

CENTRAL ALBERTA CHRISTIAN HIGH SCHOOL

KNIGHTS NEWS

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12



CELEBRATING A SEASON OF HOPE

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Contact us

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Principal: Travis Eggink
Vice-principal: Jenna Vander Veen
Administrative Assistant: Cassandra Krause
Business Administrator: Dorien VanderKooi
Development Director: Myla Trenchuk

Principal's Ponderings

By Travis Eggink



Grandparent's Day

Alberta Education requires each school to produce an Education Plan that lays out the local goals, context, strategies, and measurements of success that school will use over a five year period. Our new Education Plan (EP) for 2025-26 to 2029-30 is informed by responses from our Grade 12's Application for Graduation, Board, Committee and Staff feedback, as well as the Alberta Education survey completed by parents, students, and staff.

Our new EP sets our two primary goals as Faith Formation and Quality Teaching and Learning. These goals allow us to gauge our success in achieving our vision "Striving for Excellence in Christ" and mission "Transformation education within a Christian community."

Our two supporting goals are Wellness and Engagement and Improvement.

Our renewed focus on wellness includes revamped efforts to encourage students' overall health. Our Education Committee and Staff have started planning a more comprehensive wellness program for 2025-26 that will utilize community experts and knowledge regarding physical, relational, financial, mental, spiritual, and digital well being.

This past month we enjoyed one of our new and most important community engagements – Grandparents Day at CACHS! We restarted Grandparents Day last year, and this year we were encouraged by the increased numbers of grandparents that joined us. What an incredible blessing it was gathering our students with the older generations of believers. Together we sang songs, shared classroom lessons, had some delicious eats and encouraged each other in the faith. At CACHS we are greatly blessed by the commitment of our Christian community!

If you would like to learn more about our Education Plan 2025-30 please reach out to the office for a copy or stop by the office for a chat with me or Mrs. VanderVeen. 📧



We enjoyed hosting Grandparent's Day in the Shop this year!

Board Notes

By Andrea Thalen, Board Secretary

We hope you all were able to enjoy a wonderful Easter remembering and celebrating Jesus Christ's sacrifice and love for us!

April has been a busy month for the Board. We have conducted many new family interviews and are looking forward to the growth at CACHS. We are anticipating to have roughly 150 students enrolled for the 2025-2026 school year! God is good.

With our projected increase in enrollment as well as retiring teachers and teachers on leave we are also in the process of interviewing and hiring new candidates for our job openings. We are pleased to announce our newest full-time teacher hires: Pamela Jenks, Christy Shange, and Bryna Figursky. We welcome them to CACHS and look forward to their contributions to the CACHS community. We have also filled the Development Director position and are still looking to fill an EA position for next school year.

With the funds raised at Swing into Spring, we have been able to update and add outdoor lighting to the school, renovate the computer lab into a multi-purpose space and get all the stucco patched and painted this summer. We thank the maintenance team for their work on getting this all done in a timely manner!

The Board would encourage all to attend the annual Society Meeting on Wednesday, May 14th at 7:30pm. Society Meeting Packages have been emailed out for your review prior to the meeting.

2024-2025 BOARD OF DIRECTORS

Mrs. Cindy Ekel
Board Chair

Mr. Matt Kraay
Vice Chair/Education Chair

Mrs. Andrea Thalen
Secretary

Mrs. Annette Roseboom
Treasurer/Finance Committee

Mr. Matthew Fraser
Education Committee

Mr. Rick Wildeboer
Maintenance

Mrs. Becky Kooiker
Development

Mr. Steve TenHove
Finance

Our next Board meeting will be on Monday, May 26th with all outgoing and incoming board members present. If you have questions or concerns, feel free to contact any Board member or myself at secretary@cachs.ca 📧



Student of the Month

Student
of the month

**OWEN
DEREGT**



Owen deRegt is an excellent ambassador at CACHS and the April Student of the Month! Owen demonstrates Christ's image in multiple settings. Owen has successfully played basketball here at CACHS and is starting for the CACHS boys soccer team.

Owen is always one of the best at making others smile and feel welcomed in the classroom. For Sports Performance, Owen led by example by emceeing the Senior Bowl basketball night and leading some games for our Friendship night here at CACHS!

