

# NEWSLETTER

October 2021  
Vol XXVIII No II

*Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity.*

*1 Timothy 4:12*



## Important Upcoming Dates:

October 29—report cards  
November 4—parent teacher interviews after school and evening  
November 11— no school  
Remembrance Day—  
November 12—No school  
December 10—PD day  
No school  
December 18—January 2  
Christmas break

## PONDERINGS October 2021

One of the many blessings of working at CACHS is the hospitality of our community. Probably due to growing up in Ontario and being indoctrinated with a Ontario-is-the-center-of-the-universe worldview, Mary and I moved to Lacombe in August 2011 not knowing anything about Central Alberta or Lacombe. Our Alberta experiences were limited to Mary's six week family motorhome trip around North America that passed through Banff, and my grade 12 snowboarding trip to Lake Louise and Sunshine Village with some pals. I understood that Lanny McDonald had a great mustache, and that oil was the black gold paying Canada's bills. Our first few years in Lacombe were not easy for many reasons, but what kept us here were the dinner invites, community events, and games nights that helped us get to know many people in Central Alberta.

CACHS is a community full of grateful people who understand hospitality and are eager to bless others because they have been blessed. On October 15-16 we welcomed 17 volleyball teams from all over the province to our first ever CACHS Invitational Volleyball tournament. Together our junior girls, senior girls and boys teams enjoyed an excellent weekend of sportsmanship, competition and community. Opportunities like these we no longer take for granted because they have been hard to come by in the past year and half. What a wonderful way for us to open our school and in a small way tell the story of independent Christian schooling in Central Alberta! Being able to serve others by giving them a great weekend was enriching and encouraging, and I thank those that helped to make it happen.

Having extracurricular activities back in school has been a huge breath of fresh air for all of us, and we look forward to more events in the coming months. As long as COVID restrictions allow, I invite you to join us in hosting zone and provincial championships volleyball championships, as well as enjoying our drama production the week before Christmas. We are always looking for volunteers and supporters to help CACHS shine with hospitality and service!

Travis Eggink

Principal

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Vice-Principal -  
Jenna Vander Veen  
Secretary—Ann Oudman  
Assistant Secretary/Record  
Keeper—Candace Slomp  
Business Administrator—  
Jacki Talsma

## BOARD NOTES

October 2021

As the end of volleyball season approaches, CACHS is excited to host the ASAA 1A Girls Provincial Volleyball Championships on November 24-27. It is always a thrill to be able to host a provincial tournament, and while this year may look different than those in the past, we look forward to the competition and the opportunity to show off the hospitality and community here at CACHS. If you are looking for a way to volunteer or to be a sponsor, feel free to contact the school for more information.

The trip to Europe has been rescheduled for March, and we are excited to have 18 travelers signed up. If you would like more information about this trip please contact the office.

The CACHS Fall Drive is underway, with a goal to raise \$150,000. This year the funds will be used to help with special needs programming, program funding, debt reduction, the endowment fund and as needed. Please prayerfully consider how you can financially support CACHS and help us to continue providing Christian education to all of our students.

For years, CACHS Catering has been serving our society and community at events like weddings, anniversaries and birthdays. The money raised has benefited our school in a variety of ways over the years, from books for our book club, to gym equipment, to library books, to new chrome books they are currently purchasing. Organizing the events is no small task and we are in need of someone to take over. Unfortunately, if no one steps forward CACHS Catering will have to fold. If you, or someone you know would be interested in taking on this position, please let the school know as soon as possible.

As always, if you have any questions or concerns feel free to contact any Board member or email me at [secretary@cachs.ca](mailto:secretary@cachs.ca). Our next Board Meeting is November 29, 2021.

Cindy Ekkel  
Board Secretary

### Phone Number Correction

Please change the phone number for Postmus to 403-550-4898.

