

➤➤➤ CENTRAL ALBERTA CHRISTIAN HIGH SCHOOL <<<

KNIGHTS NEWS

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12



STARTING THE SCHOOL YEAR WITH THIS ENERGY!

IN THIS ISSUE

News, news, and more news!



Athletics Update
Board Notes
CACHS Retreat
Principal's Ponderings
Student of the Month
Renovation updates



Central Alberta Christian High School
22 Eagle Road | Lacombe, AB | T4L 1G7
E: office@cachs.ca P: 403-782-4535

Principal: Travis Eggink
Vice-principal: Jenna VanderVeen
Administrative Assistant: Cassandra Krause
Business Administrator: Dorien VanderKooi
Development Director: Myla Trenchuk

CONTACT US

We are here for you!

PRINCIPAL'S PONDERINGS

By Travis Eggink

➤➤➤ WITH ALL THE NEW STUDENTS (49!), NEW STAFF (5), AND

renovated classrooms (3!), it has been a wonderful start to the 2023-24 school year at CACHS! The hallways feel full and there is an excitement around the school about a new school year. Here are list of exciting moments at CACHS in just our first few weeks:

2023-2024 SCHOOL YEAR STATS

New staff: 5
News students: 49
Classroom renos: 3

Total students 114
***Largest since 2012**

- Our 114 students is our largest student population since 2012!
- For the first time, a CACHS athletics team competed in another country – our cross country team raced in Kalispell, Montana on September 1st!
- With Mrs. Goedhart, two courses full of students, and our newly built cosmetology lab; we held our first cosmetology classes at CACHS!
- By the end of September we will have over 50 student-athletes compete for CACHS on six different school athletics teams!
- We served over 70 students and staff a meal during our first Fry Friday!
- Over 90% of students participated in our school Retreat at Rehoboth Camp, and for the record, the Grade 12 students cleaned up in the wide games – winning a free Fry Friday \$5 meal deal for each. Well done!

It has been a whirlwind of a first month at CACHS, but we are staying focussed on our mission of “Transformative education within a Christian community.” We began the year with a pancake breakfast and opening assembly where all students, staff, and some parents joined in groups to pray for over 50 different groups/associations that CACHS students are involved with or impacted by (e.g., classes, government officials, student clubs/teams, other local schools, parent committees, etc.). It has been a wonderful start to the year and I ask for your continued prayer and support for independent Christian secondary schooling in Central Alberta.





BOARD NOTES

By Andrea Thalen, Board Secretary

>>> WE ARE WELL INTO OUR NEW SCHOOL YEAR

at CACHS and are so grateful for God's faithfulness to the CACHS community. The month has started out well with welcoming 45 new grade 10 students, 31 grade 11 students, and 39 grade 12 students. We are thankful for this growth and the ability and opportunity we have at CACHS to educate these students to serve in Christ's kingdom in various ways.

We also welcome a few new staff members, some of whom have already been busy working at CACHS through the summer months. For office staff: Dorien Vanderkooi is our Business Administrator, Cassandra Krause is our secretary, and Myla Trenchuk is our Development Director. We welcome Miranda Beukema and Hailey Goedhart to our teaching staff. Miranda is teaching PE and Math this semester and Hailey Goedhart is teaching our Cosmetology options class. We pray for a smooth transition as everyone settles into their new roles.

Over the summer months the renovations of the kitchen and cosmetology lab have been mostly completed. We thank the building/reno committee for their work on this, as well as Darrell Stang for his involvement in this project. We are excited for these upgrades in our school, and look forward to using these spaces to increase the quality of programming offered at CACHS. If you are ever in the school we welcome you to take a look at these renovated spaces!

We would like to thank Werner Brouwer for his work in setting up a livestream system at CACHS using the funds raised at the Calgary Flames Alumni Hockey Fundraiser last school year. This system allows us to livestream all our sports home games. We encourage you to check this out soon as it will be up and running by the end of September with a link on our school website.

"Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ." Colossians 3:23-24

BOARD OF DIRECTORS

Mrs. Cindy Ekkel
Board Chair

Mrs. Kim Haan
Vice Chair/Education Committee

Mrs. Andrea Thalen
Secretary

Mrs. Annette Roseboom
Treasurer/Finance Committee

Mr. Paul Linker
Education Committee

Mr. Rick Wildeboer
Maintenance

Mrs. Becky Kooiker
Development

Mr. Steve TenHove
Finance

Next board meeting: October 30
Feel free to email me at secretary@cachs.ca or talk to any other board member if you have any questions or concerns.

