

»»» CENTRAL ALBERTA CHRISTIAN HIGH SCHOOL <<<

KNIGHTS NEWS

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12



BOYS HOCKEY TEAM AT THE 2024 INAUGURAL CACHS HOCKEY TOURNAMENT

IN THIS ISSUE

News, news, and more news!



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Swing into Spring



Central Alberta Christian High School
22 Eagle Road | Lacombe, AB | T4L 1G7
E: office@cachs.ca P: 403-782-4535

Principal: Travis Eggink
Vice-principal: Jenna VanderVeen
Administrative Assistant: Cassandra Krause
Business Administrator: Dorien VanderKooi
Development Director: Myla Trenchuk

CONTACT US

We are here for you!

PRINCIPAL'S PONDERINGS

By Travis Eggink

»»» IN FEBRUARY, I WAS BLESSED TO

join twenty other Christian education leaders (mostly newer principals) from across North America for the Christian Schools International (CSI) three day intensive Principal Development Institute (PDI) in Phoenix.

CACHS has long been a member of CSI, and we have reaped the great benefits of partnering with the global movement of Christian education via PDI, the CSI/Calvin University Van Lunen Program, the CSI high school Bible curriculum, and other CSI professional development opportunities. At times in Central Alberta we can feel lonely in working out Reformed Christian education in independent schools. However, membership with CSI, and partnerships with other CSI schools, should remind us of the great efforts communities are making to work out Jesus' redemptive love all over the globe. Members of my PDI cohort came from Wisconsin, Michigan, California, Ontario, Florida, Alberta, Indiana and Indonesia.


All of the schools represented at PDI were established by Christian Reformed communities wanting parent-governed schools run by a principal employing non-unionized teachers. At PDI, I made an Indonesian friend who works as a principal at Sekolah Pelita Harapan (SPH junior school) in Kemang Village, Jakarta. SPH is a Christian school network that has the audacious goal of building 1000 Christian schools across Muslim dominated Indonesia, and they are well on their way to achieving their goal!

Currently, SPH has a total of 45,000 expatriate and Indonesian K-12 students in their city and remote village schools. These students in Indonesia are learning the IB curriculum through the eyes of Christian faith – praise God! Our Lord has been faithful to Christian education, and He is continuing to work through Christian communities around the globe that are committed to disciplining the next generation of believers.

CHRISTIAN SCHOOLS INTERNATIONAL

Our Mission

As a leader in Christian education services, our mission is to support schools in their task of teaching students to know God and his world, and to glorify him through service to others.

Going to Phoenix and meeting wonderful Christian educators was a humbling and invigorating experience for me. I would like to pass encouragement on to each of you for your role in continuing secondary Christian education in our small slice of the world. Be blessed. 

CACHS KNIGHTS ATHLETICS

➤➤➤ FEBRUARY/MARCH HIGHLIGHTS

In February our girls had very good tournaments in Hanna and Stettler. Our girls team finished their season undefeated in league play, and won our 2A Girls Central Zone championship by beating OLMP (Camrose) in a tight final game. The girls team went to the 2A girls provincial championships hosted by Immanuel Christian School in Lethbridge as the ninth seed, and finished the tournament by winning the ninth place game. Thank you to our coaches Aaron and Ashley DenOudsten, along with teacher liaisons Mr. Reed and Mrs. McLeod for coordinating and supporting the team.



Provincials Team Photo by Marley Rae Photography
[Click here to download photos](#)

With Mrs. DenOudsten coaching, our boys competed well in the 2A Boys Central Zone championship hosted by Ponoka Secondary School. At the championships the boys lost by seven to the eventual zone champion Tofield. In February our boys also had great tournaments in Hanna and Stettler. A big thank you for their time and talents goes to Mrs. DenOudsten and her coaching staff of Dasha Ulianova (team manager) and the assistant coaches Ben Ford, Jon Bell, Matt Weenink, and Shelby Goedhart.

Handball practices have just begun, and it looks like we will have lots of players for both a boys and girls team. The central Alberta handball league starts in April and the provincial championships are May 10-11 at Oilfields High School in Diamond Valley. Our home tournament will be April 12-13, and be hosted in the LCHS and CACHS gyms. Our handball coaching staff this year is Morgan De Boon, Eric Talsma, Geran Christiansen, David Nielson, Mrs. De Boon and Mrs. Baltzer. We are looking forward to another great season of handball.




