

Central  
Alberta  
Christian  
High  
School

# Knights News

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12

## PRINCIPAL'S PONDERINGS - CACHS DIPLOMAS

At our last Board meeting we passed the new CACHS Diploma Policy that was drafted by our Education Committee, and will be rolled out in phases over the next few graduating classes. The CACHS Diploma was first created during the early years of CACHS, but it never held students to specific requirements. With this new CACHS Diploma Policy, we have formalized historical expectations and completed one of our Strategic Plan 2025 goals.

During our strategic planning process last spring, stakeholders gave input on a number of items now included in our CACHS Diploma. Our school has expanded our learning supports for all students including those with special needs, and so the CACHS Diploma accepts students in all three graduation streams: Alberta Certificate of High School Achievement, Alberta High School Diploma, and Certificate of School Completion. High school students are not required to take full schedules each semester to achieve these government awards, but at CACHS we encourage students to expand their interests and knowledge by limiting student spares. Moreover, we will continue requiring students to take two religious studies courses – Old Testament Studies, New Testament Studies and/or World Religions.

Loudly and clearly, survey and focus group respondents expressed their desire for CACHS students to serve their community both inside and outside of school. Moving to include 30 volunteer hours as a CACHS Diploma requirement appropriately expresses active citizenship, and the amount chosen aligned with the Ontario Secondary School Diploma requirement of 10 hours per high school year.

As our students move into the Spring of their Grade 12 year they will now be required to apply to graduate, and as a result take ownership of their time at CACHS. Students will have to prove that they have fulfilled their Alberta graduation requirements and the CACHS Diploma requirements. As part of their application to graduate, students will reflect on their time at CACHS and give parents and staff feedback on how CACHS has shaped them and prepared them for life beyond high school.

We hope that the CACHS Diploma comes to represent the distinctiveness of our graduates' high school education, and that as a result our school community can celebrate the Lord's faithfulness to our students through their secondary education.

Travis Eggink

# CACHS Diploma

Graduation is the culmination/completion of the grade school experience for CACHS students and their parents, and as such it is a significant milestone in their lives. Graduating from CACHS is a unique high school achievement requiring courses and participation above and beyond the provincial requirements, thus CACHS graduates are to be rewarded with a separate CACHS Diploma. Coming together at the CACHS graduation day is an event that, for the students, parents, and supporting community, serves as a reflection of God's covenantal faithfulness and the grateful response of His people in the area of education. Consequently, the CACHS Diploma serves as an appropriate expression of that significance.

## CACHS Diploma Requirements

To receive a CACHS Diploma students must:

1. Achieve either an Alberta High School Diploma or Alberta Certificate of High School Achievement or Certificate of School Completion.
2. Have taken no spares in Grade 10, no more than one spare in Grade 11, and no more than two spares in Grade 12.
3. Attend CACHS for a minimum of one school year.
4. Complete two religious studies courses offered by CACHS.
5. Complete a minimum of 30 volunteer hours. Signed off on by an appropriate overseer.
6. Apply to graduate by April 1st of their grade 12 year.

All requirements for the CACHS Diploma are enforced and voided at the discretion of the CACHS administration team.

Next review date	Reviewed and Passed
	January 2023
January 2028	

# ANNUAL EDUCATION RESULTS REPORT 2022

Our 2021-22 Annual Education Results Report (AERR) has been signed by our Board and is now available for you to view on our website ([www.cachs.ca](http://www.cachs.ca)) under "Plans & Reports". The AERR is the final part of the Assurance Framework required by Alberta Education for all schools/school authorities to complete each year. Our AERR analyzes and responds to data informing progress made on our four Education Plan goals: Faith Formation, Quality Teaching & Learning, Wellness, and Engagement & Improvement. If you have any questions or comments on our AERR please email Travis Eggink ([teggink@cachs.ca](mailto:teggink@cachs.ca)) or call (403-782-4535).

## GRADE 8 & 9 VISITING DAY

February 9, 2023 12:00 - 2:30 PM

"CACHS SNEAK PEAK"

All grade 8 & 9 students welcome.

