

Central  
Alberta  
Christian  
High  
School

# Knights News

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12

## PRINCIPAL'S PONDERINGS

This past Lent and Easter season was one I particularly enjoyed. With what often feels like organized chaos of Food Fest; the Europe trip; having a family with four kids under seven; organizing our high school soccer league; and the many responsibilities of the principal position; I truly appreciated the Lent and Easter season this year. Having a Christian calendar guiding and challenging me to meditate and set aside the rush of life has always been a great blessing. For classroom devotions this Lent season the Prairie Center for Christian Education challenged teachers each day to dwell on a word relating to Easter – such as Fast, Solitude, Cup, Rooster, Gate, Thorns, etc. In my first period Social Studies 30 morning devotions I added the invitation for students to join me in kneeling during our morning prayer. Although student participation was hit and miss there was a clear wrestling and interest from students in changing up how to approach two spiritual disciplines – Scripture reading and prayer.



Our independent Christian schools have had many exciting events over the past couple months, and being together again in community has been an incredible boost to morale in our school too. It is my hope that as life boots up again that we continue our spiritual disciplines while taking time to consider Christ's journey to the cross and the joy of Easter. He is risen!

## IN THIS ISSUE

- Board Notes
- Staff Spotlight
- Student of the Month
- CACHS Current

## IMPORTANT DATES

- |   |                                  |
|---|----------------------------------|
| May 4: Assembly - Burman Acronaires     | May 23: No School - Victoria Day |
| May 13: AISCA AGM                       | May 25-27: CACHS Grad Trip       |
| May 16: Society Meeting                 | May 30: Board Meeting            |
| May 20 : No School - PD Day             | June 2-4: Overnight Hike         |
| May 20-21: Alumni Volleyball tournament | June 10: No School - PD Day      |
|   | June 16: Art Gallery Night       |

## PCCE

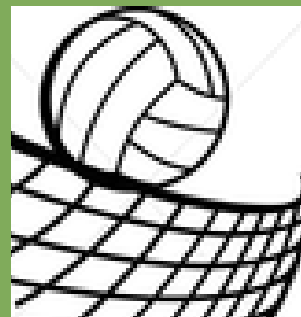
CACHS has been a member school of the Prairie Centre for Christian Education since the early years of CACHS' inception. The PCCE's mission is to provide leadership and support to Christian education communities in the Canadian Prairie Region in a way that will lead, enhance, and promote transformational Christian education in a changing world. The PCCE also develops resources, tools and learning opportunities for Christian education communities to understand and implement transformational Christian education.

On April 23, 2022 members of the CACHS staff and board attended in person, and virtually, the PCCE AGM and leadership conference. There, they were able to view some of the tools and resources that PCCE provides and give feedback on them.

Parents are encouraged to check out the PCCE website, [www.pcce.ca](http://www.pcce.ca), to learn more about this organization and see some of these resources for themselves. You may even want to incorporate their Teaching for Transformation Resources for Families into your own family devotion time where you and your family can recognize that we are all part of God's Story and learn how to play our part in this unfolding Story.

## ALUMNI VOLLEYBALL

The CACHS alumni volleyball tournament is set for May 20 & 21, 2022. More teams are



needed to make this a go! If you have

any questions or think you would have a team to enter,

please text Colleen

VanderSchee at

403.302.2659 or email

[lc.schee@gmail.com](mailto:lc.schee@gmail.com)

## CONTACT US

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An advertisement for Stellarwood Developments Inc. The background is a photograph of a large, multi-story building under construction, with a complex network of yellow steel beams and scaffolding. The text "STELLARWOOD" is written in large, bold, black capital letters across the top. Below it, "Developments Inc." is written in a smaller, black font. To the right, the quote "Quality and Professionalism are Our Standards" is written in a blue, italicized font. Below the quote, the name "Pete Walls" is written in a bold, black font. At the bottom right, the contact information "Ph/Fax: 403-782-2430" and "Box 5901, Lacombe, AB T4L 1X4" is written in a black font.