The girls in action at the Provincial Championships - Photos by Marley Rae Photography

CACHS KNIGHTS ATHLETICS

>>> JANUARY HIGHLIGHTS CONTINUED FROM PAGE 3

Our hockey team has also wrapped up a great season in March. The inaugural CACHS Invitational Hockey Tournament on March 15-16 at the Blackfalds Arena was a success! The top five ranked teams from the Central Alberta Rec Hockey teams that participated were from Alix, Lacombe (CACHS Knights), Stettler, Rimbey, and Winfield. A Junior Knights team with grade 8/9 students from Ponoka Christian School and Lacombe Christian School also participated. Rimbey Falcons came in first, Juniors Knights second, and CACHS Knights third.

Big thanks to Mike Wood who generously rounded up refs for each game ensuring the officiating happened! We appreciate the parents, grandparents, and friends who showed up to support both the CACHS Knights and Junior Knights team. Thank you to Craig Haan, Shelley Boston and Travis Eggink who organized the tournament!

Our hockey team was blessed with the time and talents of coaches Henry Thalen, Craig Haan and Mr. Van Loo. We look forward to hockey again next year! 



Hockey photos credit: Becky Kooiker



Fans and spectators are welcome and encouraged to come out and cheer on the CACHS Knights at all games and events. All competitions are posted on the school calendar located at the bottom of the school website homepage - www.cachs.ca.

Livestream: CACHS is now on YouTube! We have tested our livestream equipment and we are now broadcasting athletic events in our gym on our YouTube channel @CACHSKnights.

Go! Knights! Go!

Scan QR code to access the YouTube Channel!



BOARD NOTES

By Andrea Thalen, Board Secretary

>>> WE ARE SO THANKFUL TO ALL

who came out to or supported our annual “Swing into Spring” Fundraising Dinner on Thursday, March 7! Thanks to the Development Committee for working hard to organize the evening as well as to the many volunteers, sponsors, donors and attendees who made this evening such a success. Also thank you to HT Catering for the delicious dinner that was enjoyed by all. It was such a blessing to get together with our school community and be able to raise enough funds to go forward with the renovations for the science lab and the main washrooms. We are looking forward to these updated spaces which will be completed for next school year!

Some items the Board would like to bring to your attention:

- The Board has written a letter to Premier Danielle Smith to thank her for the announcement she recently made to implement policies to protect parental rights in Alberta. We would encourage individuals/families within our society to write personal thank you letters as well. Email addresses to send letters: premier@gov.ab.ca, education.minister@gov.ab.ca.
- A transportation reimbursement from the Alberta government has been offered to all those CACHS families who applied for the grant in the fall of 2023. A letter will be going out to all the families receiving this grant with more detailed information. Funds will be distributed in June 2024.
- Option classes: With the increasing number of students attending CACHS, welding classes are in high demand. CACHS will be offering more periods of welding for the 2024-2025 school year. We are so thankful for all the volunteers that help regularly in our shop classes so we can provide this programming to our students!
- The Board is in the process of finding potential board members who are committed to the vision and mission of the school. Please prayerfully consider using your gifts to serve at CACHS.
- PCCE will be conducting a formal Principal Review in April. As part of this process surveys have been sent out to parents, students, and staff. Please take the time to complete these surveys carefully as they are used in creating a report reflecting the current leadership of our school. This is helpful for encouragement and growth for Travis Eggink as he continues in his role as Principal at CACHS.
- **SAVE THE DATE:** Our Society meeting is scheduled for Monday, May 6 at 7:30pm. A package will be sent out 2 weeks prior to the meeting which will include the proposed budget, bios of board nominees to be voted on, and reports from the principal and all CACHS committees.

BOARD OF DIRECTORS

Mrs. Cindy Ekkel
Board Chair

Mrs. Kim Haan
Vice Chair/Education Committee

Mrs. Andrea Thalen
Secretary

Mrs. Annette Roseboom
Treasurer/Finance Committee

Mr. Paul Linker
Education Committee

Mr. Rick Wildeboer
Maintenance

Mrs. Becky Kooiker
Development


Mr. Steve TenHove
Finance

BOARD NOTES

What's going on?

>>> CONTINUED FROM PAGE 5

Our next Board meeting is April 15, 2024. If you have any questions or concerns, feel free to speak to any board member or email me at secretary@cachs.ca.