Lunch will be provided

RSVP [developmentdirector@cachs.ca](mailto:developmentdirector@cachs.ca)



## Calgary Flames Alumni Hockey Game FUNdraiser



### FLAMES Alumni Hockey Game FUNdraiser

**Thursday, February 9th, 2023**

**Eagle Builders Centre, Blackfalds**

Meet & Greet Alumni Players from 3-5pm

Arena Seating opens 5pm, Game Starts at 6pm

PLAY THE GAME: **\$500** (minimum donation)

25 spots available THIS INCLUDES:

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PLAYING WITH THE ALUMNI  
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WATCH THE GAME: **\$10**

RUSH SEATING, DOORS OPEN  
@5, GAME STARTS @6  
GAME TICKET & MEETING THE  
FLAMES PLAYERS: **\$15**  
MEET PLAYERS FROM 3-5PM



ALL Proceeds go towards each school's sports programs.

Questions? Contact Becky Kooiker, [development@cachs.ca](mailto:development@cachs.ca)

## POWERSCHOOL

Parents are encouraged to login to the PowerSchool Parent Portal to check what courses your child is enrolled in. Contact Candace if you are having login issues.

## CONTACT US

**Central Alberta Christian High School**

**22 Eagle Road**

**Lacombe, AB**

**T4L 1G7**

**E: [office@cachs.ca](mailto:office@cachs.ca)**

**P: 403-782-4535**

**Principal - Travis Eggink**

**E: [teggink@cachs.ca](mailto:teggink@cachs.ca)**

**Vice Principal - Jenna Vander Veen**

**E: [jvanderveen@cachs.ca](mailto:jvanderveen@cachs.ca)**

**Business Administrator - Rachel Otten**

**E: [business@cachs.ca](mailto:business@cachs.ca)**

**Development Director - Karen Postmus**

**E: [developmentdirector@cachs.ca](mailto:developmentdirector@cachs.ca)**

## BOARD OF DIRECTORS

**Chair - Hendrik de Gier**

**E: [boardchair@cachs.ca](mailto:boardchair@cachs.ca) P: 403-704-5006**

**Vice Chair - Paul Linker**

**E: [finance2@cachs.ca](mailto:finance2@cachs.ca) P: 403-558-7941**

**Secretary - Andrea Thalen**

**E: [secretary@cachs.ca](mailto:secretary@cachs.ca) P: 403-783-1172**

**Treasurer/Finance Chair - Annette Roseboom**

**E: [finance@cachs.ca](mailto:finance@cachs.ca) P: 403-704-9131**

**Maintenance - Pete Heidelberg**

**E: [maintenance@cachs.ca](mailto:maintenance@cachs.ca) P: 587-877-2050**

**Development - Becky Kooiker**

**E: [development@cachs.ca](mailto:development@cachs.ca) P: 403-358-2151**

**Education Chair - Cindy Ekel**

**E: [education@cachs.ca](mailto:education@cachs.ca) P: 403-396-3621**

**Education - Kim Haan**

**E: [education2@cachs.ca](mailto:education2@cachs.ca) P: 403-373-9595**

## BOARD NOTES

Happy New Year to all our CACHS families and supporters! As the first semester comes to an end, we are grateful for the hard work of our students and staff. Please pray for all our students as they write their exams, and especially for our Grade 12 students as they begin to make plans for their future, whether that be applying for college, university, or making plans to pursue full time employment. We are thankful to all our supporters for the success of our Fall Drive in which we received \$171,787.23 in donations. It is because of your generous giving that we continue to be able to offer a variety of quality programs at CACHS. "Give thanks to the Lord, for he is good. His love endures forever". Psalm 136:1

At our last Board meeting on January 16th, Gayle Monsma conducted a Board Governance workshop where we discussed various topics to enrich and help our Board members continue to govern the school well. The topics covered included Board member recruitment/nominations, how to keep our Strategic Plan a working document for the school, as well as general Board guidelines. Gayle also discussed current programs and opportunities that PCCE offers to assist schools and boards in their various roles and programming.

