

NEWSLETTER

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity.

1 Timothy 4:12

September 2019
Vol XXVII No I



Important Upcoming Dates:

- September 27
 - PD day—no school
- September 30
 - Individual and class pictures
- October 14
 - Thanksgiving Day
- October 24 & 25
 - PCCE Teachers Convention—no school

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Principal—Peter Hoekstra
Vice-Principal—Travis Eggink
Secretary—Ann Oudman
Business Administrator

PONDERINGS SEPTEMBER 2019

If you have ever been to a rodeo, I think you would agree that bull riding is the supreme event. You must admit, whether you are a rodeo fan or not, the sheer courage that is required to get on one of those beasts is immense. Not for the faint of heart.

I'm not really a rodeo fan myself. We took Dutch relatives to the Bowden one about 10 years ago. There was some bull riding, and some steer riding as well. For those who know about these things, bull riding isn't something you just launch yourself into. You work your way up the levels—from sheep, to calves, to steers, and eventually to bulls. If you are an aspiring bull rider, you must master the art of staying on a 1000 lb steer for 8 seconds. Our Dutch relatives were a bit shocked to see the steer riders—aged 15 or 16—getting tossed off like rag dolls. They were also dismayed at the disregard for the feelings and physical well-being of the steers and other livestock. But they also got to see how the animal is not always on the receiving end.

One young cowboy bounced forward along the steer's back with every buck. You could see he was in trouble. He ended up going off over the steer's head, hitting the ground in front of it, and getting trampled. He just lay there for a bit, but ended up pulling himself to his feet. The clowns had done their work in distracting the steer, and as it headed in the opposite direction, they also turned their attention to the young cowboy, who was being helped by another who had dismounted. You could see he was sore, and he hobbled off and made his way to the gate, assisted the whole way.

Then it got interesting. Nobody was paying attention to the steer. It circled the ring and then made a beeline straight for the young rider. The clowns and other cowboys weren't watching. It got up good speed, closed the distance, and nailed him right between the shoulder blades. We thought he might be dead.

But he got up on his own steam. He was tough. He hobbled along even more slowly, but he made it out of the ring, to the applause of the people in the stands. I still think about him whenever I think about rodeos.

His experience will be increasingly rare as time passes. Today we want to extend childhood to protect young people in every way, endlessly. The challenge I offer up to everyone this year is to stop treating high school students as kids. Maybe let's stop calling them "kids". That means increasing their freedoms. At this school

we have an open campus. We don't have a "no zero" policy. We don't provide free wifi—students must pay for their own data. We don't have cameras in the halls—we trust students to behave appropriately without surveillance (not that they always do). We do have rules. Breaking them has consequences. I encourage them to make mistakes, own them, and learn from them.

It's all very countercultural, but I think this approach just makes sense. We were put on this earth for a purpose—to serve God and be useful to ourselves and others. We were designed to work against resistance. The only way to develop is to try, and that includes the guarantee of bruises, bumps, and the responsibility of failure. A parent's instinct is to protect, but it doesn't actually help at a certain point. Life is challenging and at times very difficult. But you young people are up to the challenge.

On the Saturday before school started I went to the Calgary zoo. The keepers outside the lion and tiger enclosures explained that at feeding time, they don't just throw the food into the cage—they hang it or box it up to make the big cats work for it. They like it that way—it keeps them sharp and strong and intelligent, not lazy and flabby and lethargic. It's what they are meant for.

"Do not let anyone look down on you because you are young..."(1 Timothy 4:12)

Pete Hoekstra
Principal

BOARD NOTES

Welcome to a new school year at CACHS. God has blessed our school with 76 students this year. We welcome 36 new high school students in Grade 10, 18 students in Grade 11, and 22 students in Grade 12. We have two new students in grade 11, Nethan Vaartstra (Cal & Carrie) and Temp Badger (Melissa Kuipers).

We are blessed to have the same teaching staff at CACHS this year. We would like to thank Shelley Agrey, Travis Eggink, Pete Hoekstra, Shalyn Lindballe, Diane McLeod, Kevin Reed and Jenna Vander Veen for teaching our children from a Christian perspective. Darrell Stang is teaching woodworking to 10 Ponoka Christian School students and 10 La-combe Christian school junior high students on Friday afternoons. He is also teaching two woodshop classes to our high school students!

Yvonne Reed has resigned as EA and this position has been filled by Miss Marieta van Iperen. We thank Yvonne for her years of service both as EA and librarian, and wish her God's blessings as she moves on to new opportunities.

We are thankful for the work our UCP government has done to remove Bill 24. The Education Act is now in place. We anticipate further legislative changes in the near future.

Our next board meeting is scheduled for September 23rd. Feel free to contact one of us if you have any questions or concerns.

