

>>> CENTRAL ALBERTA CHRISTIAN HIGH SCHOOL <<<

KNIGHTS NEWS

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12



MEET YOUR CACHS STUDENT COUNCIL!

BR (L-R): Chris Wildeboer, Dian Haan, Nik Tenbrinke, Isaiah Niemeijer, Julie Tolsma
FR (L-R): Dean Ruter, Ellen Roseboom, Kaylee Zandberg, Nathalie Devet, Raegan Folkerts

IN THIS ISSUE

News, news, and more news!



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Vice-principal: Jenna VanderVeen
Administrative Assistant: Cassandra Krause
Business Administrator: Dorien VanderKooi
Development Director: Myla Trenchuk

CONTACT US

We are here for you!

PRINCIPAL'S PONDERINGS

By Travis Eggink

➤➤➤ OVER THE PAST FEW WEEKS THE WORLD HAS WATCHED

simmering tensions between Hamas and Israel erupt in a brutal terrorist attack on Israel, and the resulting Israeli siege and bombardment of the Gazan people. The world is seemingly holding its collective breath as we wait for what comes next, with the fear of a regional conflict drawing in much larger powers -- namely the USA, Iran and other Arab states.

Speaking this past week in Jerusalem, Philippe Lazzarini, the commissioner-general of UN relief agency UNRWA, said, "I have sometimes the impression that the world is now losing its humanity". Who can blame Mr. Lazzarini for making such a comment when faced with the crisis of the Palestinian and Israeli people? When we consider these horrific events in Israel along with other conflict-ridden populations, we too can feel overcome with helplessness: Sudanese since 1956, Somalis since 1981, Syrians since 2013, Yemenis since 2014, Ukrainians since 2014, and Uyghurs in China since 2014.

Have we become numb to these news headlines? Do Christians tend to gloss over current events like these by reciting Bible verses such as Matthew 24, when Jesus responds to His disciples about

the end times "wars and rumours of wars... such things must happen ... nation will rise against nation" (vs. 6-7)? I wonder if we stop short when remembering Jesus' response to his disciples, and we forget to continue reading through verses 12-14 in which Jesus says, "Because of the increase of wickedness, the love of most will grow cold, but the one who stands firm to the end will be saved. And this gospel of the kingdom will be preached in the whole world as a testimony to all nations, and then the end will come." I wonder if we are drawn into the Devil's lies and allow our love to grow cold when we scroll up to the next news story because we are tired of reading about the plight of displaced and war ravaged peoples?

Do we stop to pray for these people? Do we mourn for our fellow humans living in such desperate conditions? Do we recognize our human depravity that levels us all before our Maker? Are we bringing the Gospel of Jesus to the whole world because others need it as much as we do?

I wonder if Mr. Lazzarini believes that humanity can solve these earthly problems, or if his statement of helplessness is an unknowing cry for the only Gospel that will bring an end to these great troubles? As we live through the "beginning of birth pains" (vs. 8), Jesus clearly gives His followers work to do that will truly bring an end to all human suffering.



CACHS KNIGHTS ATHLETICS

By Travis Eggink

➤➤➤ OUR CACHS KNIGHTS ATHLETIC SEASON IS HUMMING ALONG



Girls Volleyball team after their home tournament win!

with student-athletes currently participating in volleyball, hockey, and basketball getting started in November.

Our cross country runners finished up their season with some injuries, and strong finishes. After a fourth place finish at the CASAA Zone Championships, Anthony Vande Glind finished 42nd at ASAA provincial championships in Trochu with an excellent race! A big thank you goes to Roger VanHaren for head coaching this group of student athletes, and to Adrian Schermers for helping through the season as well.

Our JV girls have enjoyed a great season with tournaments at RDP, Camrose Comp., CACHS, and St. Augustine. Thank you to Kayla Ingwersen, Taylor Salomons, and Torey Tenbrinke for all your work coaching our JV girls!