A new Building/Renovation committee has been established to begin the process of looking into creating a new Science Lab and a Cosmetology Lab. This is an exciting step for our school and we look forward to hearing the ideas and plans this committee will come up with.

We will soon be looking for new Board members to replace Hendrik de Gier (Board Chair), Pete Heidelberg (Maintenance), and Annette Roseboom (Board Treasurer) who will complete their terms this year. If you would like to nominate yourself or someone you know, please fill out the Nomination Form that is attached to this newsletter and forward it to the Board Chair, the Board Secretary, or drop it off at the office in a sealed envelope by February 27, 2023.

Our next Board meeting is February 27, 2023. If you have any questions or concerns, feel free to contact any Board member, or email me at [boardsecretary@cachs.ca](mailto:boardsecretary@cachs.ca).

In His service,  
Andrea Thalen  
Board Secretary

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# ATHLETICS & EXTRA CURRICULAR UPDATE

## Athletics

**Badminton:** Drop in Badminton happens every Wednesday in the CACHS gym from 7-9pm. Bring your own racquet or use one of ours. All ages and abilities are welcome to attend for some competition and coaching if you would like. Thank you to Steve TenHove for heading this great community building program again this year!

**Basketball:** Basketball season is about halfway through and both our girls and boys teams are enjoying great seasons! So far both teams are undefeated in their league games and have done well in all their tournaments too. Our girls team is currently ranked fourth in Alberta for 1A sized schools! On January 13-14 we were blessed to once again host our annual CACHS Invitational Basketball tournament at LCS and CACHS with eight boys and eight girls teams competing. It was a great weekend of hosting teams and their fans from around the province. Thank you to the volunteers and students that showcased great hospitality making the weekend a wonderful success!

**Handball:** Handball season runs from March 13th through May 13th. Plans are being made for our school to host the 2023 ASAA Tier 2 Handball Provincial Championships May 12-13th at CACHS and LCHS. Our executive committee of Karissa Prins, Miriam Doef, Rachel Kraay and Shalyn de Boon are hard at work. The committee will be looking for volunteers and fundraising dollars to make the event a success. If you are interested in helping in any way please contact one of the committee members or the school office.

**Hockey:** Hockey season continues with morning practices each Monday and games on Friday and Saturday evenings. The team has enjoyed a great season so far, and we thank the coaches for their dedication to our student-athletes!

## Extracurricular

**Book Club:** The book club is taking a hiatus as we focus on finishing strong this semester. We would like to discuss Educated by Tara Westover and The Baker's Secret by Stephen P. Kiernan. If anyone has a copy we can borrow for this please let the school know.

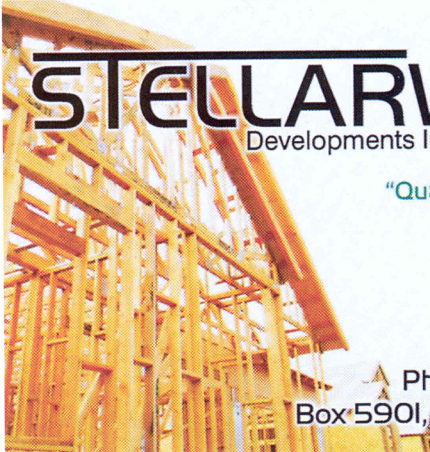
**Outdoors Club:** Over 40 students are going to Lake Louise to ski/snowboard on January 31st. Students are looking forward to the short lesson they are required to take prior to exploring the mountain.

**Winter Formal:** Students were encouraged to dress in winter formal wear for the dance on January 20th.

**Fry Fridays:** Every Friday we are in school students have the opportunity to purchase a hamburger, fries and drink for 5\$.

