

NEWSLETTER

May 2020
Vol XXVII No VIII

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity.

1 Timothy 4:12



Important Upcoming Dates:

CACHS Society meeting
- May 14 (Zoom)

Graduation
- to be determined

PONDERINGS MAY 2020

Principal's Ponderings will return next month, however, we would like to share this notice received from Shalom Counseling Centre.

Pete Hoekstra
Principal



5515 27 Avenue
Red Deer AB T4P 0E5
P 403.342.0339 F 403.314.1798
info@shalomcounselling.com
www.shalomcounselling.com

COVID-19 Message for Our Schools

COVID-19 brings many challenges for our students, their parents and family, as well as front-line educators such as teachers and support staff. Isolation, stress, anxiety, fear, depression, and relationship breakdown are among the issues being faced during this difficult time.

Shalom Counselling Centre does not want anyone to feel they have to face these situations alone. During COVID-19 our Red Deer and Olds counsellors are working safely from home, offering phone or ZOOM sessions for those aged 12 and up. Individual or family counselling is available by calling our office at 403.342.0339 to arrange an appointment at either location. Shalom's services are offered on a sliding-fee scale, making them more affordable for everyone.

Please don't wait – Good Mental Wellness is for Everyone!

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www.cachs.ca

Principal—Peter Hoekstra
Vice-Principal - Travis Eggink
Secretary—Ann Oudman
Business Administrator—
Jacki Talsma
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Receptionist—Candace
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Funding provided by individuals, churches, businesses, and



Helping People find Hope, Healing and Peace

BOARD NOTES

A big round of applause to all our teachers for being 'movie stars'. Teachers and students have adjusted well to online learning although it has its limitations. The psalmist David's words are true in trying times like these. "The Lord gives strength to His people; the Lord blesses His people with peace." Psalm 29:11

Due to social distancing restrictions during the COVID pandemic, our annual society meeting is being held via zoom on May 14th at 7:30 pm. You will be receiving your package and a zoom invite through your email. Please plan to join the meeting! A few items for discussion are three new board members, the proposed budget for 2020/21 and school review report. Phil, Brian and Hennie are finishing their school board terms at the end of this school year and Fred Baong has resigned. We are looking to fill three of these positions as Hennie Van de Brake is willing to stay on for one more year.

Val Ingwersen
Board Secretary

SHOW US WHAT LEARNING LOOKS LIKE AT HOME!

We would love to document this time in the Yearbook, and we need your help! So far, we have received pictures of about 20% of our students learning at home. Thank you to all those of you who took the time to send one in. If you haven't sent in a photo of what home learning looks like for you, please do so as soon as you can. Email photos to jvanderveen@cachs.ca

Thank You!

CACHS Board Members 2019/2020

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boardchair@cachs.ca

Vice Chair—

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Education—

Brian Bajema
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Education—

Cindy Ekkel
403-396-3621
education2@cachs.ca

CAREER CORNER

Timothy Keller's book "A Good Endeavor—Connecting your work to God's work" is a valuable read. He looks at three questions. "Why do you want to work, why is it so hard to work, and how can we overcome the difficulties and find satisfaction in our work through the gospel"

Timothy Keller explores these questions and encourages the reader to consider that biblical wisdom is immensely relevant to our questions of work today.

We continue to work with students primarily online. As we try to continue educating students and develop relationships we understand that we miss a lot when we can't interact with students face to face. It has been a blessing to be able to see students on the computer and to talk to them on the phone. However, we all miss seeing them in the school and we yearn for the day when things can return to what they once were.

Veronica Den Oudsten
Career Counselor

JUNIOR HIGH VISITS

Grade 9 information and registration packages are going out May 19th. Included in the packages is an option course preference sheet that will help guide students through course options they will have in Grade 10 at CACHS. These option course preference sheets are due back at CACHS by May 29th. If prospective students have any questions about CACHS or their course options, they are encouraged to call, email or set up a video call with Mr. Hoekstra or Mr. Eggink at the school. We look forward to hearing from all Grade 9's and helping set up their high school program!

EUROPE TRIP—MARCH 2021

In the face of COVID-19 there have been some questions regarding our Central Europe trip in March 2021. Our tour company EF has given us assurance that at this time our trip is a go, and there is no reason to think otherwise. If you have made payments, then please continue making payments towards your trip. EF has given out vouchers and delayed trips for thousands of travelers who are missing their trips this spring. If you are interested in our trip next spring then please feel free to contact Mr. Eggink at the school (teggink@cachs.ca or 403-782-4535). All grade 10, 11, and 12 students who will be at CACHS next school year (i.e. 2020-21) are welcome to join us on this trip!