CACHS KNIGHTS ATHLETICS

By Travis Eggink

➤➤➤ OUR CACHS KNIGHTS ATHLETIC SEASON IS IN FULL SWING

with student-athletes participating in golf, cross country and volleyball. We are grateful once again to our wonderful coaches that give so much time and energy to our teams! If you can, please take a moment to thank them for the excellent work they do in our school community.

Our golf team finished up their season with a good showing at the CASAA Zone 1A/2A championships, but did not qualify for the ASAA provincial championships.

OUR COACHES

Thank-you to coaches for all the work they put in to make CACHS Athletics happen!

Cross Country: Roger Van Haren, Adrian Schermers, Mr. Eggink

Boys volleyball: Kim Keating, Eric Talsma, Kurt Dykstra, Mr. Van Loo, Mrs. Beukema

Senior Girls Volleyball: Tashelle Loov, Kayla Vreugdenhil, Mrs. de Boon

Junior Girls Volleyball: Kayla Ingwersen, Torey Tenbrinke, Taylor Salomons, Mrs. Vander Veen, Mr. Eggink

Hockey: Craig Haan, Henry Thalen, Mr. Van Loo

Golf: Jeremy Dreise

Our cross country runners are training throughout the week, and have already enjoyed meets in Kalispell, Montana and the Peace Hills Invitational in Camrose. Cross country runners are looking forward to more meets before their zone and provincial championships in the coming weeks.

Our JV girls, senior girls and boys volleyball teams have already had tournaments at U of A, Augustana, and RDP! There is lots more volleyball to come, including our home tournament on October 13-14 when we will be hosting 22 teams from around the province. Come on out and enjoy a great weekend of volleyball in the CACHS and LCHS gyms!

Fans and spectators are welcome and encouraged to come out and cheer on the CACHS Knights at all games and events. All competitions are posted on the school calendar located at the bottom of the school website homepage: www.cachs.ca.

Livestream: CACHS is now on YouTube! We have received and installed our livestream equipment, and we are ready to broadcast our first events on our YouTube channel @CACHSKnights. To make live streaming events possible at CACHS, we extend a big thank-you to our Calgary Flames fundraiser this past February, and to Werner Brouwer for all his work in ordering and setting up the new equipment!

Go! Knights! Go!



BUILDING COMMITTEE UPDATE

By Jenna VanderVeen

➤➤➤ MANY HOURS OF WORK THIS SUMMER

have resulted in some exciting new learning spaces in CACHS! The Building Committee would like to thank all those who put in extra hours and donated time and funds to renovate the kitchen and build the cosmetology classroom. A big thank you to Darrell Stang for all of his work on the completion of this project.

The kitchen has gained two new work station spaces and will be very usable for both Foods classes, and weekly Fry Friday groups.

The Art room has seen a major overhaul as it doubles as the Cosmetology classroom for Semester 1. Five hair sinks, five double-sided stations and reworked storage were added for our two cosmetology classes to use. The new cosmetology program is up and running with 29 students involved for the 2023-2024 school year. May these new spaces be areas of growth and learning!



RETREAT 2023

By Myla Trenchuk

➤➤➤ THIS YEAR'S RETREAT WAS A BLAST!

Pastor Peter Rockhold from the New Life Fellowship Church started the day with worship and it was off to Wide Games after! Competition was fierce, but the grade 12 class won with the final water challenge for a strong finish! Big thanks to Camp Rehoboth for hosting us and to the amazing staff and volunteers for organizing the retreat and helping us start the year off strong!



Scan the QR code to watch the Instagram reel from this event!



LACOMBE
SIGNMASTERS
SIGNS // GRAPHICS

 **TALSMAS**
PLUMBING & HEATING



LESHER
REAL ESTATE
LTD.