## BOARD OF DIRECTORS

**Chair - Steven Wildeboer**

E: boardchair@cachs.ca P: 403-597-4510

**Vice Chair - Hendrik de Gier**

E: education2@cachs.ca P: 403-704-5006

**Secretary - Cindy Ekkel**

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**Treasurer/Finance Chair - Annette Roseboom**

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**Maintenance - Pete Heidelberg**

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**Finance - Werner Brouwer**

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**Education - Paul Linker**

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## BOARD NOTES

Happy Spring! I pray you are able to get outside and enjoy God's beautiful creation. We are so blessed to live in a place where we can watch the seasons change around us.

I would like to thank CACHS Catering for all their years of service to our school. At this time no one has stepped forward to take over CACHS Catering, so after October of this year CACHS Catering will be done. We are so grateful to Clase and Emma, who in the last number of years have organized all the events. Our school has been blessed over the years with computers, printers, books and much more thanks to the funds generated from CACHS Catering. Thank you!

We were fortunate to have Education Minister Adriana La Grange visit our school in April. She was given a tour of our facilities and then joined us for an assembly. The students were able to ask very engaging questions, and her responses were encouraging. I personally felt blessed to witness her testimony of faith in her life and work. Thank you to all the parents and supporters who also attended the assembly.

The Ad Hoc Strategic Plan Committee and the Board are thankful to all who responded to our survey. We are moving forward with focus groups soon. Thank you to all who are willing to participate further. We will have an update on the results of the survey at the Society Meeting.

April was a busy month for the Board as we approved the budget and planned for the Society meeting. This is also when our current Board starts winding down and we welcome new Board members at the end of May. Please pray for us as we make these transitions. We also encourage you all to attend the Society Meeting on May 16 at 7:30pm. CACHS benefits most when we all participate and are engaged. Our next Board meeting is scheduled for May 30 and as always, feel free to contact any Board member or myself at [secretary@cachs.ca](mailto:secretary@cachs.ca) if you have any questions.

In Christ, Cindy Ekkel, Board Secretary

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## ASSEMBLIES

Students are expected to attend all assemblies. Parents are welcome at anytime. Assemblies run every Friday at 10:10. Here are a list of upcoming assemblies:

May. 4 - Burman Acronaires \*Note this a Wednesday\*

May 13- Mrs. McLeod with Kevin DeBree from Camp Rehoboth

May 27 - Mrs. Shalyn

June 3 - Mr. Reed

June 17 - Year-end assembly - Mr. Van Loo \*Merit and Athletic Awards\*



## CACHS CURRENT

### Classes at at glance:

**Art 10/20/30:** Portraits are being displayed in school.

**Bible 10:** Mass exodus.

**Biology 20:** You have got to have heart.

**Biology 30:** Dihybrid crosses – is Ms. L a mutant?

**Chemistry 30:** Redox equations.

**Computer Science:** Website programming.

**English 10 (McLeod):** Don't judge someone until you've walked a mile in their shoes.

**English 10 (Van Loo):** Short story analysis

**English 20:** Kill the pig, slash her throat, bash her in!!

**Foods 10/20/30:** Yum, yum, yum. Things finally tasting good.

**Green Certificate:** Final testing to occur May 10.

**Mechanics/Welding:** Parts runs and machines running.

**Math 10C/10-3:** Is a function a relation and/or a relation a function?

**Math 10-3:** Volume and capacity.

**Math 31:** Applying math to everyday life – finally!

**Physics 20:** Weighing the earth. Is Mrs. DO bigger at the top or the bottom of a mountain.

**Resource:** Work experience placements.

**Social 20:** My country is the best.

**Social 30 (Eggink):** Cradle to grave society – who is being nursed?

**Social 30 (Hoekstra):** Totalitarian state – do we see parallels to today's government?

**Sport Performance:** Musculoskeletal system - yep it is boring .

## OUTSIDE THE CLASSROOM

**Book Club:** Although the book club is done for the year, they are still awaiting the arrival of more books for the library.

