

CENTRAL ALBERTA CHRISTIAN HIGH SCHOOL

KNIGHTS NEWS

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12



GLIMPSES FROM SWING INTO SPRING!

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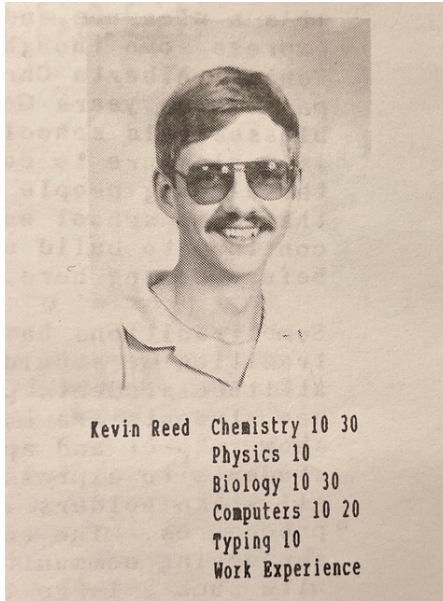
Contact us

Central Alberta Christian High School
22 Eagle Road | Lacombe, AB | T4L 1G7
E: office@cachs.ca P: 403-782-4535

Principal: Travis Eggink
Vice-principal: Jenna Vander Veen
Administrative Assistant: Cassandra Krause
Business Administrator: Dorien VanderKooi
Development Director: Myla Trenchuk

Principal's Ponderings

By Travis Eggink



It was September of 1991 when Mr. Reed first joined the CACHS teaching staff. We were a small school with just a few teachers and starting our first year on our current campus. The entire school building in 1991 was essentially just the front end of the current building.

The school staff was made up of the CACHS OGs – principal Mr. Jack van de Pol, teachers Mr. Mel Brandsma, Ms. Rolanda Huizenga and Mrs. Thelma TenHove, and the school secretary Mrs. Cora Stol. I was privileged to start my teaching career under the mentorship of these faithful Christian educators, and specifically Mr. Reed who has taught across the hall from me since 2011.

Of course Mr. Reed will be remembered for building and maintaining a high quality Christian science program, but his behind the scene efforts supporting everything at CACHS has equally been a testament of his commitment to serving the Lord through education.

To name a few things besides being a teacher at CACHS, Mr. Reed was the janitor, I.T. expert/installer/troubleshooter, athletics coach, yearbook creator, soundbooth outfitter/operator and helper in all things. Never asking for any recognition for his many extra hours given to CACHS, our school has been truly blessed by Mr. Reed's decades of service.

This spring we are blessed to celebrate Mr. Reed as he completes his final teaching months before retiring. Please join us in remembering Mr. Reed's 33 years at CACHS by sending him (kreed@cachs.ca) an encouraging message, thoughtful memory, stopping in for a chat or joining our day of celebration on Monday, June 9, 2025 at 11:15 in the CACHS gym.

With Mr. Reed's retirement in mind along with two teachers going on maternity leave this spring – Mrs. Baong and Mrs. Lindhout, please keep our school in your prayers as we work to fill teaching and Development Director positions for the 2025-26 school year.

Mr. Reed's career is a wonderful reminder of how the Lord has been faithful to CACHS over the years, and we trust that He will continue to provide moving forward. 🙏

CURRENT JOB OPENINGS

Humanities Teacher

Development Director



To view the job descriptions, go to our website: www.cachs.ca or scan the QR codes above.

Board Notes

By Andrea Thalen, Board Secretary

The Swing into Spring fundraiser held on March 6th was a success raising just over \$160,000! The board would like to thank the Development Committee for organizing a great fundraiser and our CACHS community for your support and generosity. We look forward to putting these funds to good use in maintaining and improving the spaces at CACHS for the benefit of current and future CACHS students. "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus giving thanks to God the Father through him." Colossians 3:17

Cindy Ekkel (Board Chair), Becky Kooiker (development), Annette Roseboom (Treasurer) and myself (Board Secretary) will finish our school board terms at the end of this school year. Fenanda deVries, Jen Doef, Dennis Haan, and Edwin Nijmeijer have agreed to let their names stand to be voted on for a 3-year board position. There will be a motion to vote on their names at our society meeting on Wednesday, May 14th. We hope to see many of you there! Board positions will be decided after the society meeting.

