

CENTRAL ALBERTA CHRISTIAN HIGH SCHOOL

KNIGHTS NEWS

Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity. 1 Tim. 4:12



GRAD TRIP KANANASKIS RIVER RAFTING TOUR

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Principal's Ponderings

By Travis Eggink



"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."
1 Timothy 4:12

As we approach the end of the 2024-25 school year, we also wrap up our Strategic Plan 2025. The Plan was started after a very helpful and impromptu meeting I had with a thoughtful and supportive CACHS parent in October 2021, my second month as principal. The parent was curious about my goals as a principal and how I was holding up with the demands of the new job. I have since been very grateful for the impromptu meeting because it gave me perspective and focus that I have relied on during my first four years as principal at CACHS.

Strategic Plan 2025 was created in June 2022 by the CACHS Board and ad hoc Strategic Plan Committee after being challenged to prepare for the future. At the time CACHS had 94 students and had just finished a number of years with 70-85 students. Guidance in creating Strategic Plan 2025 was given by the Prairie Centre for Christian Education. CACHS stakeholder input was gathered through online surveys, in-person focus groups, committee and Board meetings. Stakeholders included parents, alumni, students, grandparents, CACHS committees, CACHS staff and Society. Through the data collection and consolidation process the following three focuses were identified:

1. Educational Program
2. Community Relations
3. Growth and Infrastructure

For each of the above focuses, Strategic Plan 2025 articulated targets and actions while keeping the CACHS Mission and Vision Statements at the forefront. Strategic Plan 2025 guided the Board, administrative team, staff, and committees towards goals and specific actions enabled success in each of the three focuses by the end of the 2024-25 school year.

In 2021-22 we were looking forward to a number of years of population growth that also presented new programming opportunities, staffing needs and building requirements. Over the past three years the Board has been committed to the three focuses along with their supporting targets and actions. A couple of examples of our achievements in each focus are as follows:

Principal's Ponderings continued on next page . . .

Principal's Ponderings Continued

By Travis Eggink

1. Educational Program

- a.Target: Increase staff knowledge and appreciation for Reformed theology and apologetics
 - i.Action: Professional growth plans, staff collaboration days, and staff study books have included this target each year.
- b.Target: Increase program options
 - i.Action: added cosmetology and dual credit programming in 2023-24; increased mechanics and welding shop programming in 2024-25.

2. Community Relations

- a.Target: Build curricular and extracurricular off-campus service learning
 - i.Action: Added 30 hours of community service to CACHS Diploma requirements and added the requirement for all extracurricular clubs and teams to demonstrate leadership by serving at community events (e.g., Circle of Friends, Swing into Spring, etc).
- b.Target: Improve communication and promotion of CACHS to its Society, stakeholders and community.
 - i.Action: Improved social media presence by greatly increasing our followers on Instagram and Facebook.

3. Growth and Infrastructure

- a.Target: Maintain and improve facilities.
 - i.Action: Created a yearly maintenance schedule. Renovated labs for food studies, cosmetology, and science. Updated bathrooms. Expanded welding facilities.
- b.Target: Fortify independent Christian high school in Central Alberta
 - i.Action: From May 2022 to May 2025 total debt was reduced by 58% (\$810,500 to \$343,000) and investments were increased by 31% (\$390,000 to \$569,000).

As principal I am always impressed with the commitment that our supportive community has to the vision and mission of CACHS. People show up for this place with their presence, prayers, checkbooks, and children. As we come to the end of the 2024-25 school year with 130 students and looking forward to 145-150 students next year, we can say that we have largely accomplished what we set out to do with Strategic Plan 2025.

Starting in September, I will be working with the CACHS Board to begin creating Strategic Plan 2030. Over the coming school year we will create opportunities for our stakeholders to voice their ideas, dreams, concerns, and hopes for Central Alberta Christian High School. As we reflect on God's faithfulness to CACHS, we also continue to Strive for Excellence in Christ as we together offer Transformative Education within a Christian Community. 🏈



Post assembly activity with the entire student body.

Board Notes

By Andrea Thalen, Board Secretary

As we wrap up another school year, we reflect on God's goodness to our school, our students, our staff, and our society. We look forward to celebrating with our graduates on Saturday, June 21st at 2:00 pm at CrossRoads Church. We are thankful for these students that are moving on from CACHS and we wish them God's blessings in their future.