We pray that you may all have a wonderful and relaxing spring break! We pray that all the students, staff and chaperones going to Europe over spring break will be blessed as they spend time exploring and learning about a different part of the world. 

"Give praise to the Lord,
proclaim his name; make
known among the nations
what he has done, and
proclaim that his name is
exalted." Isaiah 12:4


COMMUNITY NEWS

What's going on?

>>> DID YOU KNOW?

Not only does CACHS Catering partner with HT Catering to provide high quality meals and service for community events, but they also can cater YOUR event! Proceeds from these events are given to CACHS to enhance programming for students.

CACHS Catering need people to step up to this great fundraising opportunity for our school! If you would like to help out, please contact Lance Goedhart at 403-963-0553 or sign up online at <https://volunteersignup.org/JAD89>.

Thank you to those who over the many years have helped CACHS Catering in support of independent Christian Secondary Education in Central Alberta! 



**Building
Blocks**
THRIFT STORE

403.782.9511 Volunteers Welcome!

QUALITY PRE-OWNED ITEMS:
CLOTHING & FOOTWEAR
FURNITURE & HOUSEHOLD
SPORTING GOODS
BOOKS & TOYS
SEASONAL

To donate items, please drop off inside the back door during store hours

5111 - 50 Ave, Lacombe
Tuesday - Friday 9:30am - 5pm
Saturday 11am - 4pm
Closed Sundays, Mondays &
Saturdays of long weekends



TALSMA'S
PLUMBING & HEATING

OUTSIDE THE CLASSROOM

What's going on?

»»» KINGS UNIVERSITY VISIT

On Monday February 26th Mrs. DenOudsten and Mr. Eggink went to The Kings' University (TKU) in Edmonton to discuss Christian education in Alberta and engaged in positive discussions aimed at mutual betterment. Photo from left to right: Ralph Troschke (TKU Vice President Finance & Operations) Mrs. DenOudsten, Mr. Eggink, Dr. Kristopher Ooms (TKU Vice President Academic), Dr. Melanie Humphreys (TKU President), and Shannon Tuininga (TKU Vice President of Institutional Advancement).



»»» GRADE 10 REGISTRATION EVENING

On March 14th we hosted our annual grade 10 registration evening. During the evening, current grade 9 students and their parents/guardians learned more about CACHS and registered for grade 10 courses starting in September. So far we have 37 grade 10s registered for next year! If anyone is still interested in registering at CACHS, please contact the office as soon as possible for assistance.

»»» GRADUATION INFO

The Graduation Committee is busy getting ready to celebrate the achievements of our Grade 12 students. We've just finished our final fundraiser- from Sixth on the Block. The class sold over \$6100 in products. Top fundraiser was Brooklyn Zandberg. Thanks for your support!

Grads are looking forward to a couple days of fun and fellowship in the mountains on the grad trip, planned for May 22-24 near Bragg Creek.

All are welcome to attend the graduation ceremony held on Friday, June 21, 2024 at 2:30pm at Impact Life Church (20 Kelloway Crescent, Red Deer).




STUDENT OF THE MONTH

By CACHS Teachers

>>> FEBRUARY: EPHRAIM ROSEBOOM, GR. 12


We are happy to celebrate Ephraim as our student of the month for the month of February. He is a positive student, always willing to approach his learning with a real desire to learn and grow.

As a graduating student this year, he has grown to become a real leader in the school community, taking an active role in welcoming grade 8 and 9 students at a recent school activity, as well as being consistently involved in many aspects of the school life. He can often be found supporting our CACHS teams at games and tournaments, competing as an athlete on the CACHS hockey team, and challenging himself with his academics. Congratulations Ephraim! You are a blessing to our school community. 



>>> MARCH: MARKUS VANDERSCHEER, GR. 12

Markus VanderScheer is the student of the month for March. As the captain of the boys basketball team he demonstrated great sportsmanship and an exceptional work ethic.

Markus is willing to step up and help wherever necessary. He shows good leadership in the ways he positively encourages and helps fellow classmates and teammates. Markus is working hard in the classroom and in his work placement. We wish Markus all the best as he looks forward to his graduation in June. 