Staffing Updates:

- Rachel Baong is now on leave to prepare for the arrival of her baby. Julie deGier has taken over teaching Art, and Travis Eggink and Jenna Vander Veen have taken over Rachel's other classes for the rest of this school year.
- We are still looking to hire two more teachers for next school year and also a development director for next school year. Please keep the school and specifically the hiring committee in your prayers as we continue on with the interview and hiring process.

2024-2025 BOARD OF DIRECTORS

Mrs. Cindy Ekkel
Board Chair

Matt Kraay
Vice Chair/Education Chair

Mrs. Andrea Thalen
Secretary

Mrs. Annette Roseboom
Treasurer/Finance Committee

Matthew Fraser
Education Committee

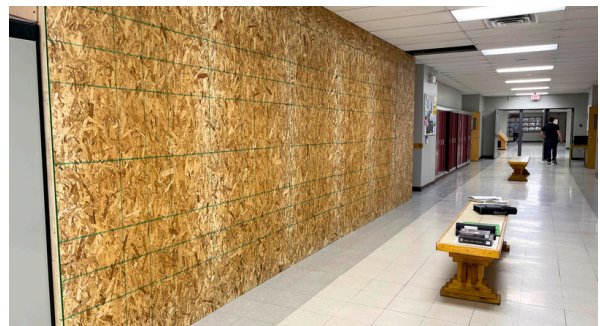
Mr. Rick Wildeboer
Maintenance

Mrs. Becky Kooiker
Development

Mr. Steve TenHove
Finance

As we continue to get new family registrations for next school year the Board has set up dates in April to interview potential new families. We look forward to the continued growth of our school and meeting with interested families.

Our next Board meeting is April 21, 2025. If you have any questions or concerns, feel free to speak to any board member or email me at secretary@cachs.ca 📧



Renovations to the old computer lab are underway! We look forward to an expanded Art, Cosmetology and Flex Space.

Student of the Month

Student
of the month

**JOSH
DALHUISEN**



Josh Dalhuisen (grade 12) is our March Student of the Month! Josh has been a wonderful ambassador for CACHS since the day he started Grade 10. He is a stand up guy that takes his faith seriously and doesn't shy away from hard work. Josh welcomes newcomers, works hard for his hockey and soccer teammates, takes his class work seriously, and seeks opportunities to serve others.

This past month, Josh worked with a smile from start to finish in the kitchen cleaning dishes during our Swing into Spring fundraiser evening. Josh is more than deserving of being our CACHS Student of the Month. Well done sir! 🏆

Volunteers Needed

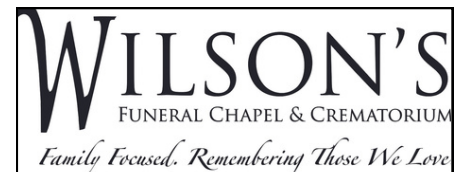
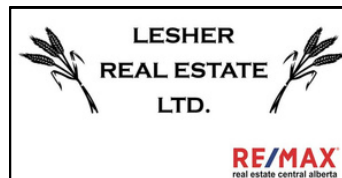
Building Blocks

A big THANK YOU to Building Blocks Thrift Store for a \$50,000 donation received in the first quarter of 2025! Your support to CACHS is much appreciated!

Building Blocks Thrift Store is looking for some more volunteers for Wednesday afternoons ASAP. Building Blocks is a volunteer run thrift store with all proceeds going to CACHS and LCS, we rely on you to keep the store running! Please come by the store and speak with store manager Elysia Vis.

We are also looking for an adult to take a paid position for casual extra Saturday help, specifically for this summer. Please send a resume to buildingblocksts@gmail.com or drop it off in person at the store. 🏆

Our Supporters



Building Blocks THRIFT STORE 403.782.9511 Volunteers Welcome!	QUALITY PRE-OWNED ITEMS: CLOTHING & FOOTWEAR FURNITURE & HOUSEHOLD SPORTING GOODS BOOKS & TOYS SEASONAL	5111 - 50 Ave, Lacombe Tuesday - Friday 9:30am - 5pm Saturday 11am - 4pm Closed Sundays, Mondays & Saturdays of long weekends
To donate items, please drop off inside the back door during store hours		