Our senior girls and boys volleyball teams are in the middle of their seasons and are now eyeing their zone and potential provincial championships. A highlight of the season was our home tournament Oct. 13-14 when we hosted teams from all over Alberta in our gym and Lacombe Composite High School gym.

Our hockey season is just getting started with our first practices in October and looking forward to our regular season games getting underway in the next week or so. We have about twenty student-athletes in our hockey program and we are looking forward to a competitive season under coaches Henry Thalen, Mr. Van Loo, and Craig Haan!

Fans and spectators are welcome and encouraged to come out and cheer on the CACHS Knights at all games and events. All competitions are posted on the school calendar located at the bottom of the school website homepage, www.cachs.ca.

Livestream: CACHS is now on YouTube! We have tested our livestream equipment and we are now broadcasting athletic events in our gym on our YouTube channel @CACHSKnights.

Go! Knights! Go!



Girls Junior Varsity Team



Boys Volleyball team after the home tournament win!
<-- Scan QR code to access the YouTube Channel!



Parent Info Night

BOARD OF DIRECTORS

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Mr. Paul Linker
Education Committee

Mr. Rick Wildeboer
Maintenance

Mrs. Becky Kooiker
Development

Mr. Steve TenHove
Finance

BOARD NOTES

By Andrea Thalen, Board Secretary

➤➤➤ THIS TIME OF THE YEAR BRINGS WITH IT

the start of our annual CACHS Fall Drive (info attached to newsletter). The funds raised will be used to help with operating expense and debt reduction. Please prayerfully consider how you can financially support CACHS and help us to continue providing quality Christian education to all of our students.

Thank-you to the Development Committee along with the staff members who put on a parent information evening on September 21st. The goal of the evening was to inform and educate parents of current and future CACHS students on the use of PowerSchool, graduation requirements, post-secondary requirements, course selection, athletics, and extracurricular activities offered at CACHS. Various staff members spoke on each of the topics. The evening was valuable and informative and we encourage all current and future parents who haven't already attended, to check out this annual event next year!

Our next Board meeting will be on Monday, November 27th. If you have any questions or concerns please contact a board member or email me at secretary@cachs.ca

Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain. 1 Cor. 15:28

MONEY MATTERS

By Dorien Vanderkooi, Business Administrator

➤➤➤ SHARE SOME SHARES, SAVE SOME TAXES

Have you ever considered donating shares, mutual fund units, or stocks to CACHS in 2023? You will make a greater impact because you will see considerable tax savings and the charity will see a larger gift at no extra cost to you!

For some donors, 2024 will see some changes that could impact how much they save on taxes and these donors should consult their financial advisors to discuss donating before the end of 2023 - ahead of these rule changes.

You are invited to contact Kevin teBrake at the Christian School Foundation. His e-mail is ktebrake@christianschoolfoundation.ca. He can answer any questions you might have.

Consider if you should share some shares with your favourite charity and save some taxes when you do!

Bless your school with a larger gift

When you donate stocks or shares!

You will eliminate the capital gains tax, receive a full donation receipt, and even better, have a greater influence on our culture in the name of Christ!

Contact Kevin to get started!
ktebrake@christianschoolfoundation.ca

 Christian School Foundation



GRADE 10 HIKE

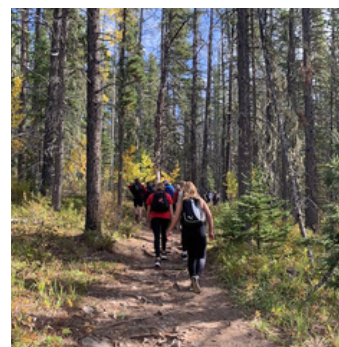
By Miranda Buekema

➤➤➤ ON WEDNESDAY SEPTEMBER 27

a group of 41 enthusiastic grade 10 students, accompanied by five staff members, embarked on a hiking expedition up Coliseum mountain in Nordegg. The weather could not have been more ideal with blue skies, fall colors and warm sunshine.

We arrived at 11am and began our ascent. As we ascended, the physical exertion was met with determination and high spirits. The journey was not just about reaching the summit but also about the laughter, inside jokes, and deep conversations along the trail.