We are so thankful to have Owen at this school and we wish him all the best in his future years here! 🏡

Volunteers Needed

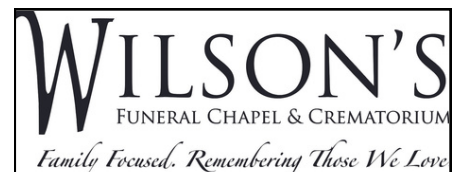
HT Catering | Grad Dinner

CACHS volunteers partner with HT Catering to provide high quality meals and service for large events. Proceeds from these events are given to CACHS to enhance programming for students.

They are in need of eight (8) more volunteers for the CACHS Grad Dinner on June 21. If you would like to help out please contact Lance Goedhart by phone at 403-963-0553. Or you can sign up online at the following link: volunteersignup.org/8WMPB

Thank you to those who have volunteered and continue to do so in support of independent Christian Secondary Education in Central Alberta! 🏡

Our Supporters



QUALITY PRE-OWNED ITEMS:
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SPORTING GOODS
BOOKS & TOYS
SEASONAL

5111 - 50 Ave, Lacombe
Tuesday - Friday 9:30am - 5pm
Saturday 11am - 4pm
Closed Sundays, Mondays & Saturdays of long weekends

To donate items, please drop off inside the back door during store hours



Outside the Classroom

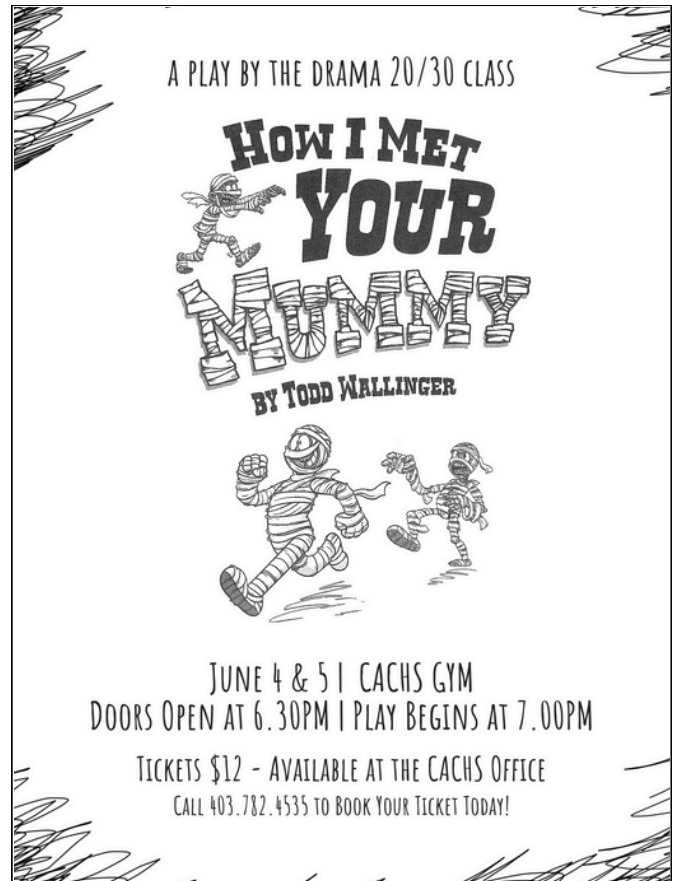
Drama Play

How I Met Your Mummy

"In this hysterically witty, spine-tingling farce, the O. Howe Dulle Museum is about to unveil their latest find – a mysterious mummy named Yo-Wut-Sup. There's nothing dull about this museum considering everyone wants to get their hands on this ancient man!

A pushy reporter vows to prove Yo-Wut-Sup is a hoax. A wacky mystic intends to sneak him back to Egypt. Three high school students want to use him in their low budget horror film. And two clueless robbers plan to steal the mummy, if only they can figure out what one looks like.

Can Melvin Trimble, the world's most cowardly security guard, stop all of them considering it's his first night on the job? Or will he be left taking the "wrap"? And why are there, not one, not two, but three creepy mummies roaming the halls? Now museum, now you don't!"



Europe Trip 2026

We are now opening our Europe Trip to grade 10 students registered at CACHS for the 2025-26 school year.

CACHS students are invited to join us on a once-in-a-lifetime travel experience through Central Europe with their peers over the 2026 March Break.

For those interested in more information about our trip please contact Mr. Eggink (teggink@cachs.ca) or call or visit the school office. To view details of our March 2026 Europe trip and to register for the trip use this link: www.eftours.ca/2769627SX



Outside the Classroom Continued



Grade 12 News

Grad trip will be to River's Edge Camp & Retreat Centre by Cremona on May 21-23. Trip activities include white water rafting, hiking, a trampoline park, and paintballing. Please make sure all waivers are signed beforehand!