A few updates from the Board:

- The following board positions were decided at our last board meeting: Matt Kraay (Board Chair), Matthew Fraser (Vice Chair & Education Chair), Dennis Haan (Treasurer), Jen Doef (Secretary), Rick Wildeboer (Maintenance), Fenanda De Vries (Development), Edwin Niemeijer (Education) and Steve TenHove (Finance). The board would like to thank Cindy Ekkel, Annette Roseboom, Becky Kooiker and Andrea Thalen for their time and commitment on serving on the CACHS Board for the past number of years.
- We welcome Cindy Ekkel as our new Development Director. She started on June 2nd, and will be working with Myla for the next month.
- We also welcome back Shalyn de Boon to our staff as a part time EA for the 2025-26 school year.
- We are looking forward to our annual board and staff BBQ on August 28th. Our next board meeting is scheduled for August 25th. Feel free to contact one of us if you have any questions or concerns.

We hope that you all have a safe and relaxing summer break enjoying time with family and friends!

"Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever." Psalm 106:1 📖

2024-2025 BOARD OF DIRECTORS

Mr. Matt Kraay (*effective June 1st*)
Board Chair

Mr. Matt Kraay
Vice Chair/Education Chair

Mrs. Andrea Thalen
Secretary

Mrs. Annette Roseboom
Treasurer/Finance Committee

Mr. Matthew Fraser
Education Committee

Mr. Rick Wildeboer
Maintenance

Mrs. Becky Kooiker
Development

Mr. Steve TenHove
Finance



2024-25 Board Chair, Cindy Ekkel, congratulating Mrs. DenOudsten for 25 years of service and Mrs. Siebenga for 5 years of service at CACHS.

Student of the Month

Student
of the month

**HANNAH
KUIPERS**



Hannah is a delightful student who has taken learning seriously over her 3 years at CACHS. She has been a positive contributor in her classes and strives to do her best in her classwork. Hannah is pleasant and encouraging to her classmates. She has shown wonderful leadership throughout her time on various sports teams as well. Although hiking is not her greatest strength - she makes a rip roaring fire!

Thank you, Hannah, for your positive impact on CACHS and we wish you all the best as you graduate! 🏡

Volunteers Needed

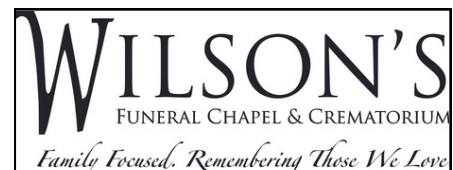
HT Catering | Grad Dinner

CACHS volunteers partner with HT Catering to provide high quality meals and service for large events. Proceeds from these events are given to CACHS to enhance programming for students.

They are in need of seven (7) more volunteers for the CACHS Grad Dinner on June 21. If you would like to help out please contact Lance Goedhart by phone at 403-963-0553. Or you can sign up online at the following link: volunteersignup.org/8WMPB

Thank you to those who have volunteered and continue to do so in support of independent Christian Secondary Education in Central Alberta! 🏡

Our Supporters



QUALITY PRE-OWNED ITEMS:
CLOTHING & FOOTWEAR
FURNITURE & HOUSEHOLD
SPORTING GOODS
BOOKS & TOYS
SEASONAL

5111 - 50 Ave, Lacombe
Tuesday - Friday 9:30am - 5pm
Saturday 11am - 4pm
Closed Sundays, Mondays &
Saturdays of long weekends

To donate items, please drop off inside the back door during store hours



Outside the Classroom

Drama Play

How I Met Your Mummy

Witty, clever, and packed with laughs, *How I Met Your Mummy* was a comedy gem from the Drama 20/30 crew! With a brilliantly told story full of twists and turns, the show kept us guessing and giggling throughout the show.

The cast delivered top-notch performances, with spot-on comedic timing and energy. The makeup was flawless, bringing the characters (and the mummy!) to life.

Hats off to Mrs. McLeod for her amazing direction and organization. A big thank you to Mr. Stang for the fantastic stage set, Mr. Reed for lighting magic, and all the parents and friends who stayed and helped clean up the set.

A hilarious, well-spent evening that won't be forgotten anytime soon!



Europe Trip 2026

We are now opening our Europe Trip to grade 10 students registered at CACHS for the 2025-26 school year.

CACHS students are invited to join us on a once-in-a-lifetime travel experience through Central Europe with their peers over the 2026 March Break.