RE/MAX
real estate central alberta

Setting Your Memories In Stone

RAILSIDE
monument & stone design

403.352.6444
railsident@gmail.com
RR 1 Site 3 Box 11
Lacombe, AB T4L 2N1

Bernie & Teresa TenHove
Family Owned and Operated

WILSON'S
FUNERAL CHAPEL & CREMATORIUM

Family Focused. Remembering Those We Love




MARY KAY®
HILJE R. FEITSMA
Independent Sales Director

Box 4416
Ponoka, AB T4J 1R7
403-783-6000
403-783-0381
hfeitsma@xplornet.com
www.marykay.ca/hfeitsma




LACOMBE
DENTAL CLINIC



BDO

Daniel Luymes, CPA, CA
Partner
BDO Canada LLP
dluymes@bdo.ca
Direct: 403-786-1303
Mobile: 403-352-6079

Proud sponsor


5820B Highway 2A
Lacombe AB T4L 2G5
Canada
Tel: 403-782-3361
Fax: 403-782-3070
www.bdo.ca



Quality
GLASS ALBERTA

Automotive & Agricultural
Residential & Commercial Windows & Doors

For ALL Your Glass Needs

403-963 7840 QualityGlassAlberta.ca

Locally Owned & Operated
3906 66 Street
Ponoka



General
APPLIANCES

Est. 1972

6010 Highway 2A North Lacombe, AB T4L 2G5
Phone: 403-782-3735 Fax: 403-782-7011
www.generalappliances.ca



EDGE
MARKETING & DESIGN

edgemarketing.ca

OUTSIDE THE CLASSROOM

What's going on?

OUTDOORS CLUB

Our Outdoors Club is headed to Jasper National Park October 5-6. All students are welcome to join. We will be camping at Wapiti Campground, hiking Edith Cavell along with a couple other small hikes, and enjoying time at Miette Hot Springs. Other events this year will include a one day ski trip to Lake Louise in January, a multi-night backpacking hike in June, and maybe another trip or two depending on student interest. All students are welcome to join these outings.

EUROPE TRIP

All students are welcome to join our EF Tours trip to Rome and Athens during Spring Break from March 25 - April 2, 2024. Our trip includes guided tours of the Colosseum, Roman Forum, Trevi Fountain, Sistine Chapel, Roman Catacombs, Pompeii ruins, Olympic Stadium, Acropolis, Parthenon, and many other stops in between! At this time we have a great group of 35 travelers registered including students, parents, and staff! Registration for the trip will be open until December 1st. For more information please email Mr. Eggink (teggink@cachs.ca).

ALBERTA EDUCATION SURVEY

In this issue of Knights News you will find a letter from the Alberta Minister of Education Demetrios Nicolaides regarding social studies curriculum development. Please complete the survey when you have a few spare minutes. The survey can be found at: <https://www.alberta.ca/curriculum-have-your-say>

CACHS WEAR FALL ORDER

Please see the attached catalog to order your Fall CACHS wear. Catalog and order form have been emailed as well. Select clothing items and some sizes will be available to try on at the office until Thursday, September 28. All prices include GST. All you have to do is add your total as instructed on the order form. Forms of payment accepted are: cash, e-transfer to business@cachs.ca, debit and/or credit card. Payment is due when the order form is submitted. Please submit your orders by Thursday, September 28 by the end of the day.



Ciara and her family



STUDENT OF THE MONTH

By CACHS Teachers

>>> CIARA TENHOVE, GRADE 12

Ciara is a hardworking and pleasant student who has contributed greatly to the community of the school. Ciara works hard in her classes. She is a leader and encourager in all of the extracurricular activities she is involved in. Ciara has worked hard to be a strong leader in our praise and worship teams. She comes early to help set up, helps in running the group, leads our songs, and then helps with clean up. She has also been involved with the book club and the CACHS hockey team. She contributes positively and enthusiastically in and outside of class. We are pleased to feature her as the September student of the month!

OCTOBER EVENTS IN A GLANCE

October 5-6: Outdoors Club Hike - Jasper trip

October 6: No school - Staff Collaboration Day

October 9: No school - Thanksgiving Day

October 11: Cross Country Zone Championship at Riverbend, Red Deer

October 13: CACHS Invitational Volleyball Tournament at the CACHS Gym

October 19: No school - Teacher's Convention

October 27: Picture retakes

For a more detailed calendar of events, please go to our website and scroll to the bottom of the home page. <https://www.cachs.ca/>

Or scan the QR code below to be directed to our website:



If you have photos of any of our school events that you would like to share, please email them to developmentdirector@cachs.ca. Thank you!