## STUDENT OF THE MONTH

CACHS' December student of the month goes to Samuel Linker! Samuel is a quiet, kind, and helpful young man that brings his thoughtfulness and helpfulness wherever he goes. He contributes to the CACHS community by volunteering with Fry Friday and helping Mr. Stang with the junior high woodshop students. Samuel is a genuine servant-leader that leaves every place better than he found it.



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Pete Walls

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## RIMBEY CHRISTIAN SCHOOL

### RIMBEY CHRISTIAN SCHOOL FUNDRAISING BANQUET

FRIDAY, FEBRUARY 10th, 2023

Peter Lougheed Community Centre, Rimbey

Entertainment: Comedian Phil Callaway (comedian,  
author, radio show host)

Tickets: \$65 each or table of 8 for \$480.00

Doors open at 5:45pm Supper at 6:30pm

Caterer: StarKist Catering

Tickets Available at: Rimbey Christian School,  
Stationery Stories & Sounds.

### From the Grad Committee...

The Grad Committee is planning and looking forward to the 2023 Grad Trip. This year, the group is heading to Invermere, BC from May 24-26. Heads up to grads and parents that an information update, and request for confirmation of attendance have been sent out. Please return that to the office by February 8th!

A big THANK YOU to all who purchased from our Christmas fundraiser. We're also planning to have another fundraiser shortly, so if you missed the last one, and you're interested in supporting the graduates for the banquet, ceremony and trip, more information will soon be available.

### From the Yearbook Committee...

Calling all photographers... If you've taken a nice snapshot of a CACHS sports event and are willing to share it, please submit it by email to [jvanderveen@cachs.ca](mailto:jvanderveen@cachs.ca). You never know... it may just end up in the Yearbook!

## STAFF SPOTLIGHT



**Q.** What is your name and what is your role at CACHS?

**A.** My name is Mrs. Diane McLeod (my

surname was Andrews when I first came to CACHS 30 years ago!) and I am a teacher. Over the years I have taught a variety of classes including Social 10/33, Accounting 10/20/30, Food Studies 10/20/30, Fashion Studies, Forensics Science, CALM, Drama 10/20/30, psychology, and photography; but I have taught predominately English and biology/sciences.

**Q.** If you were a potato what way would you like to be cooked? **A.** Potato skins -- baked, then slimmed down to the essentials and loaded with amazing toppings, baked again ready for dipping in sour cream and salsa to be shared with family and friends.

**Q.** What is your favourite strange food combinations? **A.** I honestly can't think of anything??

**Q.** As a kid what did you want to be when you grew up? **A.** From day one of grade one I wanted to be a teacher. I diligently taught my stuffed animals and pets the lessons of the day when I got home! I had great teachers along the way who inspired me to continue on this career path.

**Q.** If you could audition for a talent TV show, what song would you pick and why? **A.** Anyone who knows me knows I can't carry a tune in a bucket and would never audition for a singing talent show. I would gladly be on a panel of judges, though! You might find me listening to Leonard Cohen's "Hallelujah" in the background.

**Q.** When was the last time you did something for the first time? **A.** The beginning of this school year saw the removal of the Smartboards from our classrooms and the arrival of televisions connected to tablets. I had never worked with a tablet before.

**Q.** What is the worst food you've ever eaten? **A.** I enjoy food and trying new dishes; however, I would have to say that bear steak was the worst tasting food I have ever tried. No amount of ketchup

was going to make that meat palatable!

**Q.** Do you prefer the pool or the beach? **A.** Definitely a secluded beach on a tropical island!

**Q.** Would you rather always be hot or always be cold? **A.** I can not function if I'm too cold, so I would have to go with always hot and drinks lots of water to stay hydrated!

**Q.** What was your first job? **A.** My first job was working as an evening front desk receptionist at the Rimbey hospital.

**Q.** What was your favourite subject in high school? **A.** English Language Arts by far! I still enjoy reading and writing and sharing these skills with my students.

**Q.** Describe yourself in one word. **A.** Caring

**Q.** Who should be featured in our next Staff Spotlight and how would you describe them in 1 word? **A.** Darrell Stang. One word that describes Darrell would be generous. He is generous with his time and certainly with his talents--our shop program is a testament of this. The drama program had benefited from this as well!