### CACHS Board Members 2021/2022

Chairperson -

Steve Wildeboer  
403-597-4510  
[boardchair@cachs.ca](mailto:boardchair@cachs.ca)

Vice Chair—

Hendrik deGier  
403-704-5006  
[education2@cachs.ca](mailto:education2@cachs.ca)

Secretary—

Cindy Ekkel  
403-396-3621  
[secretary@cachs.ca](mailto:secretary@cachs.ca)

Treasurer— Finance Chair

Annette Roseboom  
403-704-9131  
[finance@cachs.ca](mailto:finance@cachs.ca)

Maintenance—

Pete Heidelberg  
587-877-2050  
[maintenance@cachs.ca](mailto:maintenance@cachs.ca)

Development—

Kim Haan  
403-373-9595  
[development@cachs.ca](mailto:development@cachs.ca)

Finance —

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403-506-5970  
[finance2@cachs.ca](mailto:finance2@cachs.ca)

Education—

Paul Linker  
403-588-7941  
[education@cachs.ca](mailto:education@cachs.ca)

## CAREER CORNER

Christian Schools Canada has provided a resource manual for high school guidance. The following is part of Section 1.2 where it states our Beliefs about Guidance.

We believe that our guidance program must honour God and develop the gifts and potential of each student. Therefore we will:

- honour God by celebrating the human potential of each student'
- affirm that each student is created in God's image to live in relationship with Him and others'
- work with students to make the school a kinder, forgiving, and more loving learning community;
- help students to discover their gifts so they may honour God's purpose for their lives and find joyful and fulfilling work.

We try to incorporate these guidelines in tangible ways but it is not always easy. Part of this involves conversations with each student about what they plan on doing after school. The discussions always involve encouraging lifelong learning be it through formal or informal ways.

We encourage students to consider various post-secondary options. On November 18th there will be a Christian College Fair where students will be able to hear from Christian universities from all over Canada. This will be a virtual event. On February 9, 2022 we plan to have college and university representatives come to our school to talk about other options as well. Universities and colleges are in the midst of open house season. This is a great time to look online for what educational or career opportunities there are.

Career Counselor  
Veronica DenOudsten

## Student Council Update

In the past, previous student councils have made it their goal to raise money in order to donate much needed or wanted supplies to our school. In light of how difficult it has been over the last few years to foster and encourage school spirit, this year's student council is pleased to announce our goal of obtaining a knight mascot. Our hope is that this mascot will bring added excitement to our sports games for years to come, and will keep our knights proud! Unfortunately, these mascots are quite expensive, and our goal is to have the knight ready for basketball season. Your help in reaching that goal will be greatly appreciated! If you have any questions, or would like to make a donation, please contact Mr. Travis Eggink or Mrs. Diane McLeod. Your support is greatly appreciated! Go Knights!



## CACHS CATERING

CACHS Catering is looking forward to serving you again in the upcoming year with our home style cooking and dessert buffets. We do this to raise funds to support CACHS to cover extra expenses for the students and school. Please consider us when you are choosing your caterer for your event.



We are willing to work with special dietary needs. We have a tasty menu list available, and are open to your personal wishes. Our price for 2021 will remain low at \$22/plate, which includes your needs for dinner, dessert, coffee and juice. **THE FULL MEAL DEAL!!**

We are hoping you are all doing well throughout this difficult COVID year. We are doing well too. We are happy that we are still able to serve at your function, even though we have to keep in mind the restrictions that are in place at the time.

### CACHS Catering:

Emma Den Oudsten

- 403-782-2657

Jennette Oosterink

- 780-372-2130

Rosemary Vander

Ploeg

- 403-783-5217

Clase van Iperen

- 403-396-3708

### Opportunity/Help needed

Two of our committee members are stepping back for health or family reasons and because of this we as a committee are looking for a couple of younger (than us) people to join us. Do you like to organize, shop, prepare food, serve or help clean up? This might be an opportunity for you to use your gifts to help the school and the community. We would love to have a minimum of two new committee members join our committee. Volunteers are always welcome to help us at our functions. We usually do two or three functions a month and spread the shopping, prepping and cooking over a few days. We work in shifts so it will never take the whole day. We look forward to hearing from some of you who might feel called to help us. Please contact Emma or Clase.