For those interested in more information about our trip please contact Mr. Eggink (teggink@cachs.ca) or call or visit the school office. To view details of our March 2026 Europe trip and to register for the trip use this link: www.eftours.ca/2769627SX



Outside the Classroom Continued



Graduation Information

Grad gym set up - ALL students who are not taking the Bio 30 Diploma exam are required to be at school by 9am Friday, June 20th to help with setting up the gym.

All grads are required to be at CrossRoads Church at 2:30 pm on Friday, June 20 for a rehearsal.

Graduation Day is at 2pm on Saturday, June 21 at the CrossRoads Church in Red Deer. Banquet to follow that evening at CACHS.

The grade 11's support will be needed on Saturday, June 21st as ushers at the program and helpers at the banquet. Please express your interest to Mrs. Vander Veen or Mrs. Krause to sign up for this.

Grade 12 Grad Trip

The annual grad trip was a success, with 27 of the 32 graduating students joining the adventure!

The trip kicked off with a splash, quite literally, as students braved the Kananaskis River on a rafting tour with the guides from Chinook Rafting Tours. Soaked but smiling, they headed to River's Edge Camp, where great food, cozy accommodations, and a warm welcome from staff set the tone for a relaxing stay. Evenings around the campfire brought laughter, stories, and much enjoyed downtime.

Day two turned up the excitement with paintball battles at Capture the Flag, high-jumping fun at Flying Squirrel trampoline park, and more time around the fire, playing games and exploring the campground.

Friday morning wrapped things up with a hearty breakfast before heading to CrossIron Mills for one last outing together.

It was the perfect way to celebrate their final year - time away from school to unwind, bond, and make unforgettable memories!



Outside the Classroom Continued

Special Assembly

Celebrating Mr. Reed's Retirement

After 33 incredible years at CACHS, we celebrate the retirement of Mr. Kevin Reed! He is a teacher, mentor, and friend whose impact is impossible to measure.

From sound, to fixing just about anything around the school to lighting up the halls with his contagious laughter, Mr. Reed has been a steady presence and constant source of support.

We'll miss his fun, creative approach to teaching, his fierce competitiveness in foosball and ping pong, his hallway hustle, and most of all, his deep and steady Christian influence on students and staff alike.

Thank you, Mr. Reed, for your many years of service at CACHS! You will be missed!



Outside the Classroom Continued

Canadian Blood Services

Partners for Life Challenge

The CACHS Group team donated 5 units of blood in the Partners for Life Challenge from April 1 to June 1.

The Biology 20 and Science 24 classes were joined by a speaker from Canadian Blood services and learned about the value of blood donation for all Canadians.

While the challenge is officially over, giving blood still saves lives!
Join the CACHS Group team and save lives!

We have now made it easier for members to join.

- 1** Create an account on blood.ca/MyAccount or the **GiveBlood app** for Apple or Android.
- 2** Select 'partners' from the menu.
- 3** Select 'join an existing team' and start entering your team's name (it will appear in the drop down list).
- 4** Select the team you wish to join.
- 5** Book your next appointment with your team via 'team bookings' (visible under your team name) or individually.

Please note: If a member has already donated this year the count will be retroactive to January 1.



To book an appointment, open the camera app on your mobile device and scan the QR code.

Thank you to our participating teams:

Join the CACHS Group team and save lives!

Download the GIVEBLOOD app, join the team and book a spot

Clinic Hours: Wed/Thurs 2pm - 7pm Fri/Sat 9am-2pm

5020 68th Street Red Deer, AB * Free donor parking available*

Thank you for being a proud partner
of **Canada's Lifeline**



CACHS Knights Athletics



Handball

As handball season comes to a close, the girls' team competed at the ASAA provincial championships in Edmonton! We thank our coaches, Mrs. de Boon, Morgan de Boon, Geran Christiansen, David Nielsen, Eric Talsma, and our teacher liaisons, Mrs. McLeod and Mrs. Lindhout!



Boys Soccer

The boys have seen much improvement from last year as we have scored four times the amount of goals! Soccer season ended with all the playoff games held in Lacombe. Thanks to all those who came out and cheered us on! See you next season!



CURRENT COACHES

BOYS SOCCER:
Mr. Bell, Trevor Luymes

BOYS HANDBALL:
Eric Talsma, Geran Christiansen,
David Christiansen, Mrs. Lindhout

GIRLS HANDBALL:
Mrs. de Boon, Morgan de Boon,
Mrs. McLeod

TRACK AND FIELD:
Roger VanHaren

Thank-you to coaches for all
the work they put in to make
CACHS Athletics happen!