The group's energy and enthusiasm was contagious, propelling everyone forward. When we finally reached the summit, the fatigue and exertion melted away and was replaced by an overwhelming feeling of triumph and satisfaction! The world unfolded before us, an expansive canvas of valleys and peaks. We stood in awe, humbled by the grandeur of nature, and marveled at the wonder of God's creation, which was on full display in the breathtaking views that surrounded us.



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CLASS OF 2024 NEWS

By Jenna Vander Veen

➤➤➤ OUR GOAL IS TO RAISE \$5000!

Thanks also to all those who supported the concession fundraiser at our CACHS Invitational Volleyball Tournament! As the Grade 12's head into our final year at CACHS, we have a lot to look forward to and we have started making plans for graduation trip, ceremony, and banquet.

If Grade 12s or parents of Grade 12 students have any questions, feel free to talk to any of the members of the Graduation Committee: Isabelle Prins, Dasha Ulianova, Christopher Wildeboer, Raegan Folkerts, and Brooklyn Zandberg. The parent representative is Kim Haan and staff representatives are Cassandra Krause and Jenna Vander Veen.

The Graduation Committee would like to remind our supporters of our current fundraiser below:
First - you can get your chocolate fix from the Purdy's Chocolatier!

**GET YOUR CHOCOLATE FIX
AND SUPPORT US! WIN WIN!**



Here is how you can help us in 3 steps:

1. Go to our fundraising website:

<https://fundraising.purdys.com/1016033-108516>

2 Click "Join Campaign" - our campaign number is 49334

3. Shop, shop, shop away!

Please put in the comment box if you are supporting a specific graduate to give them credit. **Chocolate orders due Nov. 19.**

If you can't buy chocolates from us, it would mean the world to us if you could share the fundraiser link to everyone you know!

Happy chocolating!

Another way you can support us is through the Growing Smiles Campaign! Order a plant or decor piece to bring some Christmas spirit into your home, office, or give it as a gift!

Here is how you can order:

Place your order online at our link:

<https://cachs.growingsmilesfundraising.com/home>

Or connect with a grade 12 student to make a paper order.

Ordering deadline is Thursday, November 16.

Pick up date will be on Wednesday, December 6 from 9am - 5pm at the CACHS office.

THANK YOU for your support! We appreciate you!





ALUMNI NEWS

What's going on?

>>> ALUMNI SPOTLIGHT: SAY HELLO TO MARK!

What is your full name? Mark DeWit

What year did you graduate from CACHS? 2017

How many years did you attend CACHS? 3 years

What is a core memory you have about CACHS? Playing on the volleyball teams. As a small high school, it was always fun to beat the bigger schools and keep the CACHS volleyball legacy going.

What is your biggest takeaway in values, beliefs and morals from CACHS that you feel has guided you or been a foundation piece in your life after high school? One of my bigger takeaways from attending CACHS is the importance of believing in and supporting others. This was evident from my time there as teachers and staff really cared about and supported me both in the classroom and the other things going on in my life.

If you had to go back and do your high school experience all over again, what would you change and why? If I were to go back, the biggest thing I would change is my mindset. At the time I didn't know what I wanted to do after high school, and it worried me. I wish I would have been more ok with the uncertainty and focus more on what I could do in the present moment.

Where did you go after high school and where do you live now? After high school, I attended Red Deer College for 3 years and then moved to Calgary for 2 to finish my degree in Bachelor of Business Administration at Mount Royal University. During this time, I had the opportunity to play on the volleyball teams for both schools. After graduating I explored Vancouver for a year before returning to Lacombe a few months ago.

What career path did you take and where are you working right now? The career path I took with in the digital marketing field. I now work for EDGE Marketing & Design where I'm a digital marketing specialist.

What is the best part about your job or the work you are doing? My favourite part about my job is being able to solve problems for clients to make their business more visible online and efficient.