To book your date call Emma Den Oudsten at 403-782-2657. For volunteering to help with serving and dishes please call Frances Vander Wekken at 403-782-3327.

Upcoming events for CACHS Catering

- November 25, 2021— Provincial Volleyball Tournament dinner

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## CACHS Catering Update from Mr. Eggink

After carrying the load of planning and preparing many wonderful meals, our leadership team is not sure they have the energy to get going again when COVID restrictions allow. We are hoping that new leaders will take the reins of planning and purchasing, so that CACHS Catering can continue supporting Christian secondary education in Central Alberta. Whether it is through buying new computers, books, gym and classroom equipment, over the years CACHS Catering has been an essential partner in developing our programming and student experience at CACHS. We are looking for 2-4 people that our current leaders Emma DenOudsten (403.782.2657), Clase van Iperen (403.396.3708), Jennette Oosterink (780.372.2130), and Rosemary Vander Ploeg (403.396.3708) can work with and pass on CACHS Catering to. There are many willing volunteers to help with the preparation, delivery, and clean up, but without the key leadership positions filled nothing can happen and CACHS Catering will have to close down. If you would like more information about CACHS Catering please call any of our current leaders.

## Europe Trip

We have a group of 18 travellers signed up for the Europe Trip going to Berlin, Prague, Krakow and Budapest over March Break. For those that are still considering joining us in Europe, time is running out. We would like everyone to sign up by the end of October because some things take time after signing up, for example getting passports. The deadline to complete the registration process is December 3. If you would like any more information please do not hesitate to call me at the school or stop in and chat. If you would like to check out the trip more and even sign up then follow these steps:

1. Go on the website <https://www.eftours.ca/2401308WM>
2. View the details of the trip
3. Click Enrol Now
4. Enter your information
5. Choose your payment plan

The whole enrollment and payment process (lump or installments) is done online through the EF website.

## Provincial Volleyball Update

We are excited about hosting the Girls ASAA 1A Provincial Volleyball Championship November 24-27, 2021. There will be 12 teams coming from all over Alberta. Each team has to earn the right to represent their zone with the chance of becoming the provincial champion. The CACHS girls team is working hard and is looking forward to fighting for the gold medal!

**WE NEED YOU!** We are planning on putting on a first class event and we need your help. If you are interested in volunteering during that week please contact the school and we will put your name on the list. We are looking for help in: scorekeeping, videotaping, lines keeping, hosting, ticket taking, supervising, concession, coaches/ref room upkeep, etc. We are also looking for financial sponsors. Please contact the school if you are interested in helping out with a donation. (A sponsor sheet is part of this newsletter).

We will be finding out more details about what our event will look like in the beginning of November. Check out the ASAA website for a link to our championship. All information will be provided there after November 1st.

Please contact any of the tournament committee if you have questions. We look forward to an awesome week where we can highlight excellence in sport and open our school to the volleyball community from all over Alberta.

Miriam Doef—Chair  
Travis Eggink  
Veronica DenOudsten

Central Alberta Christian High School  
22 Eagle Road, Lacombe

October 2021

Dear Supporter of local athletics and sporting events,



Central Alberta Christian High School is hosting the ASAA 1A Girls Provincial Volleyball Championships from November 24-27, 2021. We anticipate between 300 and 500 players, coaches and fans coming to our community for this event.

Being a major event for young athletes from across our province, we want to make this a memorable time for the players, coaches, families and fans that come. We want to ensure that our school community is well represented and organized in creating a fun and professional tournament. To achieve these goals we ask for your assistance in the following ways:

1. Support our work with a cash donation. Help us ensure we can keep entrance fees to a minimum.
2. Sponsor portions of the tournament including swag bags, concession, or team signage. This may include web promotion and signage at the event, depending on what sponsorship level you choose.
3. Be a fan and come out to watch top notch volleyball. We will be using gymnasiums at Lacombe Christian School and Central Alberta Christian High School. Top teams from the province will ensure excellent competition.