PATIO GARDENS
 Annuals Perennials Vegetables Trees Shrubs
 Greenhouse/Garden Center
 403-782-0888 Box 5777
patiogardensltd@gmail.com Lacombe AB T4L 1X3
www.patiogardenslacombe.ca

Dunc's Septic Tank Services (2017) Ltd
 For Success, choose the best!
 Ruben Rodenburg
 Owner
 RR#3 Site 15 Box 9
 T4J 1R4
 403-783-3135. (For emergency call; 403-340-9240)
duncsseptic2017@gmail.com
www.duncsseptic90.wixsite.com/website

Royal Carpet Cleaning
 "Give Your Carpet the Royal Treatment"
 Carpet & Upholstery Truck Mounted Unit
 Residential & Commercial
 Flood Restoration
 24 Hr. Emergency Call
 Pete Walls
 403 588 0856 Red Deer
 403 350 9272 Lacombe
RoyalCarpetCleaning.ab.ca
 Box 5901
 Lacombe, AB T4L 1X4
 Serving Central Alberta for 38 Years
 New Management, Same Great Service

CLASSES AT A GLANCE

By Veronica Den Oudsetn

>>> A QUICK SUMMARY OF WHAT'S GOING IN EACH CLASS . . .

Math 10: This first period class is taught by Mrs. deBoon and Mrs. Beukema.

Science 10: There are two science classes in the second period taught by Mr. Reed and Mrs. Vanderveen.

Bible 10: There are two sections of this Old Testament class both taught by Mr. Vanloo.

Photography: Mr Reed teaches photography 3rd period to students from all grades.

Cosmetology: We welcome a new teacher Mrs. Haley Goedhart as she teaches grade 10 students in third period and grade 11/12 students in fourth period.

Psychology: Mr. Reed teaches this class during the 3rd period when he isn't teaching photography.

CALM: All of the grade 10 students take this class during the fourth period taught by Mr. Vanloo.

First Aid: Grade 10 students take a St. John's first aid course taught by Mrs. DenOudsten during fourth period.

PE 10: Mr. Eggink and Mrs. Beukema each has half the grade 10 students in this course focusing on physical activity.

Social 20: Mr. Vanloo teaches all of the grade 11 students first period.

English 20: Mrs. Mcleod teaches all of the grade 11 students second period.

PE 20/30: Mrs. Beukema teaches this class every 3rd period. Some students take it every day while others on alternate days.

Chem 20: Mrs. Deboon teaches this grade 11 class every fourth period.

Foods 20: A class with Mrs. McLeod for those feeling snacky!

Woodshop: Mr. Stang spends the afternoon in the woodshop with two separate classes every Tuesday and Thursday.

English 30: Mrs. Mcleod teaches half of the grade 12's first period.

Social 30: Mr. Eggink teaches the other of the grade 12's first period.

Math 30-1, 30-3: Mrs. deBoon teaches the grade 12's second period.

Math 30-2: Mrs. Beukema has the -2 math stream second period.

Chem 30: Mrs. Vanderveen teaches this grade 12 class 3rd period.

Science 30: Mrs. Mcleod teaches this grade 12 class 4th period.

Physics 30: Mr. Reed teaches this grade 12 class 4th period.

**Building
Blocks**
THRIFT STORE

QUALITY PRE-OWNED ITEMS:
CLOTHING & FOOTWEAR
FURNITURE & HOUSEHOLD
SPORTING GOODS
BOOKS & TOYS
SEASONAL

5111 - 50 Ave, Lacombe
Tuesday - Friday 9:30am - 5pm
Saturday 11am - 4pm
Closed Sundays, Mondays &
Saturdays of long weekends

403.782.9511 Volunteers Welcome!

To donate items, please drop off inside the back door during store hours

Joni's Collection
Specialized in Children's Clothing
from Infant to Age 10
joniscollectiononline.com

COMMUNITY NEWS

What's going on?

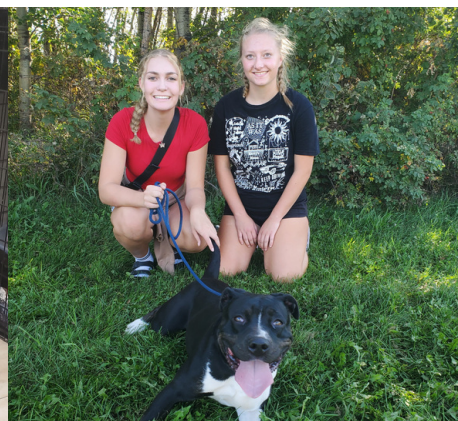
>>> CACHS CATERING

Over the years CACHS Catering has provided Central Alberta with excellent catered meals for both small and large events. The dedicated group of volunteers raised funds for various improvements focusing on CACHS students and their learning experiences. If you have an event that needs catering and would like to support our school, please book HT Catering by calling 403.963.2107 and ask about the possibility of making your event a CACHS Catering event.