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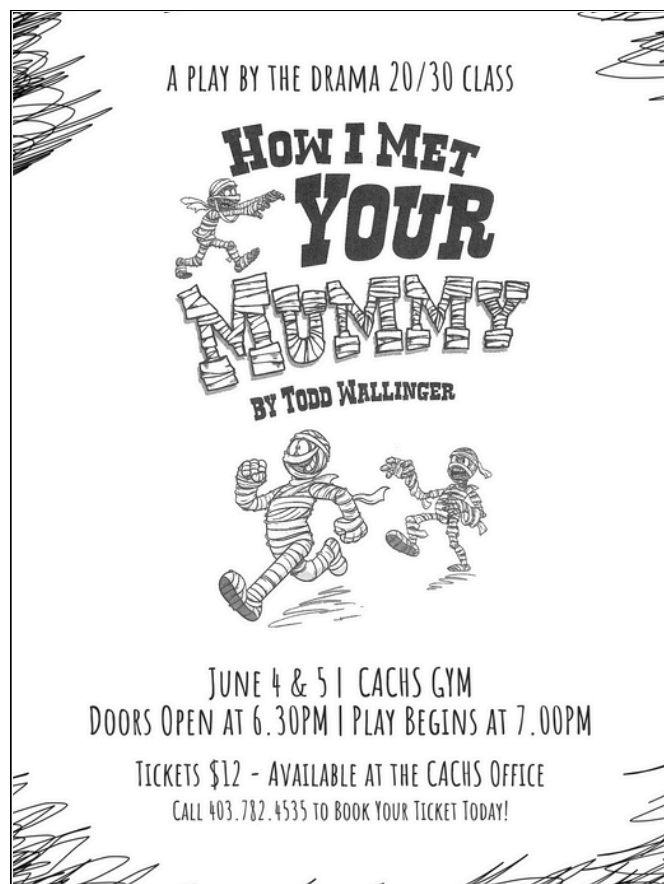
Outside the Classroom



All Stars Game

Iron Ridge School

We had a wonderful evening at the Iron Ridge School gym in Blackfalds celebrating the basketball players of 1a/2a schools throughout central Alberta. Corey Vreugdenhil, Nik Tenbrinke, Kaylee Zandberg, Elly Ingwersen and Lola Doef along with Jon Bell and Brooklyn Zandberg represented CACHS. There were 60 players and over 300 fans that joined the event.



Grade 12

News

Grad trip will be to River's Edge by Cremona May 21-23. Class activities will include white water rafting, hiking, trampoline park, and paintballing. Please ensure all waivers are signed!

Save the Date - Graduation Day is Saturday, June 21 at CrossRoads Church. Banquet to follow that evening at CACHS. All grads are required to be at CrossRoads Church at 2:30 pm on Friday, June 20 for a rehearsal.

Grade 11s support will be needed the day of Graduation (Saturday, June 21) as ushers and helpers for CACHS catering. Please express your interest to Mrs. Vander Veen or Mrs. Krause to sign up for this.

Outside the Classroom Continued



CACHS Wear

Support CACHS by wearing official school gear! From t-shirts and hoodies to hats and accessories, our collection lets you show your school spirit in style. Plus, a portion of proceeds goes back to the school to fund programs and activities.

Why Order?

- Support CACHS programs
- Quality and comfortable apparel
- Convenient online ordering



How to Order:

1. Scan the QR code or click the link below:
<https://cachsschoolapparel.itemorder.com/shop/home/>
2. Choose your items.
3. Checkout securely.
4. Get your gear delivered!

Get outfitted in some great CACHS gear today!



Europe Trip 2026

Current Grade 10 and 11 CACHS families are invited to join us on a once-in-a-lifetime travel experience through Central Europe with their peers over the March 2026 break.

When students travel, they expand their knowledge of the world around them by engaging with other cultures, discovering more about themselves, developing independence, confidence, empathy, and self-awareness. They get the opportunity to consider their impact in the world and become inspired to embrace new opportunities. These skills are critical to encouraging personal development and growth within students and creating the global citizens of tomorrow.

To view details of our March 2026 Europe trip and to register for the trip use this link:
www.eftours.ca/2769627SX

Outside the Classroom Continued

Swing into Spring

Fundraiser Dinner + Auction

The Swing into Spring Fundraiser Dinner + Auction for Central Alberta Christian High School was a huge success, raising over \$160,000 and setting a new attendance record. The evening featured a delicious meal by HT Catering and an exciting auction, with amazing items that were a hit with the guests.