We are aiming to raise \$7500 to put on a top notch provincial championship. Please consider supporting us by any or all of the following:

<b>1</b>	<b>Donate Cash</b>	Receive a tax receipt
<b>2</b>	<b>Cash Sponsorship</b>	Receive advertising
	<b>Bronze</b>	\$100 - \$250 Signage and recognition at the event
	<b>Silver</b>	\$250 - \$500 Signage and recognition at the event, digital advertising during event on screens
	<b>Gold</b>	\$500 and over Signage and recognition at the event, digital advertising, radio mentions
<b>3</b>	<b>Attend the Event</b>	<b>Feel free to cheer on the local teams and players</b>

If you would like to financially support this event please stop by the school with cash, cheque, or make a debit/credit card contribution. E-transfers can also be made to [business@cachs.ca](mailto:business@cachs.ca). Please indicate "Provincial Championships" in the memo.

If you would like more information please call us at CACHS (403.352.0111) or email Travis Eggink ([teggink@cachs.ca](mailto:teggink@cachs.ca)).

Thanks for your consideration and support!

**Website: [www.cachs.ca](http://www.cachs.ca)  
Phone: 403-782-4535  
Email: [business@cachs.ca](mailto:business@cachs.ca)**

## RightNow Media with CACHS

Our school pays for all our society members to have access to RightNow Media, which is a huge resource for streaming Christian video materials. You can register through by putting this link in your web browser and filling out the form: <https://www.rightnowmedia.org/Account/Invite/CACHS>. *From there you can download their app on any device and users can access the app anytime, anywhere.*

- Kids can watch safe and biblical shows on the go.
- The audio-only feature makes it easier than ever to take RightNow Media on the go.
- Offline playback allows users to temporarily download content to their app and watch it later without data or Wi-Fi.
- You can also share studies through the app, making it easy to put recommendations on social media or send privately to someone for discipleship purposes.

# CACHS ATHLETICS

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Follow us on:

Facebook: Central Alberta Christian High School

Instagram: cachsknights

Twitter @CACHS-Knights



## CACHS Athletics

Cross country Zone (Oct. 6) and Provincial championships (Oct. 16) were held at Riverbend Golf Course in Red Deer. These were the first high school provincial championships held in Alberta since Curling on March 5-7, 2020. Taylor Doef was our lone runner in Zones and Provincials where she placed 7th and 46th respectively. Taylor had an excellent running season and should be congratulated on her individual perseverance!

Volleyball teams are in the second half of their season and what a great season each of them have had! Our JV girls finished first in their league for the regular season and will wrap up their league with playoff games Oct. 28. Their season will finish Nov. 5-6 in the Lacombe Composite High School JV tournament. Thank you to Taylor Salomons and Kayla Ingwersen for all the work you have put in with these girls! Our senior girls and boys are looking forward to Zone Championships Nov. 19-20 and then the provincial championships Nov. 24-27, but first they have to wrap up their league and one more tournament in Sylvan Lake. Our girls won our home tournament Oct. 15-16, and the boys finished second in tournaments at CACHS and Lindsay Thurber. Very impressive seasons so far by all three teams. Go Knights!

Our boys and girls basketball teams will start training in November, and their league will begin in December. We have Veronica DenOudsten coaching our boys team with Dan Luymes and Matt Weenink helping her once again. We are excited to have Aaron and Ashley DenOudsten debuting as our girls basketball coaches this year and we look forward to encouraging them in this new endeavour. It looks like we will have 12-15 boys and 10-12 girls playing basketball this season. Go Knights!

**Please support our Sponsors**

**If you would like to place your business ad in our monthly newsletter, please contact Ann at the school at 403-782-4535.**

**Cost is \$10/month.**

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