HT Catering has partnered with CACHS Catering to support our school moving forward. CACHS Catering volunteer coordinator, Lance Goedhart, will assemble a team of volunteer servers and dishwashers and HT Catering will do the rest! Events will be booked at regular HT Catering prices, but profits from these "CACHS Catering" events will then support the school. If you are interested in joining our volunteer list please contact Lance at 403.963.0553.

>>> VOLUNTEERING FOR PAWS AND CLAWS

On Friday, September 15th the senior girls volleyball team volunteered to cuddle rescue cats and walk shelter dogs for Paws and Claws Animal Rescue. The local animal rescue, Paws and Claws, is a group of dedicated animal lovers working to improve animal welfare in Alberta. They work with owners and citizens to rescue dogs and cats in need of care, rehabilitation and a second chance at life. Many of the rescue animals can be found living in foster homes throughout Central Alberta but others stay in the shelter, which is located at Klassic Kennels in Red Deer County. The girls really enjoyed giving back to the community by volunteering their time at the rescue and would like to encourage everyone to find volunteer opportunities that they are passionate about.





ALBERTA
EDUCATION

*Office of the Minister
MLA, Calgary - Bow*

September 18, 2023

Letter to parents – Resuming engagement on draft Social Studies curriculum

Dear Alberta parents and guardians:

Alberta's government heard clearly from Albertans that the province needs a strengthened approach for developing and engaging on curriculum, particularly Social Studies. I am pleased to share that we are returning to Albertans with an open, transparent and collaborative engagement process that reflects what we have heard. Feedback received from Albertans and education partners during previous engagement on draft K-6 Social Studies curriculum indicated common areas for improvement, including volume of content and learning progression, developmental appropriateness, pluralism, diversity and inclusion, local and Alberta context, current events and First Nations, Métis and Inuit perspectives.

Using Albertans' valuable feedback, Alberta Education will be re-drafting the K-6 Social Studies curriculum to ensure content builds students' critical thinking and communication skills, enhances Indigenous and francophone perspectives and is age and developmentally appropriate. To inform the re-drafting process, the ministry is resuming engagement with Albertans, through a comprehensive and phased approach.

Phase one – Preliminary engagement

As part of the first engagement phase, we are gathering information about what Albertans, including parents, would like students to learn in Alberta's Social Studies curriculum through a survey and discussion guide on [Alberta.ca](https://alberta.ca).

We have provided a discussion guide that can be used as a tool to facilitate conversations within your community and to help you organize your feedback before completing the survey. The survey will remain open until October 16, 2023, and I encourage you to share it within your networks.

Phase two – Targeted engagement

Starting this fall, Alberta Education will meet with diverse education partners, teachers, multicultural organizations, Indigenous and francophone communities and other education specialists to inform development of the scope and sequence of K-12 Social Studies curriculum and content of draft K-6 Social Studies curriculum.

.../2

Feedback from phase one and two of the engagement process will be used to inform the draft K-6 Social Studies curriculum before it is released for further engagement in phase three.

Phase three – Public engagement

In winter 2024, Albertans, including parents, will have the opportunity to provide feedback on key learnings within K-12 Social Studies curriculum and view the draft K-6 Social Studies curriculum to provide additional feedback. I look forward to sharing more information in early 2024 about how you can participate in this process.

Collaborating with education partners and Albertans at each stage of the engagement process will ensure their valuable knowledge and perspectives are considered at the right time. This targeted approach will allow government to hear from a diverse range of stakeholders and to leverage their areas of expertise and responsibilities for curriculum development and implementation.

Once again, I encourage everyone to visit [Alberta.ca](https://alberta.ca) to view the discussion guide and complete the survey by October 16, 2023.

Parents have an important role to play in curriculum development, along with diverse education partners, teachers, multicultural organizations, Indigenous and francophone communities, and other education specialists. I am confident that together, we will build an inclusive, diverse and comprehensive curriculum that sets up our students for lifelong learning and success.

Best,

A handwritten signature in black ink, appearing to read "Demetrios Nicolaides". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Demetrios Nicolaides ECA PhD
Minister of Education