"And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near." Hebrews 10: 24-25

Val Ingwersen
Board Secretary

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boardchair@cachs.ca

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secretary@cachs.ca

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403-754-6543
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Education—

Cindy Ekkel
403-396-3621
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CAREER CORNER

"We only discover God's will for our lives when we understand the general will of God for the world. The question often asked is "What is God's plan for my life?" but the real questions we need to ask are "What is God's plan for the world?" What is the big picture and how can I play a part? " Charles Price

The Green Certificate program is agricultural training that can occur in ten different farming areas. The introduction meeting is taking place September 24th which allows students to learn more about the program.

Universities and colleges are hosting open houses in the next few months. All high school students are encouraged to take the time to travel and explore schools that might be of interest. If anyone is interested in seeing what is offered at different post secondary educational institutions these are incredible opportunities. CACHS will be hosting over 10 schools on Tuesday, October 22nd. All students will be required to attend information sessions to find out more about the variety of educational opportunities available to them.

If you have any questions in regards to off campus programming, course selection in how it relates to further education, or anything else please feel free to contact me. I am at the school on Mondays and Wednesdays.

Veronica Den Oudsten
Career Counselor

LIFETOUCH PICTURES

Picture Day is coming on Monday, September 30. After picture day, you can order your picture on mylifetouch.ca using your Portrait ID and Access Code which can be found on your Picture Day order form.

ASAA & VOLLEYBALL FORMS

Just a reminder to all students playing in any athletics at CACHS this year, you need to have a current ASAA form on file. Please pick up a copy at the office. All volleyball players also need to have their forms, fees and jersey deposits handed in as soon as possible! Thank you to all the students who have already returned their athletics forms.

CACHS WEAR

It's time to order your CACHS wear! Available this year are Fleece Hoodies, Performance Hoodies, Sweat Pants, and Athletic short and long sleeve T-shirts. All of the items come with the option to personalize. There are samples located in front of the office for you to try on for sizing. Please see the order form that is part of this newsletter for prices and specifics. If you are interested in ordering, fill out the form and return to the office with payment. Parents are also welcome to order CACHS wear for themselves too! Any questions please call Candace at the school.

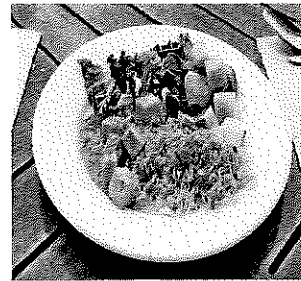
SUTP'S ARE HERE

Students—are you interested in reducing your sports, grad or class fees? Come to the office to pick up some SUTP coupon books to sell to family, friends, and neighbors. For every book sold you get \$10.50 to put towards your fees. Cost per book is \$25 and there are books available for Red Deer, Edmonton and Calgary.

2019-2020 VOLUNTEER OPPORTUNITIES

Central Alberta Christian High School is a parent-led school, and we are strengthened when all parents participate with their skills, gifts and experiences. There are numerous volunteer opportunities that exist here at CACHS. Please see the volunteer form that is part of this newsletter and check off the area where you feel that you would like to help out in. Please fill out one form per family and return to the school by Monday, September 30th.

CACHS CATERING



CACHS Catering:

Emma Den Oudsten

- 403-782-2657

Jennette Oosterink

- 780-372-2130

Rosemary Vander
Ploeg

- 403-783-5217

Clase van Iperen

- 403-396-3708

We hope you all had a great summer. CACHS Catering is looking forward to serving you again in the upcoming year with our home style cooking and dessert buffets. We do this to raise funds to support CACHS to cover extra expenses for the students and school. Please consider us when you are choosing your caterer for your event.

We are willing to work with special dietary needs. We have a tasty menu list available, and are open to your personal wishes. Our price for 2020 will remain low at \$22/plate, which includes your needs for dinner, dessert, coffee and juice. THE FULL MEAL DEAL!!

For each event quite a few helping hands are needed. From booking the event, figuring out the grocery list, purchasing the groceries, preparing the food, serving and doing dishes we are usually needing about 15-20 helpers over the span of 2-3 days. If you like grocery shopping, making desserts or salads or cooking, you are welcome to participate. It takes a lot of phoning to find this many willing helpers. Whether you want to volunteer for one event we need you, or if you would like to be involved as a committee member, please talk to one of the committee members to find out what is involved and how much fun we have! We learn a lot from each other in the process.

To book your date call Emma Den Oudsten at 403-782-2657. For volunteering to help with serving and dishes please call Frances Vander Wekken at 403-782-3327.