Save the Date - Graduation Day is Saturday, June 21 at CrossRoads Church. Banquet to follow that evening at CACHS. Dinner Banquet tickets numbers are due to the office no later than May 23. Eight tickets including the grad are guaranteed. If you want more, please make a request to office@cachs.ca. Additional requests will not be confirmed until all initial requests have been received.

All grads are required to be at CrossRoads Church at 2:30 pm on Friday, June 20 for a rehearsal.

Grade 11s support will be needed the day of Graduation (Saturday, June 21) as ushers and helpers for CACHS catering. Please express your interest to Mrs. Vander Veen or Mrs. Krause to sign up for this.

Grad invoices will be sent at the end of May or start of June with any outstanding fees for the grad trip and banquet tickets.

Legion Contest

National Youth Remembrance Contest

The Legion National Foundation, with The Royal Canadian Legion and schools across Canada, invites youth to honor Veterans through art, writing, and video. This year, several CACHS students earned top spots:

- Senior Poem: 1st – Joel Folkerts, 2nd – Haley Gallagher, 3rd – Kaylee Zandberg
- Colour Poster: 1st – Megan Greyling, 3rd – Jayden Hovius
- Black & White Poster: 2nd – Jayde Tenbrinke, 3rd – Erin Jenks

Congratulations to all the winners for their creativity and respect in honoring our Veterans!



Remembrance Day Contest Winners

Outside the Classroom Continued



CACHS

Wear

Support CACHS by wearing official school gear! From t-shirts and hoodies to hats and accessories, our collection lets you show your school spirit in style. Plus, a portion of proceeds goes back to the school to fund programs and activities.

Why Order?

- Support CACHS programs
- Quality and comfortable apparel
- Convenient online ordering



How to Order:

1. Scan the QR code or click the link below:
<https://cachsschoolapparel.itemorder.com/shop/home/>
2. Choose your items.
3. Checkout securely.
4. Get your gear delivered!

Link to order closes on June 6.

Get outfitted in some great CACHS gear today!

Recognition & Gratitude

Administrative Professional's Day

On Administrative Professionals Day, we took a moment to recognize the hard work and dedication of our amazing administrative team: Mrs. Krause, our Administrative Assistant; Mrs. Vanderkooi, Business Development; and Mrs. Trenchuk, Development Director.

Their tireless efforts behind the scenes keep our school running smoothly and efficiently. From managing day-to-day operations to supporting staff and students, they are essential to our school's success. We are incredibly grateful for their commitment, attention to detail, and the positive energy they bring to our community.

Thank you, Mrs. Krause, Mrs. Vanderkooi, and Mrs. Trenchuk, for everything you do to keep us on track and moving forward!



Stay informed and connect with us on Instagram.
Scan the QR code to follow CACHS
or tap the link: www.instagram.com/cachsknights

Outside the Classroom Continued

Grandparents Day

A celebration of love, learning, and connection

This week, CACHS was filled with love and laughter as we welcomed honoured guests to Grandparents Day! Grandparents joined students in morning classes for a glimpse into everyday learning, followed by a time of worship and singing—held in the school's shop for a fun change of scenery! Guests were treated to delicious homemade goodies, prepared by our Foods Class and the Development Committee. One of the highlights? A sneak peek at upcoming renovations, offering an exciting look at CACHS's future spaces.

A heartfelt thank-you to all the grandparents who joined us, and to the students and staff who made the day so meaningful. You helped make Grandparents Day one to remember!



Outside the Classroom Continued

Canadian Blood Services

Partners for Life Challenge

Have you joined the CACHS Partners for Life team yet? CACHS is participating in a blood donation challenge. Join the CACHS Group team and save lives!

The clinic is open Wednesday/Thursday from 2:00pm to 7:00pm and Friday/Saturday from 9:00am to 2:00pm.

Thanks for all your support thus far. It's going to be an interesting race for first place!

- Lindsay Thurber Comprehensive High School: 21 donations. 7 NEW Blood Donors
- St. Joseph High School: 21 donations. 11 NEW blood donors
- Notre Dame High School: 32 donations. 12 NEW blood donors
- Hunting Hills High School: 5 donations. 0 NEW blood donors
- **Central Alberta Christian High School Lacombe: 5 donations. 0 NEW blood donors**

We have now made it easier for members to join.