CACHS CATERING

CACHS Catering is looking forward to serving you again in the upcoming year with our home style cooking and dessert buffets. We do this to raise funds to support CACHS to cover extra expenses for the students and school. Please consider us when you are choosing your caterer for your event.

We are willing to work with special dietary needs. We have a tasty menu list available, and are open to your personal wishes. Our price for 2020 will remain low at \$22/plate, which includes your needs for dinner, dessert, coffee and juice. **THE FULL MEAL DEAL!!**



CACHS Catering:

Emma Den Oudsten

- 403-782-2657

Jennette Oosterink

- 780-372-2130

Rosemary Vander
Ploeg

- 403-783-5217

Clase van Iperen

- 403-396-3708

For each event quite a few helping hands are needed. From booking the event, figuring out the grocery list, purchasing the groceries, preparing the food, serving and doing dishes we are usually needing about 15-20 helpers over the span of 2-3 days. If you like grocery shopping, making desserts or salads or cooking, you are welcome to participate. It takes a lot of phoning to find this many willing helpers. Whether you want to volunteer for one event we need you, or if you would like to be involved as a committee member, please talk to one of the committee members to find out what is involved and how much fun we have! We learn a lot from each other in the process.

To book your date call Emma Den Oudsten at 403-782-2657. For volunteering to help with serving and dishes please call Frances Vander Wekken at 403-782-3327.

Upcoming events for CACHS Catering have been cancelled for the time being.

ATHLETICS

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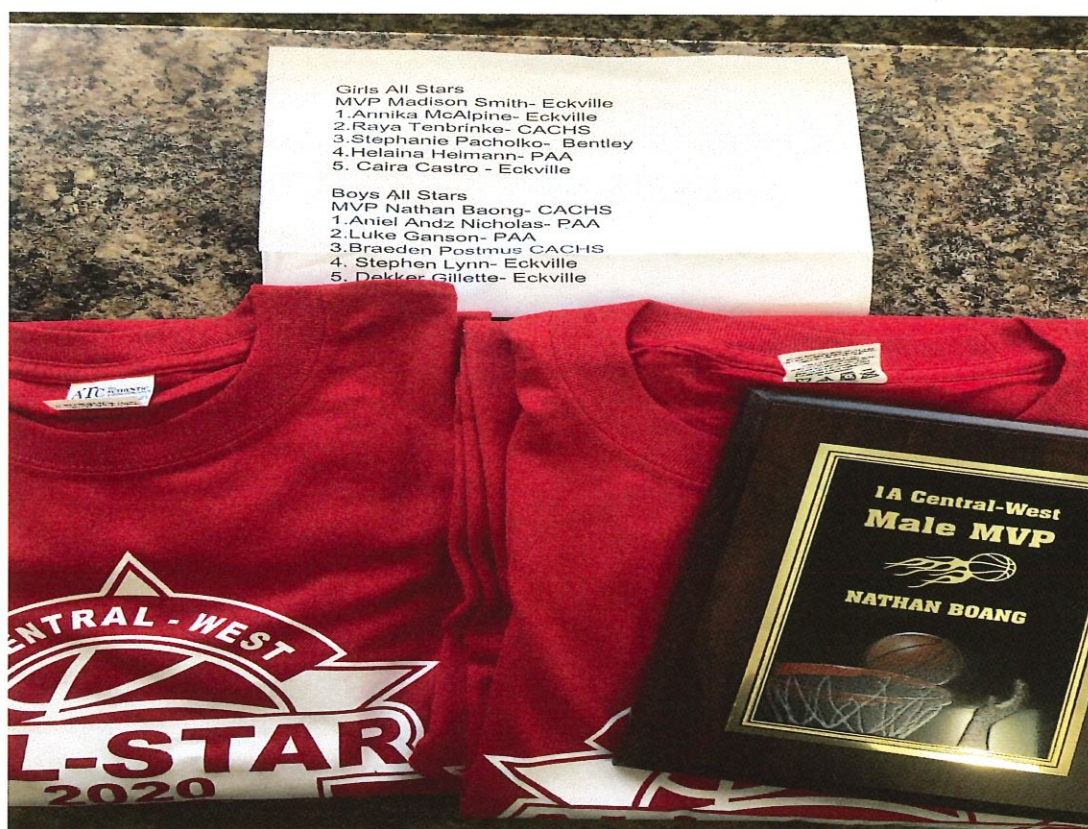
Instagram: cachsknights

Twitter @CACHS-Knights

At this time all events including drop in badminton have been cancelled.



Congratulations to Raya Tenbrinke, Nathan Baong, and Braeden Postmus for being selected by the league coaches as 1A Central-West Basketball League All-Stars. Nathan was also named league MVP for the season!



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If you would like to place your business ad in our monthly newsletter, please contact Ann at the school at 403-782-4535.

Cost is \$10/month.



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