Upcoming events for CACHS Catering are:

- October 17—Ponoka Christian School Thanksgiving supper

ATHLETICS

Follow us on:

Facebook: Central Alberta Christian High School

Instagram: cachsknights

Twitter @CACHS-Knights

Athletic Calendar—is available on the school's website.

Come cheer on our teams!



Central Alberta Christian High School is a parent-led school, and we are strengthened when all parents participate with their skills, gifts and experiences. This form will help you understand some of the volunteer opportunities that exist here at CACHS. Please fill out one form per respondent, and return to the school no later than **September 21**.

“Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity.” 1 Timothy 4:12

NAME: _____ EMAIL: _____

- CACHS Board**— meets once per month
-oversees the various committees within the school
-responsible for all governance and oversight

- Education Committee**— meets 6 times/year
-advises on educational policies, programs, curriculum, student admission & discipline
- interviews prospective teachers

- Maintenance Committee**— meets 8 times/year
-responsible for the upkeep and maintenance of the school and the grounds

- Finance Committee**— meets 2-3 times/year
-oversees the financial operations of the school , develops budgets, supervises income and expenditures, and recommends appropriate financing policies

- Development Committee**— meets 6-8 times/year
-meets to discuss the development and promotion of the school
-supports the Development Director in the planning of Junior High Visiting Day, Grade 9 Pizza Night, Highway Clean up, and Swing into Spring.

Service Opportunities

Swing into Spring

- make a dessert
- help set up/decorate

CACHS Catering

- meal preparation
- meal service
- clean up/dishes
- finding and organizing volunteers
- organizing committee

Building Blocks Thrift Store

- organizing donations, stocking the floor, and running the cash register

Athletics

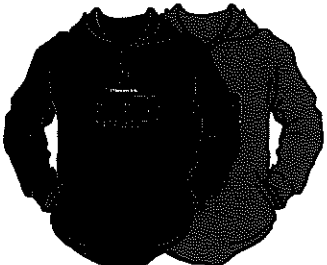
- concession volunteer
- tournament volunteer, scorekeeping



APPAREL 2019/20

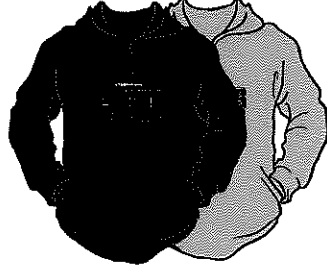


1 Fleece Pullover Hooded Sweatshirt



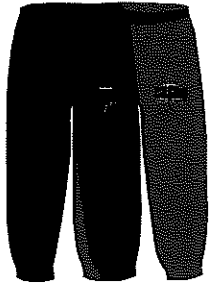
Black - Heather/Charcoal
S-XL \$30.00, 2XL \$32.50

2 Hype Performance Hooded Sweatshirt



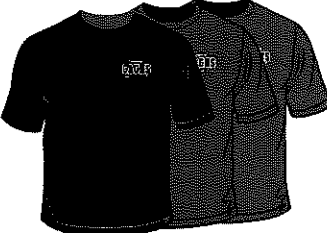
Black- Heather Grey
S-3XL \$35.00

3 Fleece Pocketed Sweat Pant



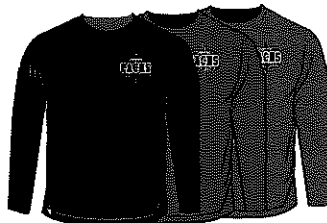
Black - Heather/Charcoal
S-2XL \$35.00

5 Short Sleeve Tech T-Shirt



Black-Forest-Graphite
XS-XL \$15.00 2XL \$17.50

6 Long Sleeve Tech T-Shirt



Black-Forest-Graphite
XS-XL \$17.50 2XL \$20.00

Personalization

Name on Nape: \$7.00 Name Hood: \$7.00
 Name on Sleeve: \$7.00 Name on Lower Back: \$10.00

Prices include GST.

ITEM #	ITEM COST	COLOUR	SIZE	ITEM DESCRIPTION	LOCATION OF NAME	COST OF NAME	PRINT LEGIBLY NAME TO BE IMPRINTED ON ITEM	Total Item Cost

Contact Name: _____

TOTAL


Phone: _____ Email: _____



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Cost is \$10/month.



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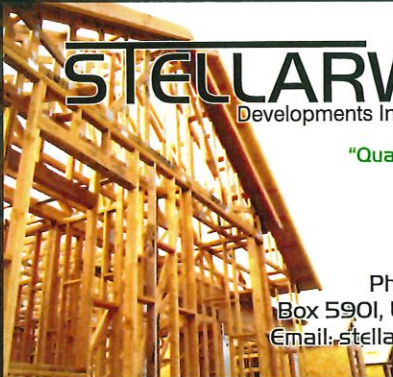
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