

NEWSLETTER

February 2020
Vol XXVII No VI

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity.

1 Timothy 4:12



Important Upcoming Dates:

March 5—Swing into
Spring fundraiser
March 20— No school
Staff collaboration
March 21-29 —Spring Break
April 2—First report card of
Second semester
April 6 & 7—grad pictures
April 10—Good Friday—no
School
April 13—Easter Monday—no
School
April 16—Parent teacher
Interviews
April 17—no school
Parent/teacher interviews
Staff collaboration pm
June 27—Graduation

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Vice-Principal - Travis Eggink
Secretary—Ann Oudman
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PONDERINGS FEBRUARY 2020

On Valentine's Day the CACHS teaching staff went to Calgary to attend a one-day convention hosted by the Association of Independent Schools and Colleges of Alberta. AISCA represents a wide variety of schools designated as "independent". Naturally, the day did not have a particularly religious flavour, as expected. However, I was blessed to be part of it and went home with a number of valuable take-aways.

One keynote focused upon the role of adults in the lives of children as the provider and guardians of stability. Deb McNamara brought home the message that children require adults who make choices that ensure a child's primary needs are met so that learning can take place unimpeded. Although her focus was upon early years' education, I feel she was addressing a trend, or problem, evident in all aspects of life today (at least in the Western world).

One thing she mentioned as a structure-creating practice was the ritual of regular mealtimes. Dr. McNamara noted that any successful culture views daily family mealtime as a foundational institution. Families gain not only the obvious physical nourishment but the social engagement and regulation that are essential to healthy emotional and relational development.

I am convinced that regular mealtimes with devotions was perhaps the most formative influence in my faith life. My family always ate supper precisely at 6 PM—not negotiable! We always ended the meal by reading the Bible—also not negotiable! We had to have a pretty good reason not to be there, even with the onset of high school and its related after school distractions such as part time jobs and the like.

I worry that Christian communities have lost this commitment to routines, rituals and roles. These were once seen as essential to developing and sustaining the next generation while transmitting beliefs and values of eternal significance. Although such an approach may fly in the face of prevailing attitudes (borne of a zeal to reject anything seen as formulaic and an encroachment on personal freedom), I feel Christian families would do well to maintain the ritual of eating, reading Scripture, and praying together daily. It is, after all, the home that is best equipped to cultivate and reflect God's love and pass faith to the next generation, and therefore bears the greatest responsibility in carrying out these tasks. And it is no coincidence that one of our sacraments is a meal.

Pete Hoekstra
Principal

BOARD NOTES

The second semester has just started. Students and teachers are excited for new courses and the second half of the school year.

We enjoyed good food, socializing and games at our 'Staff and Board Night of Fun'. We are thankful for each staff member at CACHS. Please take time to pray for each of our staff as they teach our children to reflect God more fully in this world.

We look forward to our annual Swing into Spring Fundraiser on March 5th. This is a family evening where we have dinner together, bid on desserts and the kids can watch a movie. "The Lord is good. His unfailing love continues forever." Psalm 100:5

Our next meeting is scheduled for this coming Monday, February 24th. Feel free to contact one of us if you have any questions or concerns.

Val Ingwersen
Board Secretary

LOST AND FOUND

A number of lost and found items are here at the school. Most of the items were found in the kitchen by the gym—perhaps left after the basketball tournament? If any of them belong to you, please stop by and pick them up.

- Blue Contigo thermos
- Dark blue, Rubbermaid juice dispenser
- Stainless steel crock pot
- Red Tupperware 10 l bowl with white lid
- Green Rubbermaid, rectangular 10 x 15 +/- glass dish
- Iontex Bluetooth round desk speaker

CACHS Board Members 2019/2020

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403-396-3621
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CAREER CORNER

Representatives from various post secondary institutions continue to stop by. Grade 12 students still have opportunities to check out schools through open houses or student for a day programs. I continue to talk to students about their future after high school. I will sit down with each student by the end of the year, however students are encouraged to stop by my office anytime when questions arise.

Veronica Den Oudsten
Career Counselor

Swing into Spring

*Dinner and Dessert Auction Fundraiser
Central Alberta Christian High School*

Thursday, March 5, 2020

*Doors open at 6:15pm with dinner at
6:30pm. Dessert auction to follow.*

Please RSVP to :

developmentdirector@cachs.ca

Or by calling 403-782-4535

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EUROPE TRIP—MARCH 2021

We continue to get our group together for our trip to Berlin, Prague, Krakow, and Budapest in March 2021. If you are interested in more information on the trip, or would like to sign up, please contact Mr. Eggink (teggink@cachs.ca or 403-782-4535). All Grade 10, 11 & 12 students who will be at CACHS next school year (i.e., 2020-2021) are welcome to join us on this trip. We would like to have our group signed up as soon as possible to lock in our tour guide, price and ensure we get our own tour bus.

CACHS CATERING

CACHS Catering is looking forward to serving you again in the upcoming year with our home style cooking and dessert buffets. We do this to raise funds to support CACHS to cover extra expenses for the students and school. Please consider us when you are choosing your caterer for your event.



CACHS Catering:

Emma Den Oudsten
- 403-782-2657
Jennette Oosterink
- 780-372-2130
Rosemary Vander
Ploeg
- 403-783-5217
Clase van Iperen
- 403-396-3708

We are willing to work with special dietary needs. We have a tasty menu list available, and are open to your personal wishes. Our price for 2020 will remain low at \$22/plate, which includes your needs for dinner, dessert, coffee and juice. **THE FULL MEAL DEAL!!**

For each event quite a few helping hands are needed. From booking the event, figuring out the grocery list, purchasing the groceries, preparing the food, serving and doing dishes we are usually needing about 15-20 helpers over the span of 2-3 days. If you like grocery shopping, making desserts or salads or cooking, you are welcome to participate. It takes a lot of phoning to find this many willing helpers. Whether you want to volunteer for one event we need you, or if you would like to be involved as a committee member, please talk to one of the committee members to find out what is involved and how much fun we have! We learn a lot from each other in the process.

To book your date call Emma Den Oudsten at 403-782-2657. For volunteering to help with serving and dishes please call Frances Vander Wekken at 403-782-3327.

Upcoming events for CACHS Catering are:

- March 5 - Swing into Spring at CACHS gym
- April 4 – Ponoka Christian School Auction lunch
- June 20—wedding at Lincoln Hall
- June 26—CACHS Grad

ATHLETICS

Follow us on:

Facebook: Central Alberta Christian High School

Instagram: cachsknights

Twitter @CACHS-Knights

Athletic Calendar is available on the school's website.

Come cheer on our teams!

Feb. 24—GBB & BB playoffs - Round 1

Feb 26—GBB & BBB playoffs—Round 2

March 2—GBB & BBB Playoffs—Round 3

March 13 & 14—GBB & BBB Zone tournament

March 19 & 20—Provincial Basketball tournaments

Drop in Badminton—every Thursday from 7—9 pm—All welcome!



Please support our Sponsors

If you would like to place your business ad in our monthly newsletter, please contact Ann at the school at 403-782-4535.

Cost is \$10/month.



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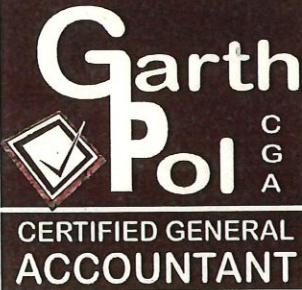


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