A big thank you to the Development Committee for organizing the event, to the business sponsors, auction item donors, and the many students and volunteers for their continued support. The funds raised will contribute to important renovation projects at CACHS. We look forward to next year's event!

Our generous sponsors:

A & A Seed Farms Ltd.
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VDP Custom Farming
VJV Livestock Marketing Group
Wilson's Funeral Home
Windmill Carpentry Ltd.
Wolbert Dairy
Wolf Creek Building Supplies - Castle
Wolf Creek Truck Wash
Zuidhof (A&A)



EVENT DETAILS:

Development committee:

Becky Kooiker, Valerie Ingwersen, Dirma Roseboom, Carina Tenbrinke, Jenny Tenbrinke, Myla Trenchuk

Catered by:

HT Catering

Centrepieces: Fenanda DeVries & Jaelyn DeVries

Online Auction Portal:

VJV Auction Co. Ltd.

Outside the Classroom Continued

Canadian Blood Services Partners for Life Challenge

Have you joined the CACHS Partners for Life team yet? CACHS is participating in a blood donation challenge. Join the CACHS Group team and save lives!

We currently have 13 members on our team and are looking for more! Our goal is to have 25 blood donations from our team by June. CAN YOU HELP?

We have now made it easier for members to join.

- 1** Create an account on blood.ca/MyAccount or the **GiveBlood app** for Apple or Android.
- 2** Select 'partners' from the menu.
- 3** Select 'join an existing team' and start entering your team's name (it will appear in the drop down list).
- 4** Select the team you wish to join.
- 5** Book your next appointment with your team via 'team bookings' (visible under your team name) or individually.

Please note: If a member has already donated this year the count will be retroactive to January 1.



To book an appointment, open the camera app on your mobile device and scan the QR code.

Thank you to our participating teams:

Join the CACHS Group team and save lives!

Download the GIVEBLOOD app, join the team and book a spot

Clinic Hours: Wed/Thurs 2pm - 7pm Fri/Sat 9am-2pm

5020 68th Street Red Deer, AB * Free donor parking available*

Thank you for being a proud partner
of **Canada's Lifeline**



CACHS Knights Athletics

Girls Basketball

We ended up placing third at zones and the girls played well and lost in a heartbreaker of a semi-final to OLMP from Camrose. We had an amazing season and the coaches couldn't be more proud of the girls!



Boys Basketball

We travelled to Wainwright to play in our zone tournament. We played our best basketball of the year but ended up losing to Ponoka, the eventual zone champions in a highly competitive game. We finished 3rd in our zone. The boys represented CACHS well all year!



Hockey

In March we had success with tournament wins in Stettler and Taber! We placed silver in the CACHS Hockey Invitational Tournament in Blackfalds. Overall, it was a successful season! Thank you to our coaches for all their work with their student athletes.



Boys & Girls Handball

The handball season has begun and the boys and girls are eager to play! We have a lot of returning players this year, as well as multiple new members, which is exciting to see. Our first match this past week at Hunting Hills provided the opportunity to play, learn and work together as a team. We look forward to a busy April with lots of games and a few tournaments. Come out and support the handball teams!

Scan QR code and follow
our Instagram stories!

Or tap the link below:

www.instagram.com/cachsknights



THANK YOU to all those who submit photos from our games. If you have photos or videos to share, please send them to developmentdirector@cachs.ca.

CACHS Knights Athletics Continued

CACHS Athletics livestream

CACHS is on YouTube! Look us up @CACHSKnights to watch athletic events happening in our gym.

Come out and watch a Knights game!

Fans and spectators are welcome and encouraged to come out and cheer on the CACHS Knights at all games and events. All competitions are posted on the school calendar located at the bottom of the school website homepage, www.cachs.ca.

Go! Knights! Go!



Scan QR code to access the YouTube Channel!

Or tap the link: <https://www.youtube.com/@CACHSKnights>

Thank-you to coaches for all the work they put in to make CACHS Athletics happen!