- 1 Create an account on blood.ca/MyAccount or the **GiveBlood app** for Apple or Android.
- 2 Select 'partners' from the menu.
- 3 Select 'join an existing team' and start entering your team's name (it will appear in the drop down list).
- 4 Select the team you wish to join.
- 5 Book your next appointment with your team via 'team bookings' (visible under your team name) or individually.

Please note: If a member has already donated this year the count will be retroactive to January 1.



To book an appointment, open the camera app on your mobile device and scan the QR code.

Thank you to our participating teams:

Join the CACHS Group team and save lives!

Download the GIVEBLOOD app, join the team and book a spot

Clinic Hours: Wed/Thurs 2pm - 7pm Fri/Sat 9am-2pm

5020 68th Street Red Deer, AB * Free donor parking available*

Thank you for being a proud partner
of **Canada's Lifeline**



CACHS Knights Athletics

Handball

As handball season comes to a close the boys and girls teams both won our home handball tournament. From there our teams continued on to compete in the

Central Zone Championships with our boys finishing fourth and our girls winning silver medals! It has been a busy and exciting season of handball again this year.

Our girls team went forward to compete at the ASAA provincial championships in Edmonton!



We thank our coaches Mrs. de Boon, Morgan de Boon, Geran Christiansen, David Nielsen, Eric Talsma, and our teacher liaisons Mrs. McLeod and Mrs. Lindhout for a great handball season.



CACHS Athletics livestream

CACHS is on YouTube! Look us up @CACHSKnights to watch athletic events happening in our gym.

Come out and watch a Knights game!

Fans and spectators are welcome and encouraged to come out and cheer on the CACHS Knights at all games and events. All competitions are posted on the school calendar located at the bottom of the school website homepage, www.cachs.ca.

Go! Knights! Go!

Scan QR code to access the YouTube Channel!

Or tap the link: <https://www.youtube.com/@CACHSKnights>



Boys Soccer

We have formed a team this year! There is a group of 24 CACHS and LCS students who are dedicated to the season. We started our season with a couple of losses, but we have improved a great deal from last year. The boys aim to compete for a trophy this year and we are excited to have the same group as last year with a couple extras! Check the CACHS calendar to see when we play near you!



CURRENT COACHES

BOYS SOCCER:

Mr. Bell, Trevor Luymes

BOYS HANDBALL:

Eric Talsma, Geran Christiansen, David Christiansen, Mrs. Lindhout

GIRLS HANDBALL:

Mrs. de Boon, Morgan de Boon, Mrs. McLeod

Thank-you to coaches for all the work they put in to make CACHS Athletics happen!

THANK YOU to all those who submit photos and videos from our games. If you have photos or videos to share, please send them to developmentdirector@cachs.ca.

Financial Updates

By Dorien Vanderkooi, Business Administrator

	Total \$ as of April 30, 2025	Total Projected \$ for 24/25
Total Revenues:	\$1,938,766.00	\$2,216,288.00
Total Expenses	\$1,214,675.00	\$2,064,258.00
Surplus (deficit):	\$ 574,091.00	\$ 2,030.00

Mortgage	
Sept 2024	\$418,000.00
Principal Payment Made	\$150,000.00
Mortgage Balance	\$268,000.00

CSF Balances as of March 31, 2025	
Endowment Fund	\$492,813.10
Long Term Sustainability	\$78,449.28

Our Supporters

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david@dynamiccpa.ca
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Classes at a Glimpse

Accounting 10: Posting to general ledger and working on trial balances.

Art 10/20/30: Mrs. Baong left to have a baby. Mrs. deGier arrived to continue the class. Preparing for Arts night on June 10th.

Bible 20: Gospels of the nations.

Biology 20: Biosphere - we are all connected. Looking forward to the compulsory all day field trip on May 23rd.

Biology 30: Mitosis and meiosis.

Computer Science: Some are done. Most are still working.

Drama 10: Skits and assembly prep.

Drama 20/30: Play prep. "How I Met Your Mummy." Get your tickets from the office today!

Dual Credit: Classes end date is May 23rd. All final exams will be completed by this time.

English 10: Reading "To Kill a Mockingbird."

Foods 10: Snacks and appetizers and service projects.

Math 20-1: Sequences and series.

Math 20-2: Quadratics.

Math 20-3: Trigonometry.

Math 31: Trigonometry derivatives.

Mechanics: The shop was cleaned for Grandparents day. After they left cars were brought in to work on.

Off Campus: Students are finishing up at worksites, farms and working at apprenticeships.