CACHS Knights Athletics

Track and Field

The track and field season was short but filled with dedication and progress! Practices began in Red Deer at the end of April, running once a week. We were excited to see a large group of Grade 9 students joining in — a great sign for the future of our high school track team!

While official practices didn't start until spring, Austin and Anthony trained year-round to prepare for competition. Anthony had an impressive season, running a personal best in the 1500m at the Dinos track meet in Calgary. He then placed second in both the zone and area meets, qualifying him for provincials in Calgary — an outstanding achievement!

Austin also had a strong performance, finishing first in the 400m at the area meet. Although he placed fourth at zones in a highly competitive race, it was still a great accomplishment.

A huge thank you to Coach Roger, who generously gave his time to run practices in Red Deer. His support helped our athletes grow and compete at a high level. We're looking forward to building on this momentum next year!



THANK YOU to all those who submit photos and videos from our games. If you have photos or videos to share, please send them to developmentdirector@cachs.ca.



CACHS Athletics livestream

CACHS is on YouTube! Look us up @CACHSKnights to watch past and live athletic events happening in our gym.



Scan QR code to access the YouTube Channel!!

Or tap the link: <https://www.youtube.com/@CACHSKnights>

Thank You For Your Support!

Fans and spectators are welcome and encouraged to come out and cheer on the CACHS Knights at all games and events.

We have appreciated your support throughout the year! Come and cheer us on in the 2025-2026 school year!

Go! Knights! Go!

Classes at a Glimpse

Accounting 10: 1 credit, 2 credits, will you get 3 credits?

Art 10/20/30: Everyone's an artist. Final projects are were displayed and beautifully presented during the Gallery Night on June 10th.

Bible 20: To the ends of the earth.

Biology 20: Animal classification and dichotomous keys.

Biology 30: Finishing genetics, starting ecology.

Computer Science: Just about wrapped up.

Drama 10: Students made their own skit to present at an assembly. Dramatic practices continue.

Drama 20/30: The class delivered a performance of their production *How I Met Your Mummy* over two days in the gym. It was enjoyed by all who came to watch!

English 10: Never judge someone until you've walked in their shoes.

Foods 10: Continuing to create a variety of food creations especially curating charcuterie boards for the Gallery Night on June 10th. Students also organized the kitchen with some new cookware and utensils.

Green Certificate: Final testing for this year has been completed. All our students did extremely well.

Math 20-1: Finishing trigonometry - now into radicals.

Math 20-2: Statistics.

Math 20-3: Graphing.

Math 31: Integration.

Mechanics: Grade 10's are finishing up car servicing. Some have had fun dismantling a car. Grade 11's and 12's are reassembling their V6's or V8's. They went on a field trip to Future Ag, Revolution Machine and HWS Mechanical on June 10.

Off Campus: Students wrapping up their responsibilities.

Physed 20/30: Students continue to expend energy in various sporting activities.

Physics 20: Waves.

Science 24: Finishing up DNA and genetics. Completing their final science projects.

Social 10: Let it grow.

Social 30: How do we know the will of the people?

Sport Performance: Students enjoyed their time helping out at the Christian Junior High Track Meet. They are now working on strengthening their own bodies.

Welding: Students are working on their final projects. There are many creative and innovative masterpieces. They made a great display at the Gallery Night on June 10th.

World Religions: Comparing denominations within Christianity.



Grade 10's attended World Of Choices at RDP



UPCOMING EVENTS AT A GLANCE

June 12-14: Outdoors Club Hike - 3:30pm

June 12-20: Diploma/Non-diploma exams

June 21: Graduation Day 2pm at Crossroads

June 23: Final Report Cards Released

July/August: Office emails and phone messages will be monitored. Call or email to make an appointment if necessary.

September 2: First day of classes for 2025-26

September 9: Picture Day

September 19: CACHS Retreat

September 25: Parent Information Night

If you have photos or videos of any of our school events that you are able to share, please do so by emailing them to developmentdirector@cachs.ca.

Thank you so much to all those who contributed to the Knights News April issue and social media accounts. We appreciate you!

For a more detailed calendar of events, please go to our website and scroll to the bottom of the home page. <https://www.cachs.ca/>

Or scan the QR code to be directed to our website:



The Student Council hosted a Hawaiian-themed dance on May 15th. Those who attended had a great time dancing and snacking!

Student Council elections for next year's executive will take place in early June. Results will be shared in the Knights News Summer issue.





Gallery Night