If you could give advice to your high school self, what would it be? I would say there's a lot more to life than high school. I remember feeling so old and mature when I was 18 years old when in reality, I had a lot of growing up to do. You don't realize how young you are until you get into your twenties.

Anything else you want to share? I'd just like to say that I'm honoured to be in the newsletter. I enjoyed my years at CACHS and hope current students dream big and enjoy their high school years.

CACHS ALUMNI VOLLEYBALL TOURNAMENT

This year's Alumni Volleyball Tournament will be held December 22 and 23. If you have any questions or have a team to enter, please text Colleen VanderSchee at 403-302-2659.





Photos by Stace Collette

OUTSIDE THE CLASSROOM

What's going on?

>>> OUTDOORS CLUB

Our Outdoors Club had 39 students enjoy a wonderful trip to Jasper National Park October 5-6. We camped at Wapiti Campground, hiked Opal Hills and Sulphur Skyline Loop, and finished by soaking in the mountains from the comforts of Miette Hot Springs. Our next Outdoors Club adventure will be our annual Lake Louise ski trip during our January 31st semester break. All students are welcome to join Outdoors Club outings.



>>> EUROPE TRIP

Last call for students wanting to join our group of 40 Europe trippers this coming Spring Break! All students and parents are welcome to join our EF Tours trip to Rome and Athens from March 25 - April 2, 2024. Our trip includes guided tours of the Colosseum, Roman Forum, Trevi Fountain, Sistine Chapel, Roman Catacombs, Pompeii ruins, Olympic Stadium, Acropolis, Parthenon, and many other stops in between! Registration for the trip will be open until December 1st. For more information please email Mr. Eggink (teggink@cachs.ca).

For those attending the trip, please check your account with EF to stay on top of submitting your passport, payments and other important information by the given deadlines. *Remember that your passport needs to expire later than six months after our return date, so after Oct. 2, 2024.*

>>> INTERNET SAFETY

For the past few years, Dave Lahucik – a former CACHS parent, former Calgary police officer, and current Lacombe County peace officer – has come in and talked to our students about drinking and driving, substance abuse and other important topics. We plan to have Mr. Lahucik at CACHS again this year during an upcoming assembly.

Mr. Lahucik has recommended the RCMP Online Safety Presentation at Eckville Junior/Senior High School on Nov. 2nd at 7pm by Sgt. Shima. He is a great speaker and expert in the area of Internet Safety. For more information on internet safety follow this link to some free on-line resources: <https://protectchildren.ca/en/order/products/free-resources/>

STUDENT OF THE MONTH

By CACHS Teachers

>>> JASMINE SAW, GRADE 12

Congratulations to Jasmine Saw for being the October student of the month! Jasmine is a thoughtful and caring student who is always willing to help out.

She has been a great addition to the Fry Friday team. From helping to set up, serving and the cleanup. Jasmine cares for her community both inside and outside the school. She is a loyal friend and just an overall conscientious person.

Jasmine is a blessing to our school and our community! Congratulations again, Jasmine, on a much deserved recognition!



NOVEMBER EVENTS IN A GLANCE

November 3: Mid-Semester report cards go out

November 9: Parent-teacher Interviews (PTI) after school

November 10: No school - > PTI in the morning

November 13: No school

November 15: Post-secondary Event (pm)

November 24: No school - staff collaboration

November 27: CACHS Board Meeting

For a more detailed calendar of events, please go to our website and scroll to the bottom of the home page. <https://www.cachs.ca/>

Or scan the QR code below to be directed to our website:



If you have photos of any of our school events that you would like to share, please email them to developmentdirector@cachs.ca. Thank you!

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CLASSES AT A GLANCE

By Veronica Den Oudsetn

>>> A QUICK SUMMARY OF WHAT'S GOING IN EACH CLASS . . .

Math 10C: Factors and products.

Science 10: Getting ready to start biology.

Bible 10: What were we made for.

Photography: Trying to take creative pictures.

Cosmetology: Twists are hard, braids are better.

Psychology: Thinking creatively and critically.

CALM: So you want a job.

First Aid: Half of the grade 10's are finishing up Intermediate first aid CPR level C.