Physed 20/30: Being active. Looking forward to swimming and playing tennis.

Physics 20 : Finishing up energetics.

Science 24: Diseases and human health throughout history.

Social 10: Laissez-faire.

Social 30: Nuclear bombs - a peaceful solution.

Sport Performance: On May 23rd they will run the Christian School junior high track meet in Red Deer. Students are learning about specific track events.

Welding: Laying some beads.

World Religions: Presentations on a variety of religions.



Bio 20 class in a urineanalysis lab testing simulated urine for different possible diseases.



UPCOMING EVENTS AT A GLANCE

May 13: Soccer: CACHS at HJ Cody

May 14: CACHS Society Meeting - 7:30pm

May 15: Soccer: Olds @ CACHS

Student Council Spring Dance - 7:30pm

May 16-20: NO SCHOOL - May Long Weekend

May 21: Area Track & Field Championships
Red Deer

Soccer: HHHS vs. CACHS - Setters Place

May 21-23: Grad Class Trip

May 23: Track and Field Meet
Christian Junior High School Meet

May 26: Board Meeting - 7:30pm

May 27: Soccer: LTCHS @ CACHS

May 28: Zone Track and Field Championships
Red Deer

May 29: Soccer: CACHS @ PAA

June 3-6: Soccer Playoffs

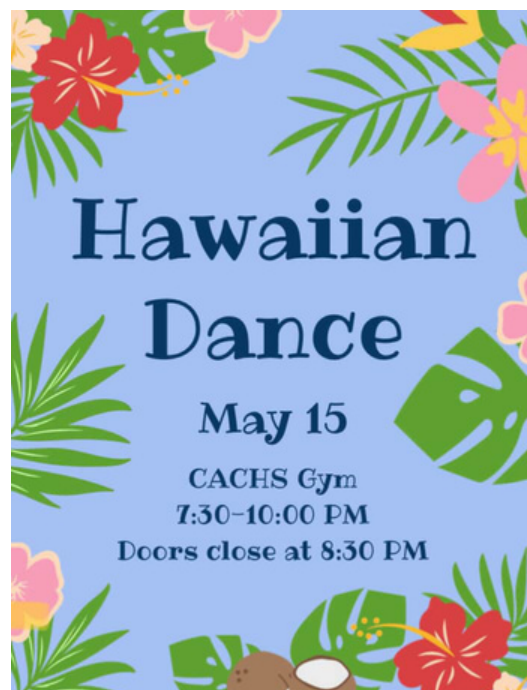
June 10: Gallery Night - 7pm

June 12-14: Outdoors Club Hike - 3:30pm

June 12-20: Diploma exams/Non-diploma exams

June 21: Graduation Day!

The Student Council looks forward to hosting the Spring Dance on Thursday, May 15th. Our Winter Formal in February was a great time and we look forward to another night of dancing, singing, and snacking together!



If you have photos or videos of any of our school events that you are able to share, please do so by emailing them to developmentdirector@cachs.ca.

Thank you so much to all those who contributed to the Knights News April issue and social media accounts. We appreciate you!

For a more detailed calendar of events, please go to our website and scroll to the bottom of the home page. <https://www.cachs.ca/>

Or scan the QR code to be directed to our website:





Food class



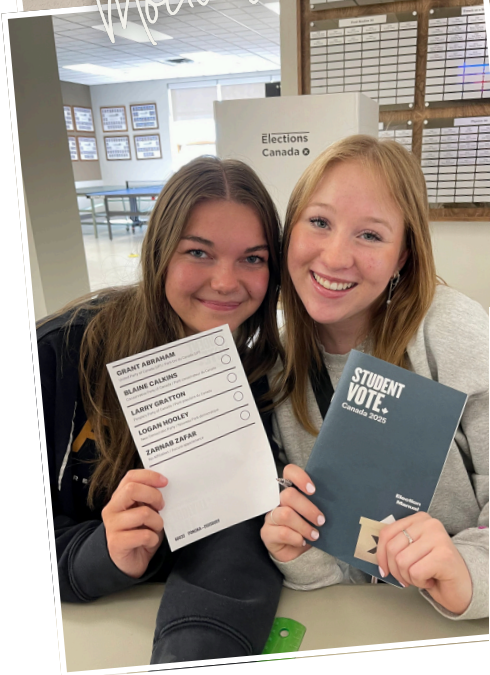
Science 20 Lab



Photo Dump!



Mock Election



Soccer Fans!