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Fax: 403-782-3070
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APRIL EVENTS AT A GLANCE

March 23-April 2: Spring Break

April 3: Back to School

April 3-5: Grad photo sessions

April 4-6: BHB/BHB Lillian Osborn Tournament

April 11: Parent-Teacher Interviews (after school)

April 12-13: CACHS Invitational Handball Tournament

April 15: Board Meeting

April 19: Student Council Dance

April 22: Grandparent's Day

April 25-26: GHB/BHB Notre Dame Tournament

April 26: Badminton Zone Championships

April 26: No School - Staff Collaboration Day

For a more detailed calendar of events, please go to our website and scroll to the bottom of the home page.
<https://www.cachs.ca/>

Or scan the QR code below
to be directed to our website:



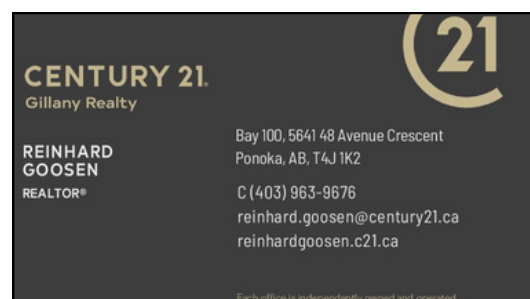
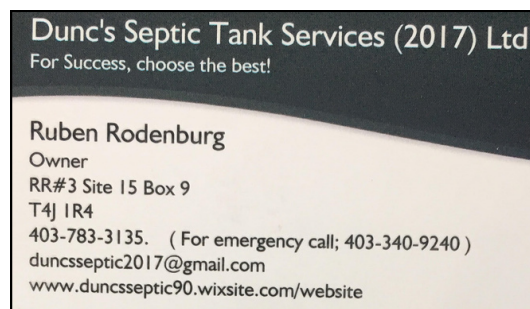
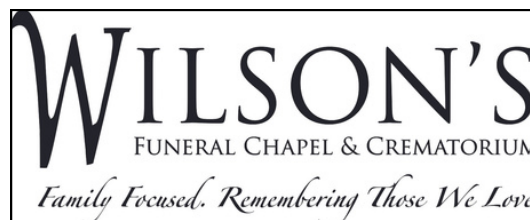
If you have photos or videos of any of our school events that you are able to share, please email them to developmentdirector@cachs.ca. Thank you!

SUPPORT OUR PARTNER SCHOOLS:

April 13: Ponoka Christian School Auction starts at 9:30am.
Contact: Brandi Pieper - 403.704.6779

April 19: Lacombe Christian School Auction | Supper at 4.30pm | Auction at 6:30pm. Contact: Alison 403.782.6531

April 26: Rimbey Christian School Silent Auction & Complimentary Supper | Doors open at 5:30. | Contact: Laura Grinde - 403.704.5662



New ad from a CACHS alum!

SWING INTO SPRING

By Development

»»» THE DEVELOPMENT COMMITTEE IS

so grateful for the community's support of our annual Swing Into Spring Fundraiser Dinner + Auction. There were over 80 items donated to the online and silent auction, 54 business sponsors, and many student and community volunteers. We doubled our goal and profited over \$159,000 from the event. We are beyond grateful for the generous donations and support of members from our school society and community, Thank you for your commitment to making CACHS a better place! Shout out to our sponsors below:

5 Star Dairy

A & A Seed Farms Ltd

Alberta Superdutys

BDO/Dan Luymes

Benchmark Commodities

Boxrose Farms Ltd.

Castle - Wolf Creek Building Supplies

CBO Earthworks

Central Alberta Pallet Supply

Chinook Farm Innovations Inc.

Code Custom Farming

Co-operators

Den Oudsten Dairy

Dolman Construction

Dunc's Septic

Eagle Builders

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HWS Trailer Rentals

Kraay Family Farm

Lacombe Dental

Lacombe Fresh (Pik-N-Pak)

Lacombe Signmasters Ltd.

Leshar Real Estate

Makkinga Construction

Makkinga Market

Miedema Farms

Morskate Manufacturing

Perfection Pumping

Quality Glass Alberta

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River Valley Wedding Venue

Rosehill Dairy

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S4 Greenhouses

Scholing's Produce Inc.

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Sunnycrest Potatoes

Thermopro Insulation

Thornspyc Dairy Ltd.

Timberwolf Truss

Triview Dairy

VDP Custom Farming

VJV Auctions Co. Ltd.

Wilson's Funeral Home

Windmill Carpentry Ltd.

Wolbert Dairy

Wolf Creek Truck Wash

Centre Pieces:

Fenanda DeVries

Catered by: HT Catering

Online Auction Portal:

VJV Auction Co. Ltd.