**Post Secondary Day:** Burman, Mount Carmel, Ambrose, Kings, Prairie, Redeemer, Vanguard and Red Deer Polytechnic all sent representatives to present to our students April 27th.

**Volleyball and Basketball Drop ins:** Check the school website for dates and times. All are welcome!

## ATHLETICS UPDATE

The girls have had a good handball season so far pulling off a couple of wins in their league games. The team is looking forward to working hard at Zones this weekend to earn a spot at provincials!



The soccer season is under way at CACHS with the boys looking forward to starting league play this week. They will also be going to the PICS tournament this weekend.

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## STAFF SPOTLIGHT

Welcome to a new feature of the newsletter, Staff Spotlight! Each month we will send one staff a little questionnaire for them to fill out and then share their answers with you. We hope you enjoy this new feature and get to know the staff a little bit better..

Q. What is your name and what is your role at CACHS? A. Travis Eggink , Principal.



Q. Have you ever been mistaken for someone famous?

A. Nope, but I have always thought I could stand in for David Beckham.

Q. What kind of reality show would you appear in? A. Amazing Race.

Q. What song describes your life right now? A. Buy Dirt by Jordan Davis.

Q. If you could be any where in the world right now where would you be?

A. Teaching my kids pretty much anything.

Q. What talent would you most like to grow and develop? A. My taste buds so I could better appreciate my wife's cooking!

Q. If you could be in the Guinness Book of World Records, what record breaking feat would you attempt? A. Number of students taken hiking in the mountains for the first time.

Q. What is the worst grade you have ever gotten? A. D+ in Business 121 ... I

guesss I wasn't made for 8 am Monday morning meetings....

Q. Do you prefer summer or winter? A. Both are great, but summer is better.

Q. Would you rather lose your sight or hearing? A. Hearing.

Q. Describe your breakfast in one word? A. Simple.

Q. What is your favorite ride at an amusement park? A. Canada's Wonderland - Wilde Beast

Q. Who should be featured in our next Staff Spotlight? A. Adrian Van Loo

## OPEN PARACHUTE

CACHS administration is pleased to announce that starting this year we will be delivering the Open Parachute Mental Health Program to our students. This program addresses issues of stigma surrounding mental health in young people, encourages help-seeking, and creates a culture of mutual support and respect for any struggles that students may face.

This program was developed by Dr Hayley Watson, an adolescent clinical psychologist who has been developing programs globally for the past 15 years. Parents can access information about the resources and listen to audio skills by using the URL listed below.

[https://learn.openparachuteschools.com/parent/login?id=CA\\_F3GMvGYDmVilgbsPocp7C](https://learn.openparachuteschools.com/parent/login?id=CA_F3GMvGYDmVilgbsPocp7C)



## STUDENT OF THE MONTH

NATHANIEL TOLSMA has been chosen as the April student of the month!

Nathaniel's enthusiasm and proficiency in our shop classes this year are incredible, he will arrive early and stay late on the days he has shop class. He is eager to learn and utilizes his time in the shop to improve his skills.

Nathaniel is an excellent welder and is highly regarded as a RAP student in his work placement. Nathaniel is a pleasant young man who has demonstrated a great attitude through all areas of his schooling. We wish Nathaniel all the best as he graduates. Thank you for being such a positive



## CACHS CATERING

Desperate plea for help! CACHS catering needs some volunteers to step up and lead the next generation of CACHS catering!

CACHS catering will close it's doors Oct 2022 if a coordinator is not found. Please consider if this is something that you would be interested in so that CACHS and it's students can continue to benefit from the funds rasied.

Please consider CACHS Catering when choosing a caterer for your event. They offer a fully customizable menu and are willing to work with special dietary needs. The price for this year will remain low at \$22/plate, which includes dinner, dessert, coffee and juice.

To book your date or volunteer please call Emma Den Oudsten, 403-782-2657.

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