CURRENT COACHES

BOYS BASKETBALL:

Mrs. DenOudsten, Ben Ford, Matt Weenink

GIRLS BASKETBALL:

Mr. Bell, Shelby Goedhart, Brooklyn Zandberg, Nathan Baong

BOYS HANDBALL:

Eric Talsma, Geran Christiansen, David Christiansen, Mrs. Lindhout

GIRLS HANDBALL:

Mrs. de Boon, Morgan de Boon, Mrs. McLeod

HOCKEY:

Craig Haan, Henry Thalen, Elijah Kraay, Damien Thalen, Mitch Maddox

Our Supporters

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Classes at a Glimpse

Accounting 10: Learning about debits and credits.

Art 10/20/30: Enjoyed a trip to RDP to throw pottery.

Bible 20: Jesus' resurrection.

Biology 20: Learning about urine formation.

Biology 30: Talking about how babies develop.

Computer Science: HTML

Drama 10: Still exploring our uniqueness.

Drama 20/30: Still working on lines.

Dual Credit: There are 6 students taking classes through Olds College.

English 10: Both classes are starting poetry.

Foods 10: Appetizers and snacks. Now we are really cooking.

Green Certificate: We have students in the Dairy and Cow/Calf units. Final testing is scheduled for May 7, 2025.

Math 20-1: Absolute value functions.

Math 20-2: Quadratics.

Math 20-3: Measurement.

Math 31: Rate of change.

Mechanics: Each student is in a group. Job sheets are being completed with tasks such as vehicle maintenance or use of specialty hand tools.

Off Campus: There are 27 students enrolled in Off Campus work experience at a variety of sites.

Phys. Ed. 20/30: Physical fitness.

Physics 20: May the force be with you.

Science 24: Exploring renewable and non-renewable energy.

Social 10: Imperialism and other "ism's".

Social 30: Totalitarianism - there were a lot of problems with liberal selfishness.

Sport Performance: Leadership styles and their practical applications.

Welding: Booths are busy with students practicing their welding skills.

World Religions: Projects. Studying a variety of world religions.



Art class students exploring the creative world of pottery and ceramics.



UPCOMING EVENTS AT A GLANCE

April 7: SP15 & Friendship Gym Night

April 8: GHB/BHB vs. SJHS at LTCHS

April 10: Drop-in Basketball

April 11-12: BHB/GHB Notre Dame Tournament

April 11: Badminton Area 2 Tournament

April 15: GHB vs. NDHS at NDHS - 5pm
BHB vs. NDHS at NDHS - 8pm

April 16: Parent-Teacher Interviews after school
Badminton Zone Championships - Camrose

April 17: Staff Collaboration - No School

April 18: Good Friday - No School

April 21: Easter Monday - No School

April 22: GHB/BBB vs. Bentley at LCHS - 5pm

April 25: CACHS Invitational Handball Tournament

April 28: Grandparent's Day at CACHS

May 1: RDP Education & Career Expo - Grade 10s

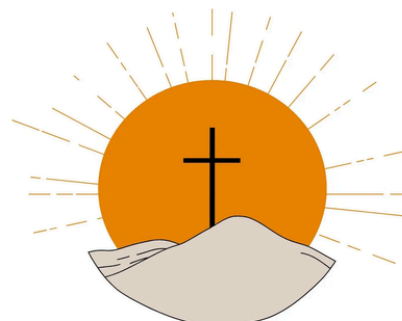
May 2: ASAA Badminton Provincial Championship

May 5: CASAA Meeting

May 6: World of Choices at RDP - Grade 10s

May 7: Assembly - Rosedale Valley Strings

May 8-10: Handball Provincial Championships



He is risen!

"I am the resurrection
and the life. He who
believes in Me, though he
may die, he shall live."
John 11:25 NKJV

If you have photos or videos of any of our school events that you are able to share, please do so by emailing them to developmentdirector@cachs.ca.

Thank you so much to all those who contributed to the Knights News March issue and social media accounts. We appreciate you!

For a more detailed calendar of events, please go to our website and scroll to the bottom of the home page. <https://www.cachs.ca/>

Or scan the QR code to be directed to our website:





Foods class



Pie day!



RBP Pottery Field Trip



Eagle Builders Field Trip



Hockey Tournament Send-Off



Basketball Fans!

GO
HAYLEY - 15
AMAYA - 4
NEVAEH - 5

GO
Knights
GO!

GO
KNIGHTS
GO!