PE 10: Starting net sports like badminton and pickleball.

Social 20: This is a classic(al).

English 20: Poets and didn't know it.

PE 20/30: Finishing basketball and moving into the water.

Chem 20: Gasses which includes eggs and pop cans.

Foods 20: Cakes and pastries. We are rolling.

Woodshop: Shelves, doghouses and benches.

English 30: Storytime.

Social 30: Totalitarianism. How to dominate the human psyche.

Math 30-1: Things are going to get exponentially more interesting.

Math 30-3: Probability.

Math 30-2: Things are going to get exponentially more interesting.

Chem 30: It's all a chemical reaction.

Science 30: Chemistry with our group of merry men.

Physics 30: We are sticking together with magnets. We like left hands.

IN OTHER ACADEMIC NEWS . . .

On the afternoon of Wednesday, November 15, we will be welcoming representatives from the following post secondary institutions:

Prairie Bible College
Trinity Western University
Kings University
Burman University
Ambrose University
Redeemer University
Tyndale University
Red Deer Polytechnic
Olds College
Vanguard College
Pacific Life Bible College
Booth College
Providence University



All students will be attending sessions throughout the afternoon.

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COMMUNITY NEWS

What's going on?

>>> CACHS CATERING OPPORTUNITIES TO SERVE!

CACHS Catering is off and running and we need people to step up to this great fundraising opportunity for our school! CACHS Catering is a group of volunteers that partner with HT Catering to provide high quality meals and service for large events. Proceeds from these events are given to CACHS to enhance programming for students. If you would like to help out please contact Lance Goedhart by call or text at 403-963-0553 ASAP.

The next couple catering events with CACHS Catering are as follows:

- November 17 (wedding in Devon) 4pm - 10:30pm
 - Need 7 volunteers (only serving)
- November 18 from 10am-2pm.
 - Need 5 volunteers (dishes crew)
- November 24 for Building Blocks 20th Anniversary from 5pm-10pm
 - Need 4 volunteers.

Thank you to those who over the many years have helped CACHS Catering in support of independent Christian Secondary Education in Central Alberta!

>>> COULD THIS BE YOU OR SOMEONE YOU KNOW?

CACHS is looking for substitute teachers! Interested teachers are encouraged to email Travis Eggink (teggink@cachs.ca) to get on our list. Teachers must hold a valid Alberta teaching certificate and be supporters of Christian education.

>>> POWERSCHOOL PORTAL

Did you know both parents and students have access to PowerSchool? There is a host of information in the portal including current course/assignment marks, teacher comments and email contact, student schedules, important school details updated weekly and more! Did you also know you already have an account set up? It is available both web based and an app for all mobile devices. If you need help logging in for the first time or the tenth time contact Cassandra at office@cachs.ca or come see her at the CACHS office. Download the app or save this link to portal: <https://cach.powerschool.com/public/home.html>

>>> CALLING ALL PHOTOGRAPHERS!

Students and parents, we are talking to you!!! The Yearbook Team is always looking for pictures of events involving our CACHS students. If you have any photos of sports events, team photos, field trips, or any pictures of the day-to-day happenings at CACHS, please send them to Mrs. Vander Veen at jvanderveen@cachs.ca.

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Fall Drive 2023

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SCHOOL HIGHLIGHTS

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Equipping Students for Service in God's Kingdom



Your donation will go towards operating expenses and debt reduction.

Fall Drive Goal

\$200,000

Rising to His Challenge 1 Timothy 4:12

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CACHS contact person:
Cassandra Krause
403.782.4535
business@cachs.ca

Please prayerfully consider how you can financially support our school! We thank you in advance for your support!



To donate online please visit www.cachs.ca and click DONATE.
Your donation will go towards operating expenses and debt reduction.
Donations received by December 31, 2023 will receive a 2023 Charity Receipt.

Name: _____

Address: _____

Phone: _____

Amount: _____

Please cut and send stub with your cash or cheque donation.

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Pls add note: Fall Drive

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