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## SPECTATORS WELCOME

Fans and spectators are welcome and encouraged to come out and cheer on the CACHS Knights at all games and events. All games are posted on the school calendar located at the bottom of the home page of the school website, [www.cachs.ca](http://www.cachs.ca).



**Garth Pol, CGA**

Ph: 403-782-9600

Fax: 403-782-9665

Cell: 403-350-8378

[gpolcga@telus.net](mailto:gpolcga@telus.net)

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## FRY FRIDAY

**BURGERS \$3**

**FRIES \$2**

**DRINKS \$1**

**MEAL DEAL- GET IT ALL FOR \$5**



## ASSEMBLIES

Students are expected to attend all assemblies and Open Parachute time. Assemblies start at 10:10am and alternate Fridays with Open Parachute. Parents are welcome to attend assemblies at any time. Sometimes special guests will be invited to speak at our assemblies.

Upcoming Assemblies:

Feb 3 - Garnet & Keshia - From the Broomtree Foundation

Feb 10 - Mr. Van Loo - Open Parachute

Feb 24 - Mr. Reed



## CLASSES AT A GLANCE

**Accounting:** Running the numbers with Mr. Vanloo.

**Art 10/20/30:** A variety of art disciplines are explored and practiced with Mrs. Zacharias.

**Bible 20:** Exploring the New Testament with Mr. Reed.

**Biology 20:** Energy, ecosystems, photosynthesis, cellular respiration along with human digestion and cardiopulmonary with Mr. Reed.

**Biology 30:** Study the human body. Nervous, endocrine, reproductive systems along with genetics and population dynamics with Mrs. Vanderveen.

**Chemistry 30:** Organic, thermo and electrochemistry, along with equilibrium with Mr. Reed.

**Computer Science:** First learn web design and Python, then move to Java and bootstrap with Mr. Reed.

**Drama 10/20/30:** Encouraging students to explore life by the assumption of roles and dramatic skills with Mrs. McLeod.

**English 10:** Continue learning to read and write with Mrs. McLeod.

**English 20-1:** Using language competently and confidently with Mrs. McLeod.

**Math 10C:** Linear function, trig and algebra are some of the units to look forward to with Mrs. Deboon

**Math 10-3:** Applying math to everyday life with Mrs. DeBoon.

**Math 31:** Limits and slopes and areas - oh my. With Mrs. Deboon.

**Mechanics:** Small engines, big engines, machining and more with Mr. DenOudsten

**Off Campus:** Work experience, Registered Apprenticeship, and Green Certificate programs with Mrs. DenOudsten.

**Social 10:** Students will learn about globalization with Mr. Vanloo

**Social 20:** Citizenship and identity are explored with Mr. Eggink.

**Social 30:** Critical thinking through various ideologies with Mr. Eggink

**Science 24:** Exploring life with Mrs. Deboon.

**Sport Performance:** Exploring the great outdoors with Mr. Vanloo.

**Welding:** Exploring Arc, Mig and Tig welding with Mrs. Siebenga.

**World Religions:** Looking at Islam, Judaism, Buddhism, Hinduism among others with Mr. Vanloo.

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Daniel Luymes, CPA, CA  
Partner  
BDO Canada LLP  
dluymes@bdo.ca  
Direct: 403-786-1303  
Mobile: 403-352-6079



5820B Highway 2A  
Lacombe AB T4L 2G5  
Canada  
Tel: 403-782-3361  
Fax: 403-782-3070  
www.bdo.ca

## Central Alberta Christian High School Board Nomination Form 2023

We, the undersigned, nominate \_\_\_\_\_ to the School Board.

1. \_\_\_\_\_

2. \_\_\_\_\_

I agree to let my name stand for nomination for the Central Alberta Christian High School Board.

Nominee's Signature: \_\_\_\_\_

Short Biography:

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Deadline for nominations is February 27, 2023

"Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity." 1Timothy 4:1