Scan QR code to watch
the SIS reel on Instagram



POETRY

Bio 30 Students with Mr. Reed

>>> GIFTS FROM GOD

Anonymous

To see is a gift from God.
The blessing of sight is given to humans.
The ability to look upon creation
In wonder and marvel at its beauty.
The eyes,
Cornea and sclera,
aqueous and vitreous humor.
God has given us this gift
And we are to use it
Appreciate it.
See the sunsets and sunrises,
ponds and puddles,
volcanoes and valleys.

To hear is a gift from God.
The blessing of hearing is given to humans.
The ability to hear music, stories
And conversation.
All its parts:
The tympanum or ear drum, the utricle and saccule.
An ear enables communication
Between you and me, the people of God.
We are given this gift
To use it and appreciate it

To taste is a gift from God.
The blessing of tasting is given to humans.
The ability to have joy and feelings as a result of taste.
Lime and thyme,
Lemon and cinnamon,
Toffee and coffee.
Taste brings love and allows communion
People join together to enjoy food
People are alone to enjoy food
But whatever the occasion,
A delicious taste is a something to appreciate

To touch is a gift from God.
The blessing of touching is given to humans.
The ability to physically feel with the body God gave his people
Soft, smooth, slippery.
Coarse, rough, dry.
To feel the warm comfort of a hug
The brisk breeze on a winter morning
We are to appreciate this sense of touch

Continued from previous colour:

To smell is a gift from God.
The blessing of smelling is given to humans
The divine smell of pine,
Of rain on the earth,
Smells that give life.
A new bloom, a crackling fire
Smells that give warmth.
A summer lake, a fresh baked cake
Smells that bring memories
Of home, of friends
Of experiences once experienced
The ability to smell and what that invokes in our brains
Should be appreciated

>>> THE SENSES

By Isabelle Prins

With my eyes I see everything God has created
The mountains that stand so majestic and tall
Tree casts shadows over the forest creatures so small
Sunsets that paint colours red, orange, and pink
These beautiful things make me in awe and think
How awesome our God truly is

With my ears I hear the sound of creation praising
The babes first cry and breath of life is amazing
The ocean roars and toss and turn in wonder
The sky booms and crashes with the sound of thunder
The earth and everything in it lifts its songs to God

God has clothed me with comfort of his earth
The grass tickles beneath my feet
The tide of the ocean crash and at the sand meet
Splashing cool refreshing waves on me
The snow is crisp and cold and make me feel free
Oh awesome is he who designed everything

God has created my nose to smell the beauty
The beauty of the smell of fresh earth after rain
or of freshed baked cookies that could cure any pain
The salty but refreshing smell of the ocean
All these smells boosts my serotonin
God is good and awesome

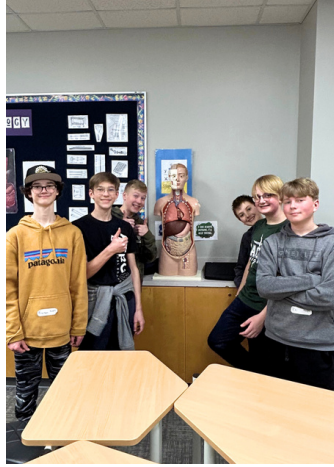
I praise God for creating all my senses
So I can smell the beauty and all the scents
I praise him for letting me enjoy his creation
And giving me salvation
God be praised for his mighty hand
And giving me a brain to understand
How my senses work firsthand

PICTURE THIS . . .

➤➤➤ FEBRUARY\MARCH HAPPENINGS



GRADE 8/9 VISITING DAY



SCIENCE 24 FIELD TRIPS



Field trip photos credit to Mrs. de Boon

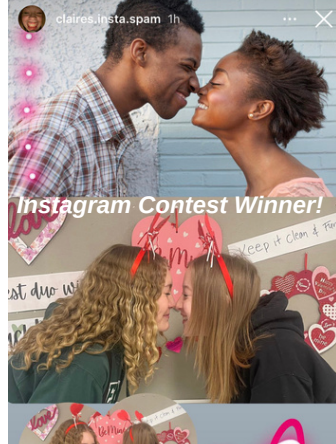


PICTURE THIS...

>>> FEBRUARY/MARCH HAPPENINGS



VALENTINES DAY



BIO 30 EYE DISSECTION



Eye photos credit to Kaitlyn Van de Velde



BIO 20 HEART DISSECTION



PINK SHIRT DAY

