the world, trucking. Logging was good but not with an old truck, so we bought a newer truck and started hauling gravel in the summer and logs in the winter.

In 2006 we moved out of town north of Ponoka on land that we live on now. We planted our first Saskatoon's that year as well, so I was a farmer again. The orchard has grown and expanded. We harvest around 120 acres of Saskatoon's per year and sell them all over North America. We still have a few trucks driving around. We also expanded into general excavating, gravel sales and septic systems; phone me if you need any work done!

Alumni Updates continued on page 4